

# October-December 2018 Training Topics and Descriptions

## **Indoor and Outdoor Safety:** Health, Safety and Nutrition (Beginner)

Reviews common injuries for children, including falls and poisonings, preventive measures to reduce the risk of injury, and playground safety.

## **New Recipe Ideas** – Health, Safety and Nutrition; Child Growth and Development (Beginner)

Come learn with Renee Stonebraker about unique foods from the different food groups you can try with your children. Learn how to create healthy versions of some of children’s favorite foods and new snack ideas.

## **Sensory Play: Let’s Have Fun:** Child Growth and Development (Beginner)

Tiffany Kiess will lead this session that dives into how sensory play is needed in the classroom for infants and toddlers. Not only will you enjoy some sensory activities, you will become familiar with how sensory play helps the child’s development within brain growth, motor skills, creativity, social-emotional skills, and problem-solving skills.

## **The Role of the QIS in the Tiered Reimbursement Process:** Professionalism and Leadership; Administration and Management (Beginner)

Jaime Price will lead this session that will provide an overview of the Tiered Reimbursement system for Program Administrators who may be interested in becoming a Tier II program. We will also discuss a position that has recently been added to the MountainHeart CCR&R Professional Development Team; Quality Improvement Specialist. Participants will leave with a better understanding of Tiered Reimbursement and how the Quality Improvement Specialist can help you in this journey to achieve higher quality goals for your program.

## **Temperament: Examining Our Labels:** Child Growth and Development; Family and Community Relationships; Child Observation and Assessment (Beginner)

Ashley Cleaver, Infant/Toddler Specialist, will facilitate this training. This class focuses on using a variety of learning activities to introduce the concept of temperament and its dimensions. Through this training, participants will discover and examine the influence of temperament on their relationships with infants and toddlers. This is a free 2-hour course that can be added to your STARS training hours. Home providers, Facility Owners, and Center Based Staff will benefit from this information. You can register online at [wvstars.org](http://wvstars.org) or contact Ashley Cleaver at (304) 257-9375.

# October – December 2018 Training Dates and Locations

County	Topic	Location	Date	Time	Target Audience
<b>Berkeley</b>					
	The Role of the QIS in the Tiered Reimbursement Process	Martinsburg MountainHeart Office	December 4, 2018	6 – 8 pm	All Providers
	Temperament: Examining Our Labels	Martinsburg MountainHeart Office	December 20, 2018	1 – 3 pm	Infant/Toddler
	Sensory Play: Let’s Have Fun	Martinsburg MountainHeart Office	December 20, 2018	5 – 7 pm	Infant/Toddler
<b>Grant</b>					
	New Recipe Ideas	Petersburg Library	December 12, 2018	6 – 8 pm	All Providers
<b>Jefferson</b>					
	Sensory Play: Let’s Have Fun	Jefferson County DHHR	December 20, 2018	1 – 3 pm	Infant/Toddler
<b>Preston</b>					
	Temperament: Examining Our Labels	Wesley Methodist Church	December 13, 2018	5 – 7 pm	Infant/Toddler

**January – March training topics, descriptions, dates and locations are now available and begin on page 2.**

# January – March 2019 Training Topics and Descriptions

## **1, 2, 3 Science and Me:** Environment and Curriculum (Beginner)

Morgan Nucilli will discuss the benefits of a nature-based environment and will be encouraged to bring the natural world into their early education spaces. Hands-on, open-ended, and sensory oriented activities will be done. The training will offer suggestions to encourage conversations with children and help them develop a sense of wonder of the outdoors in a safe and comfortable setting.

## **Being a Good Role Model:** Health, Safety and Nutrition (Beginner)

This session, presented by Renee Stonebraker, focuses on how adults' words and actions can affect children's health habits, including personal hygiene, food choices, and physical activity.

## **Communicable Diseases:** Health, Safety and Nutrition (Beginner)

Karen Gilbert will facilitate this session focusing on information from Infection Control. Other items discussed include: communicable disease definitions, bacterial and viral disease, fungus and parasites.

## **Conflict Resolution:** Child Growth and Development; Environment and Curriculum (Beginner)

Inevitably, children are going to engage in conflict, for reasons such as two children wanting to play with the same toy or a child feeling like something is unfair. In this training, Carrie Frasch will discuss techniques you can use to help children prevent and effectively resolve conflicts.

## **Health and Safety for Infants and Toddlers:** Environment and Curriculum; Health, Safety and Nutrition (Beginner)

Tiffany Kiess will provide this session that will cover 7 essential health and safety procedures that should be carried out daily while working in infant/toddler settings. It will include guidance on the following 7 procedures: handwashing, sanitation practices, diapering, being prepared for emergencies, preventing and responding to choking, standard precautions and oral health.

## **Indoor and Outdoor Safety:** Health, Safety and Nutrition (Beginner)

Renee Stonebraker will review common injuries for children, including falls and poisonings, preventive measures to reduce the risk of injury, and playground safety.

## **Neonatal Abstinence Syndrome:** Health, Safety and Nutrition (Beginner)

Neonatal Abstinence Syndrome is a cluster of symptoms in a newborn due to use of opioids and/or sedatives of the mother during pregnancy. Karen Gilbert will discuss signs, symptoms, withdrawal, support strategies and individual health care plans relating to NAS.

## **Picky Eaters:** Health, Safety and Nutrition (Beginner)

How to encourage children to eat a variety of foods, including different cooking methods, family style meals, and food shapes will be discussed in this session by Renee Stonebraker.

## **Practice Patience:** Child Growth and Development; Professionalism and Leadership (Intermediate)

Morgan Nucilli will discuss the importance of giving teachers and facilitators guidance on how to build patience while having classroom management and responding to children with challenging behaviors. At times, teachers feel powerless while facing challenging behaviors. This training will give strategies and suggestions, along with an introduction to two scales that can be used. The Simple Interactions Tool, and the HOME Scale. With the help of both the tool and scale, Early Childhood professionals can take steps toward lessening these behaviors and increase joy and engagement in the classroom.

## **Sensory Play: Let's Have Fun:** Child Growth and Development (Beginner)

This session, offered by Tiffany Kiess, dives into how sensory play is needed in the classroom for infants and toddlers. Not only will you enjoy some sensory activities, you will become familiar with how sensory play helps the child's development within brain growth, motor skills, creativity, social-emotional skills, and problem-solving skills.

**Sign Language for Early Educators** – Child Growth and Development; Environment and Curriculum (Beginner)

Morgan Nucilli will lead this session. Early Educators will be given materials and information to learn basic Sign Language that can be used each day in the classroom or center. Participants will learn colors, numbers, and everyday signs such as mom, dad, sister, brother, eat, all done, hungry, thirsty, sleepy, along with the emotions and manners. Participants will have an opportunity to make a book and take it home. The participants will learn how to incorporate sign language during literacy time, as well as other times in the day.

**Stress Management:** Health, Safety and Nutrition (Beginner)

Facts about stress, how it affects our health, and healthy ways to deal with stress for adults and children will be covered in this session by Renee Stonebraker.

**Temperament: Examining Our Labels:** Child Growth and Development; Family and Community Relationships; Child Observation and Assessment (Beginner)

Ashley Cleaver, Infant/Toddler Specialist, will facilitate this training. This class focuses on using a variety of learning activities to introduce the concept of temperament and its dimensions. Through this training, participants will discover and examine the influence of temperament on their relationships with infants and toddlers. This is a free 2-hour course that can be added to your STARS training hours. Home providers, Facility Owners, and Center Based Staff will benefit from this information. You can register online at [wvstars.org](http://wvstars.org) or contact Ashley Cleaver at (304) 257-9375.

**Thinking and Tinkering:** Environment and Curriculum; Child Growth and Development (Intermediate)

Morgan Nucilli will facilitate this course that focuses on guiding the teachers and providers to use real life material to tinker and create. The training will give supportive ideas on how to make the environment safe and comfortable for all learning types. The training will include the importance of allowing children to think, and tinker with real life materials but with proper guidance. The training will open the minds of the participant of what it truly means to explore in the early childhood classroom as well as school age students. Children tinker all the time with toys, but what about with real life material? Participants will be encouraged to ask questions, make plans, work together and test their own ideas. The trainer will guide the participants to create their own “robots” using household material, along with wood creations they can build with their children.

**Utilizing ERS to Achieve Higher Quality:** Professionalism and Leadership (Beginner)

Join Jaime Price for an overview of the different versions of the Environment Rating Scales as well as discussion about the scoring system. Participants will also examine how you can use the information from the ERS classroom self-assessments to enhance your program's quality. This training will be applicable to Directors and Administrators of child care centers, facilities, and family child care home programs. However, staff who are unfamiliar with the scales could find this course beneficial to gain an understanding of why Directors and Administrators would utilize an ERS scale to assess their classroom and implement change to enhance quality.

**What Do You Do With the Mad That You Feel?:** Child Growth and Development; Child Observation and Assessment (Beginner)

Carrie Frasch will help participants learn that controlling angry feelings is a skill children learn from the people who care for them. We will learn to understand that in order for children to find healthy outlets for anger they must first develop self-control. Participants will learn activities and strategies that support the development of self-control in children and ways to intervene when anger or frustration over-whelms children.

**Writing a Business Contract for Family Child Care and Facilities:** Administration and Management (Beginner)

Your written contract and policies are tools that help you communicate clearly and set businesslike expectations for your clients. The most practical reason for using a contract and policies is to ensure that both parties understand what is expected of them. Melodee Price will teach this class that will help you to learn best practice for writing family child care and facility policies and contracts.

**WV Early Learning Standards Framework:** Environment and Curriculum (Beginner)

Melodee Price will share information with participants about the WV Early Learning Standards Framework including: who uses the WV ELSF, what they are, why they are important and how to incorporate them into your weekly lesson plans. Each participant will receive the WV ELSF handbook to use during the class and after.

# January – March 2019 Training Dates and Locations

County	Topic	Location	Date	Time	Target Audience
<b>Barbour</b>					
	Thinking and Tinkering	Wee Train	January 10, 2019	6 – 8 pm	All Providers
	Stress Management	Kid Care	January 16, 2019	6 – 8 pm	All Providers
	Indoor and Outdoor Safety	Kid Care	February 13, 2019	6 – 8 pm	All Providers
	Practice Patience	Wee Train	February 28, 2019	6 – 8 pm	All Providers
	Being a Good Role Model	Kid Care	March 13, 2019	6 – 8 pm	All Providers
<b>Berkeley</b>					
	Writing a Business Contract for Family Child Care and Facilities	Martinsburg MountainHeart Office	January 3, 2019	12 - 2 pm	Family and Facility only
	What Do You Do With the Mad That You Feel?	Martinsburg MountainHeart Office	January 16, 2019	6 – 8 pm	All Providers
	Communicable Diseases	St. Joseph's Day Care	January 17, 2019	6 – 8 pm	All Providers
	Utilizing ERS to Achieve Higher Quality	Martinsburg MountainHeart Office	February 11, 2019	6 – 8 pm	Center Directors, Facility Owners and Family Providers
	Conflict Resolution	Martinsburg MountainHeart Office	February 13, 2019	6 – 8 pm	All Providers
	Thinking and Tinkering	Mustard Seed	February 21, 2019	5 – 7 pm	All Providers
	Writing a Business Contract for Family Child Care and Facilities	Martinsburg MountainHeart Office	February 28, 2019	6 – 8 pm	Family and Facility only
	Practice Patience	Mustard Seed	March 7, 2019	5 – 7 pm	All Providers
	WV Early Learning Standards Framework	Martinsburg Office	March 21, 2019	1 – 3 pm	All Providers
<b>Grant</b>					
	Writing a Business Contract for Family Child Care and Facilities	Petersburg MountainHeart Office	January 10, 2019	10 am – 12 pm	Family and Facility only
	Neonatal Abstinence System	Petersburg MountainHeart Office	January 24, 2019	6:30 – 8:30 pm	Infant/Toddler
	Thinking and Tinkering	Petersburg MountainHeart Office	February 7, 2019	4 – 6 pm	All Providers
	Utilizing ERS to Achieve Higher Quality	Petersburg MountainHeart Office	March 13, 2019	6 – 8 pm	Center Directors, Facility Owners and Family Providers

<b>Hardy</b>					
	Temperament: Examining Our Labels	Hardy County Child Care Center	January 17, 2019	12 – 2 pm	Infant/Toddler
	Practice Patience	Hardy County Child Care Center	February 7, 2019	12 – 2 pm	All Providers
<b>Jefferson</b>					
	Picky Eaters	South Jefferson Public Library	January 24, 2019	6 – 8 pm	All Providers
	Sign Language	Wee Disciples	February 21, 2019	1 – 3 pm	All Providers
	Practice Patience	Wee Disciples	March 7, 2019	1 – 3 pm	All Providers
	Writing a Business Contract for Family Child Care and Facilities	South Jefferson Public Library	March 21, 2019	5 – 7 pm	Family and Facility only
	Thinking and Tinkering	Shepherdstown Daycare Center	March 28, 2019	6 – 8 pm	All Providers
<b>Mineral</b>					
	Thinking and Tinkering	Mineral County DHHR	January 8, 2019	10 am – 12 pm	All Providers
	Writing a Business Contract for Family Child Care and Facilities	Mineral County DHHR	January 10, 2019	1:30 – 3:30 pm	Family and Facility only
	WV Early Learning Standards Framework	Mineral County DHHR	February 7, 2019	1 – 3 pm	All Providers
<b>Morgan</b>					
	Temperament: Examining Our Labels	Little Learner’s Village (Fairfax Street)	March 14, 2019	6 – 8 pm	Infant/Toddler
<b>Pendleton</b>					
	Temperament: Examining Our Labels	Pendleton County DHHR	February 14, 2019	1 -3 pm	Infant/Toddler
<b>Preston</b>					
	Writing a Business Contract for Family Child Care and Facilities	Preston County DHHR	January 24, 2019	12 – 2 pm	Family and Facility only
	Sensory Play: Let’s Have Fun	Little Bear Daycare Center	February 6, 2019	6 – 8 pm	Infant/Toddler
<b>Randolph</b>					
	Sensory Play: Let’s Have Fun	Randolph County DHHR	January 10, 2019	1 – 3 pm	Infant/Toddler
	Writing a Business Contract for Family Child Care and Facilities	Elkins MountainHeart Office	January 31, 2019	6 – 8 pm	Family and Facility only
	Practice Patience	Elkins MounainHeart Office	<b>SATURDAY</b> February 16, 2019	10 am – 12 pm	All Providers
<b>Taylor</b>					
	1, 2, 3 Science and Me	Little Feet Daycare	January 24, 2019	6 – 8 pm	All Providers
	Practice Patience	Little Feet Daycare	March 21, 2019	6 – 8 pm	All Providers

<b>Tucker</b>					
	Writing a Business Contract for Family Child Care and Facilities	Tucker County DHHR	February 7, 2019	10 am – 12 pm	Family and Facility only
<b>Upshur</b>					
	Health and Safety for Infants and Toddlers	Mountain CAP	January 24, 2019	5:30 – 7:30 pm	Infant/Toddler
	Writing a Business Contract for Family Child Care and Facilities	Upshur County Public Library	<b>SATURDAY</b> February 2, 2019	10:30 am – 12:30 pm	Family and Facility only
	WV Early Learning Standards Framework	Upshur County Public Library	March 12, 2019	10:30 am – 12:30 pm	All Providers
	Utilizing ERS to Achieve Higher Quality	Mountain CAP	March 12, 2019	6 – 8 pm	Center Directors, Facility Owners and Family Providers
	Sensory Play: Let's Have Fun	Mountain CAP	March 28, 2019	5:30 – 7:30	Infant/Toddler