



# News From the Heart

## Randolph County Provider Receives Certificate

by: Melodee Price, EC Specialist



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Jaime Price from Discovery Corner in Elkins was the first to be awarded the WV Training Certificate in Early Care and Education (WVTCECE) in the state.

Natalie Snider from the WV State Training and Registry System (STARS) traveled to Elkins to present Jaime with her certificate. Jaime completed 4 semesters of the Apprenticeship for Child Development Specialist (ACDS) program, 50 hours of the WV Infant/Toddler class (WVIT), 32 hours of the Components of Quality Care and Education (CQCE), attending Celebrating Connections over the past several years, Super Saturdays and

numerous 2 hour trainings that qualified her to receive the WVTCECE.

Leann Andrews, Assistant Program Director, attended representing Moun-



tainHeart North, Tara Bowley and Melodee Price Early Childhood Specialists, Shannon Nichols, Infant/Toddler Specialist are pictured with Jaime and Natalie. Jaime

had attended Shannon's WVIT class and Melodee and Tara's CQCE class.

Jaime has been working for Discovery Corner almost 4 years. She is planning on attending the Great Beginnings Conference in Morgantown September 2009 and is currently a student at Fairmont State University working towards her Bachelors of Science Degree in Early Childhood Development.

Congratulations to Jaime for working hard, being organized and motivated to complete her trainings and be the first to receive the WV Training Certificate in Early Care and Education in the state of West Virginia!

## Save The Date!

### ATTENTION PROVIDERS

For new federal guidelines to help childcare programs respond to influenza during the 2009-2010 influenza season, please visit:

[www.flu.gov](http://www.flu.gov)

**What:** Annual Child Care Center Directors' Meeting

**When:** October 8, 2009

**Where:** Bridgeport Conference Ctr.  
300 Conference Center Way  
Bridgeport, WV 26630

**Please note:** *This meeting is mandatory for all center directors to attend. Failure to attend will result in an ineligibility to participate in the tiered reimbursement program and the associated grants. If you cannot attend, please send a designee in your place.*



Contact: Brenda Helper at (304) 558-4683

## WV STARS Is Providing Benefits for All Early Care and Education Practitioners in the State

by: Natalie Snider, Prof. Dev. and Collaboration Specialist

When WV STARS, West Virginia's State Training and Registry System, was developed eight years ago, the goal was to implement a professional development system for all early childhood programs across the state. Since its beginning in 2000, WV STARS has grown significantly, not only in the numbers of individuals being served, but also the benefits that can be provided. Many providers working in the field of early care and education recognize WV STARS and are familiar with some aspects of the program, such as the Career Pathway Credential, but are unaware of all of the benefits that WV STARS can offer all early care and education practitioners.

All individuals working in the early care and education field, working directly with children or families or in an administrative position, can apply for a Career Pathway Credential by submitting a completed Career Pathway Application either online or by mailing in an application to the WV STARS office. Once approved on the Career Pathway, participants will receive a credential that shows the Career Pathway Level. This level is based on their education (both formal and informal) as well as experience. Having a Career Pathway

Credential presents a professional image to parents and employers by showing that the individual views their position as a career and is interested in continued learning to grow in that career.

Along with the credential, Career Pathway participants also have access to their WV STARS Professional Development Record, a transcript that lists all WV STARS Registered Training taken while the participant holds an active Career Pathway Credential. This record assists early childhood practitioners in keeping up with their training requirements and setting goals for professional development. The record can be accessed online by individuals who have an active Career Pathway Credential on the WV STARS website at [www.wvearlychildhood.org](http://www.wvearlychildhood.org).

Not only does participation on the Career Pathway benefit providers on an individual level, but it also benefits the early care and education workforce in West Virginia. WV STARS has the capability of gathering and

providing information about the education, experience, employment, and training in the early care and education field. Reports that have been provided for policy makers in the past have included reports showing the levels of education and experience of participants working in various programs across the state and information about training being offered in different regions.

WV STARS as a system will continue to grow in the upcoming years. With that growth will come new ways for WV STARS to assist early care and education practitioners. Your input regarding WV STARS and the services provided is always welcomed and can be heard by contacting the WV STARS office by phone at (304) 529-7603 or by e-mail at [tcv@rvcds.org](mailto:tcv@rvcds.org). Individuals working with the WV STARS program are available to answer any questions and provide assistance in completing forms and applications.

"Even a broken clock is right two times a day."

- Unknown

### Attention ALL MountainHeart Clients

Your child care services have been approved based on the information which was last reported to your case manager. If you have a change in your case, that change **MUST** be reported to your case worker within 5 days in writing. **Changes include, but are not limited to: change of employment, school, WV Works activity, income, household member, provider, address, or marital status.** Failure to report these changes could result in denial of payment, repayment or legal action to pursue payment. **Any time that you are off work or school for any reason, you are responsible for payment for child care unless you have obtained written approval from your MountainHeart case worker in advance.**

### Volunteers Sought for Professional Development Advisory Council

If you are interested in participating on the Professional Development Advisory Council or would like more information, please call the Elkins office at

(304) 637-2840

or

1-877-862-3103

(toll free)

and ask for Willetta or Melodee. Those signing up to participate on the committee will be notified of the meeting dates, times, and locations of the meetings.

## Preparing Children for the Holidays by: James Weber, Behavior Consultant

While we face tighter budgets as a result of inflation, our plans for Thanksgiving and Christmas may need to be cut back. We do not want to create fear in our children at this time, but want to assure them that the family's basic needs will continue to be covered. At the same time we want our children to experience festive and memorable holidays. Here are several ways to help prepare for the holidays and avoid some of the pressure.

Involve your children in the preparations for holiday festivities by building on their existing skills to help them learn. Start with a calendar that counts down the days to the exciting event. It will improve math skills as well as create opportunities to discuss what will transpire. Communicate to the children what will be happening during the event. Rehearse if necessary to help reduce their anxiety and improve behavior.

Children will feel more of a part of the celebration if they can help with preparations and plans for what is to take place. Closer to the event, children can assist with picking up toys, preparing some food, setting the table, and adding simple decorations to the home. Involving children in the efforts to get ready for company can enable them to have a stake in how things look and in the success of the event.

Teach your children what the holidays are about. Switch the focus from gift receiving to the spirit of giving. Children can donate gently used toys to a local charity. They also can make gifts for family and friends. Anyone would be thrilled with a recent photograph of the child either alone or with the gift recipient. The picture can be matted on heavy paper and decorated by the child

with paints, crayons, or stickers. Children feel good about giving of themselves.

When a child submits a Christmas list, mark off anything that is outside the budget. Then have the child select

two items on the wish list and try to get the child at least one of the selected items.

Be creative for the holidays. Read a book together, bake cookies as a family, look through old pictures while talking about days gone by, listen to them, create a new album for the child, or just spend time together. Following some of these examples will ensure memorable holidays that will influence how the next generation celebrates their joyous occasions.

**We all need to know  
we are somebody.  
- David Elkind**

## TV Can Impair Speech Development by: Cheryl Wolfe, TRAILS ECHS

The June issue of Archives of Pediatrics & Adolescent Medicine reported a study that had been conducted with 329 children, ages 2 months to 4 years that for every hour in front of the TV, parents spoke 770 fewer words to children. An average adult will speak about 941 words an hour. This study

found that parents and children almost stop talking to each other while watching TV. Parents may think that if both child and parent is on the floor playing with blocks, they are interacting but if the TV is on, they will talk much less. This study helps explain why babies that watch a lot of TV, will

know fewer words. Most of the time a child will catch up with their peers by 16 months, but Dimitri Christakis of the Seattle Children's Research Institute states "Babies learn language from hearing it spoken." So let's try to turn the TV off and talk to our children more.

## New Staff in the Martinsburg MountainHeart Office

My name is Tori Myers and I was recently rehired. I worked here in 2004. Since then, I worked with Quebecor and DHHR as a Youth Service Worker. I have a Bachelors in Education and an Associates in Early Childhood Education. I have two children now: Isaiah and Tyler, a wonderful husband, Jeff, and three dogs. My passion, besides my family, is still running. I am looking forward to spending the rest of my working years with MountainHeart and I am thankful to be back.



## Reasons Why Children May Bite by: Tara Bowley, EC Specialist

For most children, biting occurs during the toddler years when they are experiencing limitations with their expressive language skills. However, there are several other reasons as to why children may bite.

A child may be teething and when their gums are sore and swollen biting can feel good. A child may also bite when they are attention-seeking or experiencing a need for power and control.

**"Not everything we face can be changed but we cannot change anything without facing it."**

**- James Baldwin**

Many children will also result to biting as a form of protection when it comes to toys or play space.

It is very important to remember never to encourage a child to bite back. For more information on biting you can attend the "Teeth are Not for Biting" training that is being offered in Morgan, Hampshire, Randolph, Tucker, and Barbour counties.

## Tiered Reimbursement Subsidy Program for Child Care Providers

Applications are available on our website at:

[www.mountainhearttwv.org/ccnorth](http://www.mountainhearttwv.org/ccnorth)

or

[www.wvdhhr.org](http://www.wvdhhr.org)

The Child Care Tiered Reimbursement System is a quality initiative that offers higher subsidy payments to child care programs that demonstrate they meet higher standards of care.

## Hardy County Child Care Center Hosts "Mini Relay" by: Dana Keplinger

The Hardy County Child Care Center hosted a "Mini Relay for Life" on July 30 at their center in Moorefield, WV. A mini Relay is a smaller version of the American Cancer Society's signature event Relay For Life, which is an event developed to raise money for cancer research. The center has had several people within their facility affected by cancer. At the age of 3, a former child care recipient was diagnosed with stomach cancer, which resulted in a series of treatment for the youngster. In addition, two staff members, Shirley Robinette and Ollie Mongold, fought a battle with this deadly disease. All three of these mentioned are now celebrated for being cancer survivors.

Hardy County Child Care Center has participated in the Relay for Life of the Potomac Valley, which includes Hardy and Grant Counties, for several years. Center staff decided this year that in addition to the already existing team efforts that they would involve all the centers children and families in the cause.

The mini Relay, which was held in the playground area, began with an invocation by Pastor Jay Parkins. The activities then kicked off with a traditional Survivors Lap in which

cancer survivors are cheered as they make one lap around the walking track. The survivors were then joined by caregivers for the next lap, which was followed by the classroom "teams" making the next lap. Each classroom was dressed in matching tie-dye shirts that were made by the center staff. Each classroom made up their own slogan which showed their desire to fight for a cure.

During the day the children and staff entertained the groups with children and teacher skits, balloon release, karaoke, and lots of wonderful food, some of which was provided by some local businesses. Other activities included face painting, a petting zoo, duck pond, tattoos, hair wraps, finger painting and a "wall of hope" poster that the children could sign. WVU Extension Agent, Miriam Leatherman, offered donkey rides. Students of the center also had the

opportunity to put a teacher/parent in jail or to put a pie in the face of a teacher.

Six staff members were chosen to compete for a chance to not become a human sundae. Jars were placed at



the child care center with the staff member pictures. Staff, students and parents could contribute money into the jar of the staff they wanted to make into a sundae. The staff who had the most money in their jar had ice cream toppings poured on them to replicate a

"human sundae."

The event was to end with a Luminaria Ceremony however the weather did not permit. The center sold raffle tickets on a breast cancer awareness quilt and also sold tie-dye shirts in addition to other fundraisers. The efforts paid off at the end of the day when the monies were tallied. The center raised a total of \$2,000. Hats off to this center for their unselfish community service involvement.

# HEALTH, SAFETY, AND NUTRITION

## Fall Conference 2009

Saturday, October 24, 2009

Moorefield Elementary School: 400 N. Main Street, Moorefield, WV, 26836

*Sponsored by the West Virginia University Hardy County Extension Service in collaboration with MountainHeart Child Care Resource and Referral.*

- ★ This day is worth **6 hours** of STARS credit, and will also qualify as a conference, if participants are in attendance for the entire day.
- ★ Door prizes will consist of toys and equipment for use with the children.
- ★ Lunch will be provided for participants by the Hardy County Child Care Center.
- ★ There is a \$10.00 non-refundable registration fee. Please make checks payable to HCCCC (Hardy County Child Care Center.)

★ **Registration must be received by October 16, 2009.**

To register for the day, mail the form below to:



WVU Hardy County Extension Office  
204 Washington Street  
Moorefield, WV 26836



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Name: \_\_\_\_\_

STARS number \_\_\_\_\_

Phone number: \_\_\_\_\_

E-mail address: \_\_\_\_\_

County: \_\_\_\_\_

Address: \_\_\_\_\_



## HEALTH, SAFETY, AND NUTRITION - FALL CONFERENCE SATURDAY, OCTOBER 24, 2009

**8:00-8:30 Registration**

**8:30-10:30 Session 1**

**What You Need to Know about Child Abuse.** Melodee Price will use lecture, discussion, and small group activities to facilitate learning in the areas of physical, sexual, and emotional abuse and neglect. This session will count towards the training requirement of center based staff needing 2 hours in child abuse and neglect. (Beginner)

**Medication Administration.** You must be STARS registered to attend this particular training. Glenna Bailey will be the instructor. Staff members who work in child care centers or Head Start and who administer medication must have medication administration training. This class will take part during sessions 1 and 2. (Beginner)

**Nutrition...We Are What We Eat.** Miriam Leatherman, from the WVU Extension office, will provide information about the importance of eating healthy. Serving the children nutritious meals and ideas to accomplish this important piece of knowledge will be discussed during this interactive training session. (Intermediate)

**10:30-10:45 BREAK**

**10:45-12:45 Session 2**

**Firearm Safety in the Home.** Mike Neely will be the instructor for this interactive training. Learn how to observe and act to avoid problems before they occur, adjusting supervision to meet different ages, abilities, activities, and environments. (Intermediate)

**Understanding Prenatal Drug Exposure.** Tara Bowley will teach this two hour training in which participants will be provided with information regarding Prenatal Drug Exposure. This training will also help to increase awareness of the harm done by maternal drug use during pregnancy and help to reduce the incidence of prenatal drug exposure. (Beginner)

**2<sup>nd</sup> part of Medication Administration.**

**12:45-1:30 LUNCH (WILL BE PROVIDED BY HARDY COUNTY CHILD CARE CENTER)**

**1:30-3:30 Session 3**

**Food Allergy Facts.** Melodee Price will teach this 2 hour session on food allergies; who are most susceptible, what are the symptoms and causes, where can you find current information about food allergies, when should you be tested for allergies and why should you keep up to date on food allergies. (Beginner)

**Lead Poisoning.** Lead is a poisonous metal that our bodies cannot use. Ann Munson will teach you how lead can cause learning, and behavior problems, and can harm your child's brain, kidneys, and other organs. Become aware of lead hazards, and protecting children from the harmful effects of lead. (Beginner)

**Kids in the Kitchen...Keeping Them Safe.** Kids can learn so much from cooking in the kitchen; math, science, nutrition just to name a few. Sue Flanagan from the WVU extension office will teach this 2 hour session that will focus on food and safety with children. Come hear her expertise in the field of nutrition so you can experiment with your kids in the kitchen too. (Intermediate)

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**Please mark your class choice for each session by preference (1,2,3):**

**Session 1:**

- Child Abuse
- We are What we Eat
- Medication Administration

**Session 2:**

- Firearm Safety in the Home
- Understanding Prenatal Drug Exposure
- 2<sup>nd</sup> part of Medication Administration

**Session 3:**

- Food Allergies
- Lead Poisoning
- Kids in the Kitchen

## West Virginia Infant/Toddler Professional Development Program for Caregivers Training Requirements

by: Shannon Nichols, I/T Specialist

Child Care Licensing states in item 8.6.i., that any center that operates a program for children 24 months of age and under shall ensure that each qualified staff member caring for the child has a minimum of 40 hours of approved training related to the care of children 24 months of age and under.

Approved sources of Infant/Toddler Training for Licensed Child Care Centers include:

- R&R One Step at a Time or the WVIT Professional Development Training Program
- Completion of the first two semesters of ACDS for those currently enrolled or ACDS completed during 2004.
- Trainer is certified in the subject/field (verify credentials) offering training comparable to the content in WVIT.
- If the caregiver takes a college course in the subject from an accredited college or university or distance education class.
- If the syllabus of a vocational class from which the caregiver received a certificate is submitted to the Division and approved.

Do you work with children birth to 35 months of age? If so, the West Virginia Infant/Toddler Professional Development Program for Caregivers (WVIT) is for you. Come network with other providers as we learn about the importance of caring for yourself, developing positive relationships with families, supporting children's development and providing a quality program for infants and toddlers. WVIT is a 50 hour (10 sessions) course. Participants must be registered with STARS *prior* to beginning class and work at least 20 hours per week with children under age three. Upon completion, participants will be eligible for free resources for use in their child care home or center. Administrators are required to attend a one-time session prior to sending staff through the WVIT class and must also be registered with STARS.

**Classes for November 2009-February 2010 will be held in the  
Upshur, Barbour, Lewis, Preston, Taylor  
or Randolph County area.**

**We will confirm date and location information upon registration.**

Please call the Elkins office at 1-877-862-3103 or 304-637-2840 by  
***October 30, 2009*** to register or if you have any questions.

### **Tentative schedule for future WVIT classes**

WVIT will be offered three times per year. If you are interested in participating in the WVIT program, please contact the Elkins office at 1-877-862-3103. The county with the most providers interested will likely be the county/counties in which class will be held.

March 2010-June 2010 - Grant, Hardy, Pendleton, Randolph and Tucker county area

July 2010-October 2010 - Berkeley, Jefferson, Morgan, Hampshire, and Mineral county area

November 2010-February 2011 - Barbour, Lewis, Preston, Taylor and Upshur county area

## Training Topics for October-December

**How to Live a Healthy Lifestyle.** Core Competency: Health, Safety, and Nutrition. Julie Matthews from the WVU Extension office in Taylor County will lend her knowledge related to nutrition. Come join Julie as she gives ideas of how to maintain healthy living for the children you work with. (Intermediate)

**Introduction to Child Observation and Assessment.** Core Competency: Child Observation and Assessment. Jim Weber will teach this two hour program. It will be an introduction to six basic types of assessments and their importance in child care settings. (Beginner)

**Leadership in Action.** Core Competency: Program Management. This is a two hour training in which participants will learn how to promote leadership capacity at all levels and learn how to use authority and influence of their role to empower and support others. Tara Bowley will provide this training for center directors, assistant directors, and owners of facilities. (Intermediate)

**Safety in the Home and Outside.** Core Competency: Health, Safety, and Nutrition. Melodee Price will teach this two hour training in which you learn about safety both inside and outside of your child care home, facility and/or center. Current regulations will be reviewed/discussed. (Intermediate)

**Teaching Hearing Children to Sign.** Core Competency: Curriculum. This training will include the history of ASL, the appropriate techniques to start and continue signing with children, and the developmental advantages of using sign language in centers and homes. There will also be several activities that will be “hands on.” (Beginner)

**Teeth are Not for Biting.** Core Competency: Positive Interactions and Relationships. Tara Bowley will teach this two hour training in which participants will learn reasons why children bite, responding to biting behavior, and observation and prevention methods regarding biting. This class will count towards the 2 hours of professional development in Positive Interactions and Relationships that child care providers need to move up on the tiered reimbursement system. (Beginner)

**What You Need to Know About Child Abuse.** Core Competency: Health, Safety, and Nutrition. This training will count towards 2 hours of child abuse and neglect training that is required of center based staff and toward the tiered reimbursement system requirements for facility owners and home providers. Melodee Price will use lecture, discussion, and small group activities to facilitate learning in the areas of physical, sexual, and emotional abuse and neglect. (Beginner)

**WV Early Learning Standards Framework.** Core Competency: Program Management. Tara Bowley will teach this two hour training in which participants will learn about the WV ELSFs, why they are important, and how they can be incorporated into your daily routine. This training will count as the WV ELSFs training that is required of facility based staff when working toward the tiered reimbursement system requirements. (Intermediate)



## Training Calendar for October-December

### Barbour County

**Kid Care Child Development Center: Route 1 Box 165 B, Philippi, 26416**

Teeth are Not for Biting 12/1/09 (Tuesday) 6:00-8:00

**Wee Train Daycare Center: P.O. Box 36, Junior, 26275**

Leadership in Action 10/6/09 (Tuesday) 6:00-8:00

### Berkeley County

**Berkeley County DHHR: P.O. Box 1247, Martinsburg, 25402**

Leadership in Action 10/5/09 (Monday) 11:00-1:00

**St. Joseph's Daycare Center: 1307 Children's Way, Martinsburg, 25401**

Teaching Hearing Children to Sign 10/9/09 (Friday) 6:00-8:00

**Martinsburg Public Library: 101 West King Street, Martinsburg, 25401**

Safety in the Home and Outside 11/5/09 (Thursday) 6:00-8:00

### Grant County

**Grant County Library: 18 Mountain View Street, Petersburg, 26847**

WV Early Learning Standards Framework (WVELSF) 10/26/09 (Monday) 2:00-4:00

**Teddy Bear Daycare: Keyser Avenue, HC 30 Box 11, Petersburg, 26847**

What You Need to Know About Child Abuse 12/3/09 (Thursday) 6:00-8:00

### Hampshire County

**Hampshire County Public Library: 153 West Main Street, Romney, 26757**

Teaching Hearing Children to Sign 10/10/09 (Saturday) 11:00-1:00

Teeth are Not for Biting 11/9/09 (Monday) 5:00-7:00

### Hardy County

**Moorefield Elementary School: 400 North Main Street, Moorefield, 26836**

Fall Conference 10/24/09 (Saturday) 8:30-3:30

### Lewis County

**Lewis County Board of Education: 239 Court Avenue, Weston, 26452**

What You Need to Know About Child Abuse 10/15/09 (Thursday) 6:00-8:00

Introduction to Child Observation and Assessment 12/1/09 (Tuesday) 6:00-8:00

### Mineral County

**Mineral County DHHR: 18 North Tornado Way, Keyser, 26726**

Safety in the Home and Outside 11/3/09 (Tuesday) 9:00-11:00

### Morgan County

**Morgan County DHHR: 62 Regal Court, Berkeley Springs, 25411**

What You Need to Know About Child Abuse 10/20/09 (Tuesday) 12:00-2:00

WV Early Learning Standards Framework (WVELSF) 11/3/09 (Tuesday) 12:00-2:00

Teeth are Not for Biting 11/3/09 (Tuesday) 2:30-4:30

### Pendleton County

**Tiny Tots Day Care Center: 312 Pine Street, Franklin, 26807**

WV Early Learning Standards Framework (WVELSF) 10/15/09 (Thursday) 5:30-7:30

**Preston County****First Presbyterian Church Day Care Center: 106 E. High St., Kingwood, 26537**

WV Early Learning Standards Framework (WVELSF) 11/2/09 (Monday) 6:00-8:00

**Preston County DHHR: 18351 Veteran's Memorial Highway, Kingwood, 26537**

Safety in the Home and Outside 11/9/09 (Monday) 12:00-2:00

**Randolph County****Randolph Co. DHHR: 1027 North Randolph Avenue, Elkins, 26241**

WV Early Learning Standards Framework (WVELSF) 10/28/09 (Wednesday) 2:00-4:00

**Tygart Valley Library: Route 219/250, Mill Creek, 26280**

Safety in the Home and Outside 11/7/09 (Saturday) 10:00-12:00

Teeth are Not for Biting 11/7/09 (Saturday) 12:00-2:00

**Taylor County****Taylor County Public Library: 200 Beech Street, Grafton, 26354**

Safety in the Home and Outside 11/9/09 (Monday) 4:00-6:00

**WVU Extension Office: Route 4 Box 73B, Grafton, 26354**

How to Live a Healthy Lifestyle 10/7/09 (Wednesday) 6:00-8:00

**Tucker County****Davis Community Center: 5th Street and Kent Avenue, Davis, 26260**

Teeth are Not for Biting 12/3/09 (Tuesday) 6:00-8:00

**Tucker County DHHR: RR 3 Box 45, Parsons, 26287**

Safety in the Home and Outside 11/3/09 (Tuesday) 2:00-4:00

**Upshur County****Upshur County Public Library: Rt. 6 Box 480, Tennerton Road, Buckhannon, 26201**

WV Early Learning Standards Framework (WVELSF) 10/28/09 (Wednesday) 10:30-12:30

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## Medication Administration Trainings

Medication Administration training is being offered in our region. As per center licensing requirements, staff members who work in child care centers or Head Start and who administer medication must have medication administration training. These trainings are conducted through the WV DHHR Early Care and Education office & are WV S.T.A.R.S. approved. Training dates and sites are as follows:

**December 16, 2009 (Wednesday) at 10:00 am in Mill Creek (Tygart Valley Community Library)**

**December 28, 2009 (Monday) at 11:00 am in Martinsburg (MountainHeart Office)**

**Space is limited. Only twelve participants per class will be allowed.** Slots will be filled on a first come, first serve basis. You **MUST PRE-REGISTER** at least five (5) days in advance of the training session by calling the Elkins MountainHeart office at (304) 637-2840 or 1-877-862-3103 (toll free). If all spaces are taken, you may place staff members on the waiting list in the event that a slot becomes available. If the minimum number of participants is not met for a training session, the session will be cancelled.

**IMPORTANT NOTICE: Staff members must be registered on the WV S.T.A.R.S. Career Pathway before taking the medication administration training.** You will not be permitted to attend the training session if you are not currently on the S.T.A.R.S. Career Pathway. **All participants will need to bring their S.T.A.R.S. Pathway certificate with ID number and/or their feedback letter from WV S.T.A.R.S. stating that they have been approved and their certificate will be mailed soon. If staff attend the training and are not on the S.T.A.R.S. Career Pathway, the training will not count towards licensing requirements.**

**Participants must pass the Medication Administration competency test with 80% accuracy in order to pass the training and obtain a certificate.** Each participant must bring the following materials to the training: pencil or pen, paper, 1 pair of non-latex gloves, and 1 doll baby. The training session is 4 ½ hours long (including two 15 minute breaks).

**Reminder: Children may not attend the training session.**

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## Components of Quality Care and Education (CQCE)

CQCE modules are a 32-hour training that will cover a variety of topics. The modules were developed to meet the requirements of the WV Early Learning standards. **Participants must be STARS registered before attending the training.** Each child care provider who completes the training may receive free resources for use in their home or child care center. Please contact the Elkins MountainHeart office at 1-877-862-3103 to register. If you have any questions about the training, please contact Melodee Price or Tara Bowley at the Elkins MountainHeart office.

### Mineral County: Tiny Town Daycare: RR 6 Box 6632, Keyser, 26726

<b>October 7, 2009</b> – Wednesday, 5:00-9:00	Module 1: Extreme Makeover/Space and Furnishings
<b>October 10, 2009</b> – Saturday, 10:00-3:00	Module 2: Not Just Routine
<b>October 14, 2009</b> – Wednesday, 5:00-9:00	Module 3: For the Love of Literacy
<b>October 17, 2009</b> – Saturday, 10:00-3:00	Module 4: Implementing Your Curriculum
<b>October 21, 2009</b> – Wednesday, 5:00-9:00	Module 5: Recipe for Relationships
<b>October 28, 2009</b> – Wednesday, 5:00-9:00	Module 6: Building Blocks: A Program's Structure
<b>November 2, 2009</b> – Monday, 5:00-9:00	Module 7: Including All Children
<b>November 4, 2009</b> – Wednesday, 5:00-9:00	Module 8: Communication is the Key

## Mineral County Family Resource Network (MCFRN) And West Virginia University Extension Presents:

### Understanding ECERS

#### **The Early Childhood Environmental Rating Scale- Revised**

Monday, October 12<sup>th</sup>, 2009, 7-9 pm  
Mineral Co. Technical Center, Keyser

### Caring For Infants and Toddlers

Thursday, October 22<sup>nd</sup>, 2009, 7-9 pm  
Frankfort High School, Ridgeley

Child Care Credits, WV S.T.A.R.S., and WVU CEU's Available  
Refreshments Provided/Child-Care is Unavailable

It is very important to register with the WVU  
Extension Service.

Call (304) 788-3621 today!

The WV Governor's Cabinet supports all MCFRN activities  
on Children Youth and Families.

## 2009 NAEYC Annual Conference

Washington, D.C.

November 18-21, 2009

For more information visit:  
[www.naeyc.org](http://www.naeyc.org)

## Journeypersons

### Seminar

September 26, 2009

9:30 a.m.-3:30 p.m.

Days Inn, Flatwoods, WV

For more information visit:  
[www.acds.org](http://www.acds.org)



**MountainHeart Offices:**

Elkins: 1-877-862-3103  
Petersburg: 1-877-211-5437  
Weston: 1-866-232-9227  
Martinsburg: 1-888-915-7653  
Grafton: 1-877-811-5437

**"Children Are Our Future...  
And Our Future Looks Promising"**

### Take a Flower to Childcare Day

The goal of "Take a Flower to Childcare Day" is to raise awareness about the important role high-quality childcare plays in the healthy development of young children and the economic future of the state.

Taking part in the statewide celebration is **easy**. On October 20th, join the thousands of parents, young children and community leaders who rely on great childcare every day and **present a single flower of your choice to your favorite childcare provider.**

For more information visit:  
[www.wvkidscountfund.org](http://www.wvkidscountfund.org)



### **Tools of the Trade in Afterschool II**

- Inspiring Young Minds to be SET Ready for Life (Science, Engineering, and Technology)

Saturday, September 26, 2009

8:30 a.m.—3:30 p.m.

Morgantown, WV

or

Friday, October 2, 2009

8:30 a.m.—3:30 p.m.

Charleston, WV

\$20 per participant

(covers lunch and breakfast refreshments)

For more information contact:  
Donna Patton at (304) 720-9883