



News From The Heart

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Fall 2013

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Make A Difference

Willetta Bolinger, PROGRAM DIRECTOR

It is the beginning of August as I write this. I have been trying to think of something to write about knowing that you will not be reading this until autumn. I thought about writing something about the holidays, but it just seems so far off. After much thought, I have decided to write about how we can provide opportunities for children to learn to be kind, considerate and to think of others.

We often hear comments about how rude and selfish children and adults are these days. The news broadcasts seem to be full of stories of people behaving their worst. Much conversation is made about people "looking out for number one".

However, there is still much good in the world. There are neighbors helping neighbors. Random acts of kindness are occurring. Stories of children, teens & adults working to raise funds, collect clothing, etc. to help those less fortunate. Wouldn't it be wonderful if more of that occurred? How is it that some children grow into adults that genuinely care about other people? Why do other children grow into adults who only view the world in a negative light? What influences factor into molding children into positive, charitable, compassionate adults?

I remember hearing that the best way to teach a child is through the example that you set. I believe that this is true. What kind of examples are you and I setting?

We can begin by doing some serious self evaluation. Do we help our families and friends or are we more concerned with ourselves? Do we assist those in the community who are in need or do we go about our daily business? Do we talk positively about others or spread gossip? Do we contribute to our communities or just complain about those that do try to make positive changes?

What are some things that we can do today to help raise caring adults for the future? We can provide opportunities for children to assist family members and/or neighbors with chores such as raking leaves or shoveling snow. You may have the children make cards for those who are ill in their community. Sending cards to veterans on Veteran's Day gives us an opportunity to talk to children about others who have given of themselves for the good of others. Opportunities abound for us and the children that we care for to make a positive impact on our communities and those that live there.

I urge you to take time to demonstrate how one individual can make a difference in the life of another person. It is my wish that we all demonstrate compassion, generosity and understanding to all, not just during the holidays but throughout the entire year.

Best Wishes!
Willetta



MOUNTAINHEART
Community Services, Inc.

Earl D. Smith,
Executive Director
Willetta Bolinger,
Program Director & Editor
Cathy Fisher, Melodee Price,
Publishers
Norm Miller, Design
Articles Submitted by:
MountainHeart Professional
Development Team

Keeping Current!

Sarah Hicks, R.N.

I've been working as a registered nurse for over 11 years now. That makes me a spring chicken to some, and a seasoned professional to others. Personally, I'm not sure where I would "categorize" myself! I do know that trends, medications, treatments, and research in health care change at warp speed. So when it comes to dealing with children's health, it really doesn't matter if you are new or have been there done that, because things change FAST!

Keeping up with all the changes can be difficult. I'm currently in graduate school working towards my Master's degree in Nursing. One of the biggest surprises I've found during my studies (and in my job) is the large number of ideas in health care that had been seen as best practice in the past, are now NOT best practice at all! You may be asking yourself, "I'm not a health professional, how can I keep up to date on the latest best practices in children's health?"

A great example of change in health care practice is the trend of changes for infant sleep. Practice has moved from tummy sleep to back sleeping for quite some time, but many other pieces have since been added to the recommendation. The focus is now on providing a safe sleep environment, not just infant sleep position. "Pacifier or no pacifier?" "Blanket or no blanket?" "Can we lay babies on their sides?" "What are the current recommendations?"

You can keep current on children's health by using your Child Care Nurse Health Consultant for any questions you might have. We are here to help! We may know the answer right away, but often times we look things up to make sure we are giving the latest best practice advice. You could also attend our professional development trainings. We try to make sure our trainings contain the latest research and relevant best practices. I will be providing training on Safe Sleep this quarter to help with any questions you may have on the current infant sleep recommendations, but be on the lookout for other trainings we offer that can help you to stay up-to-date on the many best practices in children's health!

How to Handle Hard to Handle Parents

Melodee Price, EARLY CHILDHOOD SPECIALIST



Have you ever said "I think the children are much easier to work with than the parents." Or have you found yourself saying "If I didn't have to work with the parents, I would enjoy my job with the children so much more." These are feelings we have probably all felt. We went into the business of child care because we love children. We love teaching children. We love seeing children grow and learn. What we don't always enjoy about our job in the field of child care is to have to interact with the parents or guardians of our little kids.

West Virginia's early childhood education field places a lot of value in the importance of building relationships with families. We believe that relationships between child care providers and parents/guardians are critical to children's experiences and learning. We should always be interacting with the adults that drop off and pick up the children from child care. It may be something as simple as giving them eye contact, smiling and asking how they are doing. You can build on your conversations by offering something significant about their child that day; who they played with, what they ate, if they took a nap, what they seemed to enjoy, a favorite toy or something funny that they said or shared.

By attending the training "How to Handle Hard to Handle Parents," you will learn that dealing with parents may often be difficult, but having a better understanding of their point of view will help you to build better relationships with them. You will be given useful information and practical ideas on how to work better with families.



Tri County Association

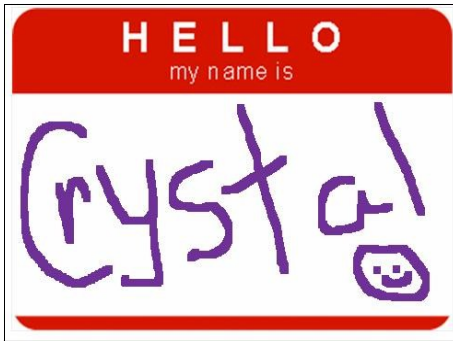
The Tri County Provider Association will resume meeting the fourth Monday of the month, September 23, 2013. Please call or e-mail Paula Wahler at 310-991-3611 or wahler1@frontier.com for further information.



News from the West Virginia Family Child Care Association FREE! FREE! FREE! FREE!

Have you joined our association yet? Membership is FREE. Yes I said FREE! Your local Resource and Referral agency may be able to pay for your membership with grant money (pending availability of the funds). All you have to do is complete the grant paperwork (which can be obtained on their website) & abide by the grant rules and you will be eligible for great benefits through our association. We can help you fill the paperwork if needed. We have a new hard working board that wants to help you provide quality child care. Join today by visiting our website at <http://www.westvirginiafamilychildcare.com> or call 304-634-5545.

We look forward to working with you!



What is in a Name?

Suzi Polgar, BEHAVIOR CONSULTANT

All of us have a special attachment to our names. We're excited to see our name written on a card or gift tag, we feel loved when a family member calls us by a special name, and we feel recognized as individuals when our boss addresses us by name. When teachers, doctors, clerks, or waitresses use our name and a warm tone of voice, we feel a friendly connection. But when we hear our name spoken in anger or irritation, we have a far different response.

Our name is an important part of our identity. The same is true for children. Using children's names in a variety of enjoyable situations can help us develop closer relationships. Children's names can also be a powerful teaching tool. With planning, we can use children's names in a variety of activities. Here are a few ideas for including children's names in early childhood activities.

1. Research tells us that teaching "the letter of the week" is not an effective teaching method. But we CAN effectively use names to teach letters of the alphabet. Here's how!

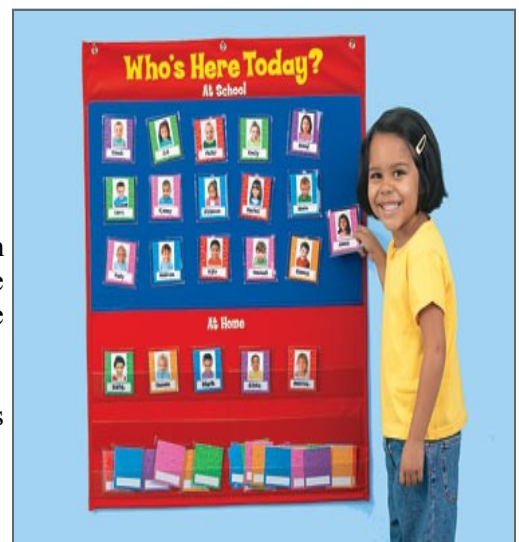
- Begin by printing every child's name on individual strips of paper.
- Count the letters of each name with the children. Group the names according to the number of letters in each name. Make a chart showing names with 2, 3, 4, 5, 6, or more letters. Post the chart where the children can see it. Now you've created an interesting activity that addresses both counting skills and letter recognition!
- Show the children a name. Then say the name / cheer the name / clap the syllables. Repeat for every child's name in the group.
- Print pictures of each child and print the child's name below their photo. Cut each picture in half, so that the left and right sides are divided. Now you have a puzzle of every child's face and name! You can use these "puzzles" for a large group activity. When the children are familiar with this activity, put the puzzles in a basket for children to work on during center time.
- Write the first letter of each child's name on a piece of paper. Have each child glue small shapes of paper over the first letter of their name. Write "__ is for __" (for example, "R is for Rose") at the bottom of each glued page. Put all of the children's papers together into a class book.

2. If you find yourself with an unplanned wait (such as a delay in lunch service), encourage the children to join you as you rhythmically tap your knees. When you have a good rhythm going, lead the children in chanting each child's name. The children will know they are having fun with this activity. And you will know that they are practicing sound discrimination, an important component of early literacy development! It'll sound like this:

(tap) (tap) (tap) (tap)
Mark, Mark, Mark, Mark
(tap) (tap) (tap) (tap)
Joanie, Joanie, Joanie, Joanie
(tap) (tap) (tap) (tap)
Mary, Mary, Mary, Mary
(continue with all children's names)

3. Make an attendance chart. Post the names - with pictures - of children who are present and those who are absent. Now the children can practice "reading" the names of the children who are at school and those who are not!

I hope these ideas help you think of many more ways to use the children's names in your child care setting!



Tips for Choosing Toys for Toddlers (Part 2 of 2)

Shannon Nichols, INFANT/TODDLER SPECIALIST



Toddlers are little explorers who learn by doing. Play gives children a great opportunity to develop and practice new skills at their own pace by following their unique interests. The toys and playthings children have available to them can shape their development in important ways.

Below are some ideas for choosing toys that will grow with children, challenge them, and nurture their overall development (thinking, physical, language and social-emotional skills).

Look for toys that spark children's imagination. During children's third year, their creativity is really taking off as they are now able to take on the role of someone else (like a king) and imagine that something (like a block) is actually something else (like a piece of cake). Look for toys that children can use as they develop and act out stories. Pretend play builds language and literacy skills, problem-solving skills, and the ability to sequence (put events in a logical order). **Examples:** Dress-up clothing, action figures, stuffed animals and dolls, trains and trucks, toddler-friendly doll-houses, toy tools, and "real-life" accessories such as a wrapping paper tube "fire hose" for your little fire fighter. The large cardboard box is always a big hit for toddlers and is free. Boxes become houses, pirate ships, barns, tunnels—anything children's imaginations can come up with!



Give your child the chance to play with "real" stuff—or toys that look like the real thing. Toys like this help children problem-solve, learn spatial relations (how things fit together), and develop fine motor skills (use of the small muscles in the hands and fingers). **Examples:** Plastic dishes and food, toy keys, toy phone, dress-up clothes, musical instruments, child-size brooms, mops, brushes and dustpans

Seek out toys that encourage your child to be active. Toddlers are doing all kinds of physical tricks as they are stronger and more confident with their bodies. **Examples:** Balls of different shapes and sizes, tricycles or three-wheeled scooters (with appropriate protective gear), plastic bowling sets, child-size basketball hoop, pull-toys (e.g., toys that your child can pull on a string), wagon to fill and pull, gardening tools to dig and rake with, moving boxes (open at both ends) to make tunnels to crawl through.

Look for toys that nurture cross-generational play. While adults and children can play almost anything together, there are some toys that are designed for adult participation. As children approach age 3 and beyond, early board games—that involve using one's memory or simple board games that do not require reading—are fun for all ages to play. Board games encourage counting, matching and memory skills, as well as listening skills and self-control (as children learn to follow the rules). They also nurture language and relationship-building skills. Another important benefit is teaching children to be gracious winners and how to cope with losing.



Adapted from Zero to Three, National Center for Infants, Toddler and Families (www.zerotothree.org)

"Little by little we human beings are confronted with situations that give us more and more clues that we aren't perfect" Fred Rogers



A Child's Laughter

Cheryl Wolfe, TRAILS EARLY CHILDHOOD SPECIALIST

The joy of children's laughter cannot be bottled, bought, or resisted. Each time they laugh, it is like the first time all over again and their world is new, fresh, and full of imagination. Children laugh because they know life is easy and they know that laughter feels good, even in the most serious of moments.

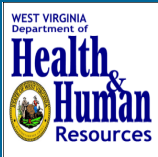
Most babies start chuckling by nine weeks old. By age four, children are laughing every four minutes. Children are known to laugh a great deal more than adults: an average baby laughs around 300 times a day compared to an average adult, who laughs only around 20 times a day. Research shows the joy of a child's laugh is so covetable, there are figures that support the idea that each time a child laughs; a parent spends \$2.17. Children laugh because they are still living in the heightened state of a perfect and harmonious world filled with magic that children alone still believe in.

Laughing exercises our lungs, stimulates our circulatory system, increases the oxygen in our blood, lowers our pulse rate, and relaxes our stressed and tensed muscles. There are no calories, harmful side effects or artificial preservatives. "Laughter does the body good."

As we engulf ourselves in the joy of children laughing, we should try to recapture our own laughter and spread the magic around. Children really do have something to teach us.

MountainHeart News & Notes
Special Announcements of upcoming events

Annual
Child Care Center Directors' Meeting
Which was scheduled for October 9, 2013
Has been cancelled.



NAEYC Conference
November 20-23, 2013 Washington DC



imagine innovate inspire
2013 Annual Conference & Expo

Washington, DC • November 20–23

Register now for best rates!



Southern Early Childhood Association



Conference dates are
January 16-18, 2014
For More information, please visit:

www.SouthernEarlyChildhood.org

TRAILS TIPS

Janet Aitchison, TRAILS EARLY CHILDHOOD SPECIALIST

The Martinsburg office recently relocated. I have moved many times, both professionally and personally. It is always stressful, exhausting and overwhelming. It matters not how often you have done it or how long you have been on the planet. I have to say, it went OK. We are now in the processes of unpacking all of the resources we recently packed and finding new homes in our new space for all of our treasures. I have a window in my office and that is wonderful!

All of this leads me to the inevitability of change. It has been said that change is the only thing you can count on! Just as everyone is different, everyone handles change differently. Some people approach change as a challenge, some remain in denial as long as they can, some make countless lists with pros and cons, some jump in with both feet, never testing the depth of the water and some just pray this too will pass!

Now think about children. They do not have the life experience or skills to deal with some of the changes we ask of them: new town, new provider, new school, and new relationships. It can be a scary place out there and while some children seem to roll with it, others panic. Some obviously react by acting out, others just limp along. We are often so busy, stressed and overwhelmed ourselves; we fail to notice how the little people in our lives are doing. Please PAY ATTENTION!!! You are only 3 once.

Children are small for such a short period of time and they need your support and guidance every day. I am "preaching to the choir". I know that as providers you know all of this. Perhaps you could share this with your parents. We all need reminders from time to time.



★ "There are two ways of exerting one's strength; one is pushing down, the other is pulling up." Booker T Washington, Educator ★

Affordable Health Insurance for West Virginians

By: Renate Pore

Uninsured West Virginians can start signing up for affordable health coverage beginning October 1, 2013. The new policies are effective on January 1, 2014.

About 135,000 West Virginians will be eligible for Medicaid, the State's public health insurance program and another 100,000 will have a choice of policies offered through private health insurance companies. The private policies will have generous subsidies to make them affordable. The size of the subsidy depends on income and family size. The table below shows income-based eligibility for Medicaid and subsidies for private policies.

Eligibility for Medicaid and Subsidized Private Policies

Family Size	Maximum income for Medicaid	Maximum income for subsidy*
1	\$15,856	\$45,960
2	\$21,404	\$62,040
3	\$26,951	\$78,120
4	\$32,499	\$94,200



*For an example of a subsidy go to www.kff.org and look at the subsidy calculator.

Enrolling in the new health insurance programs is simple. West Virginians can call an 800 number, enroll on-line or get a paper application to send through the post office. Every county will also have a number of trained people to assist West Virginians in enrollment. Information on who the enrollment assisters are in each county will be available by October 1, 2013. West Virginians for Affordable Health Care is offering training in various locations around the state. A schedule of training is listed on www.enrollwv.org

How to Enroll

Get a paper application	www.healthcare.gov
Enroll on-line	www.healthcare.gov
Enroll by phone	Call 1-800-318-2596 TTY users call 1-855-889-4325
Get personal assistance	Enrollment assisters will be available at community health centers, most hospitals, and many social service agencies in your community.
For questions	Email Renate Pore or Perry Bryant renatepore@gmail.com -- perrybryant@suddenlink.net

Welcome New MountainHeart Staff Members



Trae Vickers, Case Manager Martinsburg Office

Born and raised in Winchester, VA and still lives in Winchester today. Graduated from Gardner-Webb University with a Bachelor of Science in Psychology and a minor in education.

Prior to working at Mountain Heart, I was an elementary school teacher having taught 2nd grade and 4th grade. I have a strong passion for working with young children and I'm excited about making a career switch to social work.

In my spare time, I enjoy golfing, swimming and spending time with my family. I'm an avid Washington Redskins fan.

Kim Perrine, Case Manager Weston Office

Kim is a 1996 graduate of Bridgewater College with a BA in History and Political Science and a BA in Philosophy and Religion. She later earned a Master's Certificate in Child Advocacy.

Although she most recently worked as a paralegal, Kim has spent much of her career in the non-profit sector working with children and families living in poverty and with abused and neglected children. Kim's career and life goal is to positively impact her community, her family, and the lives of the children and individuals she encounters.

Kim enjoys singing, writing music, leading praise and worship in her church, spending time with family and friends and most of all, being Mom.



Hannah Dixon , Case Manager Grafton Office



Hannah is a 2013 graduate from Alderson-Broaddus College (now University) with a BA in Family Studies. She was a member of "The West Virginians" during her time at AB.

She was raised in Gladesville, WV and currently resides in Philippi, WV. Hannah enjoys community service, jazz music, the outdoors, spending time with her family and dog, Zasper, and traveling.

Hannah has been the case manager out of the Grafton office since early June and loves her job!

MountainHeart News & Notes

The WV Elements of Family Child Care Series (WVEFCCS)

The WVEFCCS was developed for trainers and family child care providers to improve the quality of early care and education for our State's children.

WVEFCCS is a seven part series that provides an overview of *The Creative Curriculum for Family Child Care* and the *Family Child Care Environment Rating Scale-Revised (FCCERS-R)*. The topics range from "Becoming a Professional" and "Organizing Your Day" to "What Children are Learning" and "Working with Parents." The series is presented in 4-hour sessions with two technical assistance (TA) visits to ensure training objectives are met. This totals 30 hours of professional development. The WV Elements of Family Child Care Series is a special opportunity to engage with other family child care providers in a small group classroom experience. In addition, you will receive the Creative Curriculum manual and the FCCERS-R handbook.

You must be registered with WV STARS, complete all the modules, participate in the 2 TA visits in this training, and you must be caring for subsidized children to receive free resources at the completion of the classes. If you have questions or would like to enroll in the class, feel free to call Wendy Wolford or Melodee Price in the Elkins office (toll free) 877-862-3103 or use our local number, 304-637-2840.

Upshur Co. Public Library Oct 5th 10:30-3:00
Elkins MountainHeart Office Oct 12th 8:00-12:00
Upshur Co. Public Library Oct 19th 10:30-3:00
Elkins MountainHeart Office Oct 26th 8:00-12:00
Elkins MountainHeart Office Nov 2nd 8:00-12:00
Upshur Co. Public Library Nov 9th 10:30-3:00
Elkins MountainHeart Office Nov 16th 8:00-12:00

Module 1: Building a Firm Foundation
Module 2: Knowing How Children Develop
Module 3: Organizing Your Home and Your Day
Module 4: What Children are Learning-Part 1
Module 5: What Children are Learning-Part 2
Module 6: Caring and Teaching
Module 7: Building a Partnership with Families

Building a Firm Foundation. Tier I. Learn the role of curriculum in family child care, how research and theory supports curriculum, using the Family Child Care Environmental Rating Scale and developing a professional portfolio. *Core Knowledge 1 hour in Program Management, 3 hours in Professionalism.*

Knowing How Children Develop and Learn. Tier I. Family home providers will learn to identify and understand the basic developmental milestones of children from birth through 12 years. Recognize various temperaments, learning styles and developmental rates of children. Learn how to support a culturally responsive environment for all children. *4 hours in Child Growth and Development.*

Organizing Your Home and Your Day. Tier I. This module will help providers to understand about shared and separate space for family child care, how environment can encourage positive behavior, and developing a daily schedule that is appropriate for all children. *1 hour in Health, Safety and Nutrition, .5 hours in Positive Interactions and Relationships, 1 hour in Curriculum, 1.5 hours in Program Management.*

What Children are Learning-Part 1. Tier I. Learning how to build language and literacy skills in children, promoting mathematical thinking, and how children learn about science. *4 hours in Curriculum*

What Children are Learning-Part 2. Tier I. Family home providers will learn about creative arts and how children can experience social studies. *4 hours in Curriculum.*

Caring and Teaching. Tier I. This module will help you to learn how to build trust when working with children, strategies for helping children get along with others, balancing your family child care home and business with your family. *4 hours in Positive Interactions and Relationships.*

Building Partnerships with Families. Tier I. Family home providers will learn means of communication to build trust with families, exploring the differences between families and the influence of culture upon child-rearing practices. *4 hours in Family and Community.*



MountainHeart News & Notes

Medication Administration Training

Medication Administration training is being offered in our region. As per center licensing requirements, staff members who work in child care centers or Head Start and who administer medication must have medication administration training. These trainings are conducted through the WV DHHR Early Care and Education office & are WV S.T.A.R.S. approved.

October 2, 2013	Guardian Angel Child Development Center in Bruceton Mills	6:00 pm— 10:00pm
October 25, 2013	Randolph County DHHR in Elkins	11:00am – 1:00 pm (re-cert)
November 19, 2013	James Rumsey Technical Institute in Martinsburg	4:00 pm – 6:00pm (re-cert)
November 20, 2013	Shepherdstown Day Care Center in Shepherdstown	9:00 am – 1:00 pm
December 17, 2013	Hardy County Child Care Center in Moorefield	12:00 pm – 2:00 pm (re-cert)

IMPORTANT NOTICE: Staff members must be registered on the WV S.T.A.R.S. Career Pathway before taking the medication administration training. You will not be permitted to attend the training session if you are not currently on the S.T.A.R.S. Career Pathway.

Each participant must bring the following materials to the training: pen, paper, 1 pair of non-latex gloves.

Reminder: Children may not attend the training session.

Health and Safety Grant

Leann Andrew, Assistant Program Director

It is anticipated that the 2013-2014 provider health and safety grant application will be available in the near future on the MountainHeart website. This grant is available to family child care facilities and family child care providers who accept subsidy payments for children in their care. Child care centers are not eligible for this grant.

A child care facility may request up to \$500 to meet health and safety needs and for resources. A family child care provider may request up to \$250 to meet health and safety needs and for resources. **We highly suggest that you fulfill your licensing requirements for health and safety before requesting educational and recreational items.** Please watch our website at www.mountainheartwv.org/ccnorth for more information.

"All our lives, we rework the things from our childhood, like feeling good about ourselves, managing our angry feelings, being able to say good-bye to people we love." Fred Rogers

Do you work in child care and need or want to obtain your degree in early education?



T.E.A.C.H. Early Childhood® WEST VIRGINIA can help!

Scholarships available:

<u>Associate Degree</u>	<u>Bachelor's Degree</u>	<u>Pre-K</u>
Child Care Center	Child Care Center	Child Care Center
Family Child Care	Family Child Care	Family Child Care
Head Start	Head Start	Head Start

All scholarships include: tuition assistance, partial book reimbursement, travel stipend, paid release time and a bonus for completing the scholarship!

Contact 304-529-7603 or www.wvearlychildhood.org for more information

T.E.A.C.H. Early Childhood WEST VIRGINIA is a licensed program of Child Care Services Association

Training Topics Offered October—December 2013

Are You Creating a Scientist? Core Knowledge Area: Curriculum. Tier II. If you have a science area or discovery area in your home, facility or center, you will be enhancing all areas of development for the children. Come to this training to learn ideas of how to create a child scientist while building on the child's social/emotional skills, physical skills, cognitive and language skills.

How to Handle Hard to Handle Parents. Core Knowledge Area: Positive Interactions and Relationships. Tier II. Read the article in this newsletter to better understand what this training will cover. Melodee Price will be conducting this training for home providers, facility owners and center based staff.

Making a Difference. Core Knowledge Area: Health Safety, and Nutrition. Tier I. This training will count towards two hours of child abuse and neglect that is required of center based staff within the first six months of employment; according to child care center regulations. Sarah Hicks, RN will help you to know when and how to facilitate a family's linkage to assistance and support before child maltreatment occurs. This training will focus more on preventative measures in regards to child abuse and neglect.

Medication Administration Recertification Program. Core Knowledge Area: Health, Safety, and Nutrition. Tier II. A two hour program that updates the skills and knowledge the learner gained in the Original Medication Administration Program. It also reviews important points covered in the original course. *Only those that have taken the STARS registered original Medication Administration course will be allowed to take the Recertification training. Those that have never taken the original STARS registered Medication Administration course are NOT eligible to take the 2 hour Recertification course, and should take the 4 hour Original Course.*

Safe Sleep. Core Knowledge Area: Health, Safety, and Nutrition. Tier I. Participants will learn the latest recommendations about how to create a safe sleep environment for infants to reduce the risk of Sudden Infant Death Syndrome and other sleep related deaths. Sarah Hicks, RN will discuss the importance of tummy time among other infant/toddler information.

Medication Administration. Core Knowledge Area: Health, Safety, and Nutrition. Tier I. Sarah Hicks, RN will provide the most up to date medication practices as per center licensing requirements. This training will count towards 4 WV S.T.A.R.S. registered training hours. Center based staff, facility owners/staff, and home providers are welcome to attend.

"Life is like an escalator. You can move forward or backward, you cannot remain still" Patricia Russell-McCloud

Save the Date

**Leading Children Into
Healthy, Happy, Lives**

3rd Annual Child Care Conference
8 hours of WV STARS registered training
Saturday, November 2, 2013



For more information please contact
Nichol Earp @ 304-279-7305

Tentative Schedule for Future WVIT I & II Classes

If you are interested in attending the West Virginia Infant Toddler program, please contact Shannon Nichols in the **Weston office at 1-866-232-9227** for more information. Space is limited and filled on a first come-first serve basis. The county with the most providers interested will likely be the county/counties in which class will be held.

November 2013-February 2014– Barbour, Lewis, Upshur, or Randolph County (5 Person Minimum)

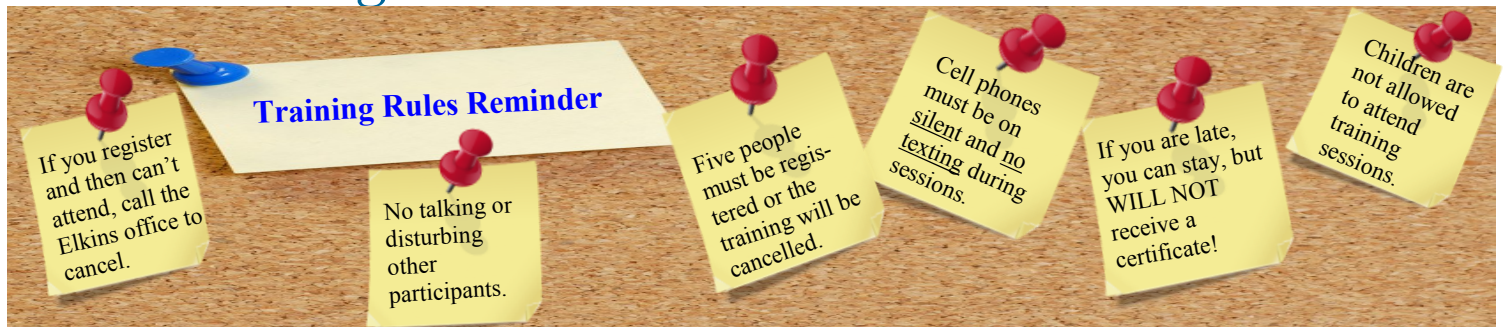
March-June 2014- Berkeley or Jefferson County
(5 Person Minimum)

July-October 2014- Grant, Hardy, or Mineral County
(5 Person Minimum)

If the listed minimum is not met at session 1,
the course will not continue.



Training Calendar for October-December 2013



Barbour County

Wee Train Christian Day Care Center: PO Box 36, Junior, 26257
Safe Sleep

12/5/13 (Thursday) 6:00-8:00

Berkeley County

James Rumsey Technical Institute: 3274 Hedgesville Road, Martinsburg, 25403

Are You Creating a Scientist? 11/5/13 (Tuesday) 12:00-2:00

Medication Administration (re-certification) 11/19/13 (Tuesday) 4:00-6:00

Making a Difference 11/19/13 (Tuesday) 6:30-8:30

Grant County

Teddy Bear Day Care Center: Keyser Avenue, HC 30 Box 11, Petersburg 26847

How to Handle Hard to Handle Parents 10/14/13 (Monday) 6:00-8:00

Are You Creating a Scientist? 11/12/13 (Tuesday) 6:00-8:00

Hampshire County

Valley View Day Care Center: 687 Depot Street, Romney 26757

How to Handle Hard to Handle Parents 10/1/13 (Tuesday) 6:15-8:15

Hampshire County Public Library: 153 West Main St., Romney, 26757

Are You Creating a Scientist? 10/28/13 (Monday) 11:00-1:00

Hardy County

Hardy County Child Care Center: 1989 State Road 55, Moorefield, 26836

How to Handle Hard to Handle Parents 10/11/13 (Friday) 12:00-2:00

Are You Creating a Scientist? 11/4/13 (Monday) 12:00-2:00

Medication Administration Recertification 12/17/13 (Tuesday) 12:00-2:00

Jefferson County

Shepherdstown Day Care Center: 531 East German Street, Shepherdstown 25443

Medication Administration 11/20/13 (Wednesday) 9:00-1:00

Making a Difference 11/20/13 (Wednesday) 1:00-3:00

Lewis County

Lewis County Board of Ed. Building: 239 Court Ave., Weston, 26452

How to Handle Hard to Handle Parents 11/14/13 (Thursday) 10:00-12:00

Are You Creating a Scientist? 11/14/13 (Thursday) 12:30-2:30

Mineral County

Keyser Wee Care Day Care Center: 2084 New Creek Way S. Keyser, 26726

Making a Difference 10/8/13 (Tuesday) 6:00-8:00

Are You Creating a Scientist? 10/21/13 (Monday) 6:00-8:00

Morgan County

Little Learners Village: 640 Fairfax Street, Berkeley Springs, 25411

Safe Sleep 12/3/13 (Tuesday) 6:00-8:00

Preston County

Guardian Angel Child Development Center: 65 West Main St., Bruceton Mills, 26525

Medication Administration 10/2/13 (Wednesday) 6:00-10:00

How to Handle Hard to Handle Parents 11/1/13 (Friday) 12:00-2:00

Training Calendar for October-December 2013 continued

Randolph County

MountainHeart: 1200 Harrison Ave. Suite 220, Elkins 26241

Knowing How Children Develop and Learn	10/12/13 (Saturday)	8:00-12:00
What Children are Learning-Part 1	10/26/13 (Saturday)	8:00-12:00
What Children are Learning-Part 2	11/2/13 (Saturday)	8:00-12:00
Building a Partnership with Families	11/16/13 (Saturday)	8:00-12:00

Randolph County DHHR: 1027 North Randolph Avenue, Elkins, 26241

Medication Administration (Recertification)	10/25/13 (Friday)	11:00-1:00
Making a Difference	10/25/13 (Friday)	1:00-3:00

Taylor County

Taylor County Public Library: 200 Beech Street, Grafton, 25354

How to Handle Hard to Handle Parents	12/9/13 (Monday)	10:00-12:00
Are You Creating a Scientist?	12/9/13 (Monday)	12:30-2:30

Tucker County

Tucker County Family Resource Network: 501 Chestnut Street, Parsons 26287

How to Handle Hard to Handle Parents	10/24/13 (Thursday)	6:00-8:00
Are You Creating a Scientist	12/9/13 (Monday)	8:30-10:30

Upshur County

Upshur County Public Library: 1150 Route 20 South Rd, Buckhannon 26201

Building a Firm Foundation	10/5/13 (Saturday)	10:30-3:00
Organizing Your Home and Your Day	10/19/13 (Saturday)	10:30-3:00
Caring and Teaching	11/9/13 (Saturday)	10:30-3:00

Mountain CAP: 26 N. Kanawha Street, Buckhannon 26201

Making a Difference	10/23/13 (Wednesday)	6:00-8:00
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To register for trainings, please call the Elkins office at 1-877-862-3103 or 304-637-2840. You must register at least 5 days before the scheduled training.

If schools are closed in the county that a training is being held, the training is automatically cancelled, but will be rescheduled for a later date.



Child Care Resource & Referral Division

1200 Harrison Avenue, Suite 220

Elkins, WV 26241