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Winter 2014

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Important Information About Technical Assistance

Willetta Bolinger, Program Director



MountainHeart Early Childhood Specialists offer technical assistance to child care providers. Technical assistance is the process of providing suggestions, assistance, and training to assist you with your child care business. If you need help setting up your space to accommodate the children in your care, preparing developmentally appropriate activities, finding ways to organize childcare paperwork or ideas to make your day run smoother and

improve the quality of services that you provide, members of our Professional Development team are ready and willing to provide technical assistance.

The benefits of technical assistance are many. You can receive WV STARS hours, discuss specific concerns in a supportive environment and receive individualized assistance to meet the needs of you and the children in your care. The members of our Professional Development team WILL COME TO YOU to provide the service and it is FREE OF CHARGE.

For more information or to set up a technical assistance visit, please contact Willetta Bolinger or Leann Andrew at 304-637-2840 or 1-877-862-3103. You can also reach us via email at Willetta.J.Bolinger@wv.gov or Leann.M.Andrew@wv.gov.

Changes to Child Care Subsidy Policy

Leann Andrew, Assistant Program Director

Effective Nov. 1, 2013, some things will be changing with the WV State Child Care Policy. There are key changes in the documentation that we are required to obtain regarding child support from families. Families will now have to provide the following documentation to verify child support: Documentation from the Bureau of Child Support Enforcement; documentation of filing with Family Court; or documentation that child support is being pursued through a private attorney.

All families will be required to submit certified birth certificates for each child in care. Families will only have 13 days from the date of application to submit the birth certificates. If a client would have any questions regarding their case and what information will be required upon application, they should call their local MountainHeart office to discuss this with a case manager.

Child care policy can be viewed at: <http://www.wvdhhr.org/bcf/ece/earlycare/policy.asp>.



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Dress – Up Corner

Cheryl Wolfe, TRAILS E.C.Specialist



Playing dress-up is one of the most creative children activities that can fill those long days in the cold winter months. But there's more to just changing outfits when children dress up. Exploring the different roles in society while playing dress-up can help them understand the world around them. When children get into dress-up, their imaginations can transform them into whatever they want to be.

Maybe your child is afraid of the doctor or is getting ready to go to the hospital, playing "doctor or nurse" dress-up a few days may ease the anxiety that he or she feels. Dressing up as a construction worker can educate your child on knowing how his house was built piece by piece by using a hammer and screw-driver.



Amelia, my granddaughter, wants fancy clothes and a baby for every dress-up outfit. She may be exploring adult's roles such as a teacher, child-care professional, or just a great mommy to be one day.

Joshua, my grandson, wants to be a superhero because of the super powers. Spiderman or Superman may have great power but also have great responsibilities. Letting your child do great acts of good and kindness can instill a little pride and responsibility in him or her as they grow into adulthood.

You can create an instant "dress-up corner" for your imaginative children by selecting items that can serve several functions. A bath towel or receiving blanket can be a cape or table cloth. A flimsy elastic waist skirt can become a bride's veil. Sunglasses, long gloves, and strands of beads are things that are taking up space in drawers. Hats, aprons, shoes, purses, and scarves are all important items for the "dress up corner."

So think twice before throwing out that hat you never wear or tossing the scratched pair of sunglasses. Not only may they be the next coveted piece in the "dress-up corner", they might help your child make better decisions in his or her future!



Keeping Current!

Sarah Hicks, RN

I've been working as a registered nurse for over 11 years now. That makes me a spring chicken to some, and a seasoned professional to others. Personally, I'm not sure where I would "categorize" myself! I do know that trends, medications, treatments, and research in health care change at warp speed. So when it comes to dealing with children's health, it really doesn't matter if you are new or have been there done that, because things change FAST!

Keeping up with all the changes can be difficult. I'm currently in graduate school working towards my Master's degree in Nursing. One of the biggest surprises I've found during my studies (and in my job) is the large number of ideas in health care that had been seen as best practice in the past, are now NOT best practice at all! You may be asking yourself, "I'm not a health professional, how can I keep up to date on the latest best practices in children's health?"

A great example of change in health care practice is the trend of changes for infant sleep. Practice has moved from tummy sleep to back sleeping for quite some time, but many other pieces have since been added to the recommendation. The focus is now on providing a safe sleep environment, not just infant sleep position. "Pacifier or no pacifier?" "Blanket or no blanket?" "Can we lay babies on their sides?" "What are the current recommendations?"

You can keep current on children's health by using your Child Care Nurse Health Consultant for any questions you might have. We are here to help! We may know the answer right away, but often times we look things up to make sure we are giving the latest best practice advice. You could also attend our professional development trainings. We try to make sure our trainings contain the latest research and relevant best practices. I will be providing training on Safe Sleep this quarter to help with any questions you may have on the current infant sleep recommendations, but be on the lookout for other trainings we offer that can help you to stay up-to-date on the many best practices in children's health!



News from the West Virginia Family Child Care Association FREE! FREE! FREE! FREE!

Have you joined our association yet? Membership is FREE. Yes, I said FREE! Your local Resource and Referral agency may be able to pay for your membership with grant money (pending availability of the funds). All you have to do is complete the grant paperwork (which can be obtained on their website) & abide by the grant rules and you will be eligible for great benefits through our association. We can help you fill the paperwork if needed. We have a new hard working board that wants to help you provide quality child care. Join today by visiting our website at <http://www.westvirginiafamilychildcare.com> or call 304-634-5545.

We look forward to working with you!





Can I Be Paid for a Child Who is Not in My Care?

Diana Gillispie, Supervisor

The answer is YES! For periods in which the parent(s) are unable to participate in their qualifying activity, i.e. work or school, interim child care may be approved.

Interim care can be allowed for such events as temporary employment shutdowns and for school breaks less than 45 days in length. For example, if the parent is unable to work because the factory is closed temporarily, and the shutdown is too short to warrant looking for a new job (less than 45 days), the parent would be eligible for interim care. Also, if the parent has a break from school, that is less than 45 days in length, such as a normal winter break or Spring Break, the parent would be eligible for interim care. Remember the regular summer break from most schools of higher learning, colleges and universities, is more than 45 days so parents would NOT be eligible for interim care during the Summer Break. Parents would be required to obtain a summer activity such as work, to remain eligible for child care subsidy. Jury duty is also an allowable activity for interim care.

Interim care cannot be approved if the parent(s) are absent from a qualifying activity that exceeds 45 days, or for any illness, or extreme weather conditions.

Remember, as a provider, you may only bill for up to 15 days of interim care for the length of the break and ONLY for days that the child would have normally been in your care. For example, if you would normally have the child Monday through Friday, you may not bill for Saturday and Sunday because the child would not normally have been in your care on those days.

VERY IMPORTANT! The child's attendance during interim care is at the parent's discretion. However, parents MUST advise you of their intention to attend or not attend so that you can make staffing arrangements as necessary.

If you have questions about interim care, please contact your local MountainHeart Case Manager or Supervisor.



Volunteers Sought for Professional Development Advisory Council

If you are interested in participating on the Professional Development Advisory Council (PDAC) or would like more information, please call the Elkins office at (304) 637-2840 or 1-877-862-3103 (toll free) and ask for Willetta or Leann. Council members assist MountainHeart in planning professional development (training) opportunities in our region. We are hoping to get a family home child care provider and/or facility provider representative on the Committee. Center directors are also encouraged to become a member of the PDAC. Those wishing to participate on the committee will be notified of the meeting dates, times, and locations.



Participants will receive WV STARS hours for attending the meeting.

Winter Activities

Willetta Bolinger, Program Director

The arrival of winter with the cold temperatures and snow often means less time outdoors for children. Child care providers and parents often wonder how they will keep the children occupied and stimulated if they cannot go outside due to the bad weather. Fortunately, there are many free or inexpensive ways to keep the children active and engaged that do not require electronics.

An activity that my four grandchildren enjoy is making up (and sometimes acting out) stories. This activity can begin in a variety of ways. One of us might suggest a topic for the story, such as a day in the jungle. Then one of the children will make up a story that takes place in the jungle. The characters in the story are usually the child telling the story, as well as their sibling, cousins and even me. Of course, the other grandchildren have to tell their version of the story and it usually gets sillier and more elaborate as they take turns.

Sometimes after we read a story, we make up our version of the story. After reading Jack and the Beanstalk, the children made up their version of the story. This included how they obtained the magic beans, fighting the giant, the thrilling escape and what they would do with the golden eggs. Of course, acting out the scenes as it was being told resulted in lots of hysterical laughter!

There are many other free activities that you can enjoy. A few ideas are: Creating shadow animals in a darkened room by using a flashlight and your hands; playing board games; tic-tac-toe; dominoes; charades; having a snow ball fight with wads of paper, writing and illustrating an original story; writing and performing a song; having a treasure hunt.

So when the wind is howling, the snow blowing and the mercury drops, tap into your imagination and childhood memories to create wonderfully fun experiences for the children in your care.





Music and Movement

Wendy Wolford, Early Childhood Specialist



The value of music is important to young children’s development. Music allows children to use their imaginations and creativity. In many child care settings, children are chanting, clapping, marching, skipping and dancing. They are involved in all kinds of music and movement activities. Not only are music and movement fun aspects of childcare, they can also be very beneficial to children.

When children participate in music and movement, many areas of the brain are activated. Did you know music and movement can help boost memory and help children retain information they learn? In addition to brain development, music and movement also aids in physical development.



“What you don’t see with your eyes, don’t invent with your mouth.” Jewish Proverb

“Leading Children into Healthy, Happy Lives” Provider Conference

Janet Aitchison and Cheryl Wolfe, Early Childhood Specialists



The Jefferson County Child Care Association, WV Birth to Three and MountainHeart Community Services, Inc., collaborated to present its Third Annual Conference, “Leading Children Into Healthy Happy Lives” on November 2nd. One hundred and ten providers from 6 counties received 8 hours of WV STARS registered training at the First Baptist Church in Inwood.

Staff from Centers, Facilities, Homes, Head Start and Birth to Three spent the day learning important information and new strategies to implement with the children in their care. The day began with the keynote, “Laughing Yoga”. Providers then moved to their first class, enjoyed lunch and finished the day with 2 additional classes. Topics included “Roadblocks to Play”, “Transforming the Difficult Child”, “Nourishing Our Children”, “Supporting Speech and Language Development” and “Project Learning Tree”. In addition, “Storytelling”, “Play Based Experiences”, “Caring for Children with Special Needs” and Developing Self- Esteem” were offered.



A Tragic Reminder

Willetta Bolinger, Program Director

A horrible tragedy that recently occurred in Randolph County has prompted me to write this article. A house fire took the lives of four children, their two parents and injured another family member. Local news outlets are stating that the Fire Marshall report indicates that there were not any working smoke detectors in the home.

All of us need to take the time to examine our own homes and businesses. Do we have smoke detectors installed and are they in good working order? How long has it been since you changed the batteries in them? Do we have enough smoke detectors in our homes and businesses to adequately warn us? (This is also a good time to check your carbon monoxide detectors.)

Do we have an emergency escape plan in case of fire? Do the children know what to do in the event of a fire? Does everyone know where the emergency exits are located? Do they know how to get out of them if the main exit is inaccessible? Do you need a fire escape ladder to keep up-stairs? Where will you meet in the event that you become separated?

Please take the time to think about these questions and make an emergency plan. Practice your escape plan. Check your smoke and carbon monoxide detectors to make sure that they work. If you don’t have any, purchase them. Be sure that everyone knows the escape plan. There are many educational sites to obtain additional ideas and resources. Some of the sites are:

- West Virginia State Fire Marshal’s Office www.firemarshal.wv.gov
- Home Safety Council <http://www.homesafetycouncil.org>
- Sparky the Fire Dog® (National Fire Protection Association) www.sparky.org
- FEMA for Kids <http://www.fema.gov/kids>
- Smokey Kids <http://www.smokeybear.com/kids/default.asp>

- Safe Kids Worldwide <http://www.safekids.org>
- Consumer Product Safety Commission <http://www.cpsc.gov>
- Risk Watch <http://www.riskwatch.org>
- USFA’s Kids Page <http://www.usfa.dhs.gov/kids/flash.shtm>
- Scholastic Resources www.scholastic.com/firesafety



Please share this information with the children’s parents. It could save a life. If they are unable to purchase a smoke detector due to finances, please refer them to your county’s local fire department or Family Resource Network (FRN). They may be able to assist them.

If you are a family child care provider or a facility and you need safety items, please read the article in this newsletter about the health and safety grant that is available.

Let us be prepared and educated so that we do not have to mourn the tragic deaths of anyone else.





MountainHeart News & Notes Special Announcements of upcoming events

SAVE THE DATE!



Join us in historic Williamsburg Virginia for the
65th Annual Conference
of the
Southern Early Childhood Association

Theme:
*Children's Play:
Past, Present and Future*

January 16 - 18, 2014
The Williamsburg Lodge
Williamsburg, VA



"It is clear that preschool children need direct, concrete, and high interest experiences along with well-timed guidance and instruction." Anthony and Kathleen Coletta



WHAT: Celebrating Connections

WHEN: February 18-21, 2014

WHERE: Charleston Civic Center, Charleston, WV

FOR MORE INFORMATION, PLEASE CONTACT:

www.wvearlychildhood.org/Celebrating_Connections.html

Alyson Edwards at (304) 529-7603, ext. 401

or aedwards@rvcds.org

Little Eagle Child Care and Hillside Child Care and Development Inc. 3rd Annual Child Care Conference

Saturday, March 8th, 2014
Heritage Hall in Jefferson County
Registration 8am

8 hours of WV STARS registered training
Early Intervention from Birth to Three with
Recognizing Signs & Symptoms of ADHD

The Super Fun Show featuring Shawn Brown www.superfunshow.com
cost is \$20 per person

Contact: Michele Gallihugh, Director/Owner
Hillside Child Care & Dev. Ctr. Inc.
gallihugh@citlink.net
phone number 304-535-2234



TRAILS TIPS

Janet Aitchison, TRAILS E C Specialist

Here are a few activities for you to do with your children while the snow comes down.

After story time write a group story of your own. Go around your circle and ask each child to add a sentence. Story starters: "It was the middle of January. The air was cold and....." or "If I had one million snowballs I would..." or perhaps, "We spend the entire day building the best snowman ever. Just as the sun started to set I thought I saw....."

Draw a winter scene on brightly colored construction paper. When finished, cover the entire picture by rubbing it with the side of a piece of white chalk. Explain what you are going to do so budding artists don't get upset with your addition to their masterpiece.

Have you children pretend that they are ice skating. While moving in a circle, have them glide, twirl, hold hands, tiptoe, glide backwards, fall down, etc. Remind them that they are on ice skates. Maybe take a few photos.

Put bananas and grapes in Ziploc bags. Put them out in the snow. When frozen, enjoy!



"Provide time for children to do things for themselves." David Weikart



Maintaining Infants and Toddlers Health and Safety

Shannon Nichols, Infant/Toddler Specialist

Healthy Environment

- *Washing hands frequently for at least 20 seconds using liquid soap and warm water.
- *Provide nutritious meals and snacks
- *Sanitize toys and equipment frequently (after each use if it goes in their mouth)
- *Take care of your own health
- *Provide fresh air by cracking open a window

Safe Environment

- *Prevent choking by: NOT propping bottles or using bottles to serve solid foods
- *Practice emergency plans regularly (maintain first aid and emergency evacuation kits and keep first aid and CPR trainings up to date)
- *Follow back to sleep practices to reduce the risk of SIDS (unless have written directions from a doctor to do otherwise)
- *Care for small groups of infants and toddlers and get to know their individual abilities



Infants and toddlers depend on you to meet their every need. If you can keep them safe and healthy, you're giving them a great start at developing all of the other skills necessary for successful learning.



Health and Safety Grant

Leann Andrew, Assistant Program Director

The 2013-2014 provider health and safety grant application is available on the MountainHeart website. This grant is available to family child care facilities and family child care providers who accept subsidy payments for children in their care. Child care centers are not eligible for this grant.

A child care facility may request up to \$500 to meet health and safety needs and for resources. A family child care provider may request up to \$250 to meet health and safety needs and for resources. *We highly suggest that you fulfill your licensing requirements for health and safety before requesting educational and recreational items.* Please watch our website at www.mountainheartwv.org/ccnorth for more information. Grants are based on available funding.



Welcome New MountainHeart Staff Member & Happy Retirement



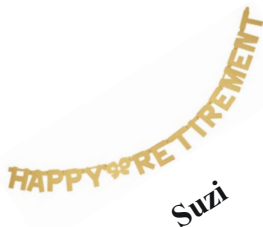
My name is Seneca Bland, I was born in Fairfax, Virginia and moved to Pendleton County, West Virginia in 2001. I graduated high school in 2008 from Pendleton County High School. Soon after graduation I moved to Harrisonburg, Virginia where I attended James Madison University. I was a double major in Justice Studies and Public Policy/Public Administration. I worked full time at Rockingham Memorial Hospital as a Pharmacy Technician while I attended college full time, needless to say I enjoy staying busy and working hard! I graduated college in December 2012, and like many college graduates wondered "what is next for me?"

My next step was to move back to West Virginia, which had always been a goal of mine because I have always desired to contribute my knowledge and abilities to this community and the children of West Virginia. I began working toward my Masters in Criminal Justice in March 2013 through an online program with Boston University, the anticipated graduation from this program will be in early 2015. I decided to pursue this degree because it just didn't feel right to not be doing any school work. As of October 2013, I began a career as a Case Manager at the Petersburg, WV office. I feel that this position is a perfect fit for my personality and skill set. I greatly enjoy working with the people in this community and feel blessed to be playing a part in the lives of the families helped by MountainHeart. I believe that all possibilities for a positive future begin with the children in our nation, therefore I feel very honored to be a member of the MountainHeart team in an effort to help children in the State of West Virginia.

Behavior Consultant Changes

After serving as the Behavior Consultant for several years, Susan Polgar has retired. We wish Suzi much happiness in her retirement.

Lori Stutts has been hired as the Behavior Consultant. Lori was previously the Case Manager in the Petersburg office. Congratulations to Lori on her new position!



My name is Lori Stutts and I am excited to be able to serve as the new Behavior Consultant for MountainHeart North. Prior to moving to West Virginia in 2011, my husband and I lived in North Carolina where we were born and raised. After graduating from the University of North Carolina at Chapel Hill with a degree in Psychology, I taught Special Education for seven years. During that time, I also became a National Board Certified Teacher as an 'Exceptional Needs Specialist' for early childhood through young adulthood. For the last two years, my husband, myself, and our two feisty cats have been glad to call West Virginia home. I have come to know many providers throughout Grant, Hardy, Mineral, and Pendleton counties over the last two years while I worked as a Case Manager with MountainHeart in the Petersburg office. In my new role as Behavior Consultant, I'm eager to visit and work with many more providers across our fifteen county region in the upcoming months!

For those of you who may not be familiar with what services a Behavior Consultant can offer, let me give you an idea of what we can do! The Behavior Consultant can assist registered child care providers with children in the child care setting who have challenging behaviors, developmental concerns, and special needs. You also can receive assistance with managing routines, schedules, and child care environment to support positive behavior. Support is offered in many forms to meet your needs, including phone conversations, current research-based articles, site visits/observations, and face-to-face discussions. We have numerous books that can be loaned out which cover a variety of topics including ADHD, classroom management, social skills, biting...the list goes on and on! Please, feel free to contact me in the Petersburg office with any questions or concerns you have at 304-257-9375 or 1-877-211-5437. Also, if you'd prefer, you can email me at Lori.C.Stutts@wv.gov. I look forward to working with you!



A Child and Their Social Journey

Melodee Price, Early Childhood Specialist

Have you ever heard yourself saying “children are harder to work with than what they were years ago?” Or “what’s the matter with today’s kids?” I think we would all agree that family and community life have changed dramatically in the last fifty years. But families in every era have dealt with poverty, stress, death, illness and emotional misunderstandings. Child abuse, racism, and people not being treated fairly have been happening throughout history. Bringing back the “good ole days” isn’t an option. Our challenge is to find ways to adapt to our changing times. This is where Erik Erickson’s theories come in. Knowing the theoretical foundations of early childhood education is critical to providing quality early care and education. Studying children is really complicated. The more we learn, the more there is to understand about the topic.

Child care providers may not need to know that Erik Erikson was born in Germany and brought us psychosocial theory of development, but child care providers will do a better job if they know that holding babies while they are feeding them helps the child to develop trust in adults. That holding babies while feeding them isn’t just in licensing and regulations to make your life more difficult but there is a real purpose behind this rule.

By coming to the training “A Child’s Social Journey in the Eyes of Erik Erikson,” you will learn how theory can be real to the child care provider as it relates to your everyday work with the children. You will understand that child development theory makes your days with the children smoother, your job easier, and the program stronger. Call the Elkins office at 1-877-862-3101 to register for this training that will help you understand a child’s social development as it relates to Erik Erikson’s respected theories.



Where’s My Payment?

Krista Hiner, Supervisor

Subsidized child care providers submit monthly payment requests to their local CCR&R where the request is reviewed then processed. The state Auditor’s office writes the checks, then the DHHR Finance office prepares them for mailing.

If payment cannot be made because of case closure, denial of an application or client’s failure to notify the agency of provider change, our staff will notify you in writing that payment cannot be made.

An important aspect of payment processing includes auditing of the forms by our staff to determine billing form discrepancies. To address the use and billing of unauthorized days and times, a notice will be sent to you to remind you to refer to the time and schedule limits on the child care certificate when preparing your billing forms.

Common types of errors that may delay your payment include missing parent signatures, times, and designation of AM/PM.

In some instances, the incorrect box is marked in the column for the number of hours per day or the total number of days possibly transferred to the payment request incorrectly. It is imperative that you review each attendance form and payment request prior to submission to our agency so as to reduce any chance of delay in your payment.

If an audit of the payment forms indicates errors, we may require correction to those particular errors before processing payment, which in turn may delay your payment for the children of which the error has been found.

Child Care Providers will from time to time make errors in completing Requests for Payment or accidentally breach the services agreement. Consistent inability to comply with the appropriate procedures or terms of the service contract will be addressed with a corrective action plan.

A corrective action plan for billing errors includes first, second and third offenses as a result of consistent errors and may include the need for a conference to discuss the issues at hand and/or re-training on the payment procedures. Providers with a history of non-compliance will be subject to the cancellation of their provider services agreement.

The accuracy of your records is paramount. Your signature certifies that this is an accurate record of the attendance of all children in care.

Team MountainHeart would like to assist you by offering “This Provider is in a Pickle” training regarding the subsidy program. Refer to the training calendar for a training offered near you.



MountainHeart News & Notes

Sherrie Barrett, ACDS State Coordinator
ACDS Instructors Academy

The Apprenticeship for Child Development Specialist (ACDS) is accepting applications for the annual Instructor's Academy to be held June 23 – 27, 2014. Participants must complete an intensive five day training to teach the ACDS class. They must also attend a one day update every other year to continue certification. (See website for requirements.)

From a personal perspective, being an instructor is a wonderful experience. It is very rewarding to witness the growth and development of students as they begin the program to completing fourth semester and then ultimately graduating. Many gain the confidence to continue their education and receive their associate and/or bachelor's degree. What a testament of the success of the program! If you are interested in this wonderful opportunity to continue your professional development and sharing your knowledge, please contact Sherrie Barrett at 304-523-0433 or sbarrett@rvcds.org.

ACDS Journey person (Graduate of the ACDS program)

An ACDS Journey person is a graduate of the program and has received their official Department of Labor certificate. Once your certificate is received, you're eligible to attend Journey person trainings. Typically, two are held each year in various parts of the state. The trainings focus on the most recent research and information relevant to early childhood professionals. Participants receive WV STARS training hours as well as a \$50.00 stipend. If you are a graduate of the ACDS program and are not receiving information for these trainings, please contact Sherrie Barrett at 304-523-0433 or sbarrett@rvcds.org.

The West Virginia Family Child Care Association is excited to announce that we now have 3 local family child care associations: Fayetteville, Kanawha, and Cabell-Wayne. We would love to get a local association started in your community so that you can meet with peers that understand what you experience in your family child care home or facility. Please contact the WVFCCA if you need any help at all. We are here to help you be your best! Visit us online, on Facebook, or call. We look forward to hearing from you.

Call: 304-634-5545 or tp://www.westvirginiafamilychildcare.com

Always leave enough time in your life to do something that makes you happy, satisfied or even joyous. —Paul Hawken

Do you work in child care and need or want to obtain your degree in early education?



T.E.A.C.H. Early Childhood® WEST VIRGINIA can help!

Scholarships available:

| <u>Associate Degree</u> | <u>Bachelor's Degree</u> | <u>Pre-K</u> |
|-------------------------|--------------------------|-------------------|
| Child Care Center | Child Care Center | Child Care Center |
| Family Child Care | Family Child Care | Family Child Care |
| Head Start | Head Start | Head Start |

All scholarships include: tuition assistance, partial book reimbursement, travel stipend, paid release time and a bonus for completing the scholarship!

Contact 304-529-7603 or www.wvearlychildhood.org for more information

T.E.A.C.H. Early Childhood WEST VIRGINIA is a licensed program of Child Care Services Association



Mind in the Making

Mind in the Making is a 12 module learning process that uses research on children’s development on how children learn and how child care providers can encourage engaged learning. It is composed of 30 hours of class time and 15 hours of homework that will equal 45 STARS registered training hours. The Modules are based on research about teaching and learning. During each module there will be lecture, videos, discussion, hands on activities to complete both individually, with a learning partner or in a group. Some of the topics will include understanding temperament, building confidence and competence, encouraging curiosity and problem solving, memory and learning, creating communities of learners and more. Mind in the Making is for child care providers who work with children in their home, facility or center. *You must be registered with STARS before beginning the modules.* Upon completion of all 12 modules with the homework assignments, you will receive a training certificate. This will cover your required amount of training hours for two years. You will also receive 12 children’s books that cost close to \$150.00.

Those interested in participating in this professional development opportunity need to call Melodee Price in the Elkins office at 1-877-862-3103 toll free or 304-637-2840. A scholarship form will then be mailed to you to complete your registration for the class. Deadline will be Friday, January 10th to register.

Stockert Youth Center : 79 East Main Street, Buckhannon 26201

February 7, 2014(Friday)-10:30-12:00
February 14, 2014 (Friday)-10:00-3:00
February 21, 2014 (Friday)-10:00-3:00
February 28, 2014 (Friday)-10:00-3:00
March 7, 2014 (Friday)-10:00-3:00
March 14, 2014 (Friday)-10:00-3:00
March 21, 2014 (Friday)-10:00-3:00

Mind in the Making Overview, for Directors
Module 1 and Module 2
Module 3 and Module 4
Module 5 and Module 6
Module 7 and Module 8
Module 9 and Module 10
Module 11 and Module 12



“The game of life is the game of boomerangs. Our thoughts, deeds, and words return to us sooner or later, with astounding accuracy.”
Florence Shinn



Family Child Care Listserv

Melanie Clark, Program Manager

Division of Early Care and Education The Division of Early Care and Education has created a listserv for family child care providers. This listserv will allow the Division of Early Care and Education to send information more quickly that will help you to better serve the children in your care. This listserv will be a closed listserv and your email address will not be shared with other agencies. Only information that has been approved by the Division of Early Care and Education will be sent out on the listserv. Some examples of what might be sent on the listserv include grant opportunities (when available), professional development opportunities, or information regarding child care from the federal or state level.

In order to have your email address added to the new Family Child Care Listserv, simply send an email to me at Melanie.A.Clark@wv.gov with the subject line **ADD LISTSERV**.

We look forward to working with you!

Tentative Schedule for Future WVIT I & II Classes

If you are interested in attending the West Virginia Infant Toddler program, please contact Shannon Nichols in the **Weston office at 1-866-232-9227** for more information. Space is limited and filled on a first come-first serve basis. The county with the most providers interested will likely be the county/ counties in which class will be held.

November 2013-February 2014– Barbour, Lewis, Upshur, or Randolph County (5 Person Minimum)

March-June 2014- Berkeley or Jefferson County (5 Person Minimum)

July-October 2014- Grant, Hardy, or Mineral County (5 Person Minimum)

If the listed minimum is not met at session 1, the course will not continue.





APPLICATION MUST BE RECEIVED PRIOR TO

March 31, 2014

MountainHeart Child Care Resource & Referral

Health & Safety Grant Application

for Subsidized Family Child Care Home Providers and Facilities

Region V

Eligibility Requirements:

Family Child Care Homes that are currently registered with WV DHHR and accepting child care subsidy certificates may apply for grant funds up to \$250.00 once per fiscal year. (Grants up to \$500.00 *may* be approved if both the WV DHHR Child Care Regulatory Specialist Supervisor *and* the CCR&R Agency agree that the grant is necessary to assist the provider in meeting registration requirements.)

Family Child Care Facilities that are currently registered with WV DHHR and accepting child care subsidy certificates may apply for grant funds up to \$500.00 once per fiscal year.

To Apply:

Complete the attached application. Be sure to read the directions carefully.

Attach a copy of your Corrective Action Plan, if necessary.

Make a copy for yourself.

Mail the application to your local Child Care Resource & Referral Agency:

MountainHeart Community Services

Attention: Leann Andrew

1200 Harrison Ave., Suite 220

Elkins, WV 26241

What happens next:

An award letter will be mailed to you after your application has been approved by your local CCR&R Agency. A check for the grant funds will follow.

Purchase approved items.

Return copies of your receipts within 30 days of receiving your grant check to the Elkins MountainHeart office.

A letter of explanation will be sent if a grant application is denied.

Any provider failing to return receipts for purchase shall not be eligible for subsequent grants as per Division of Early Care and Education. DO NOT PURCHASE ITEMS UNTIL YOU RECEIVE AN AWARD LETTER FROM MOUNTAINHEART.

MountainHeart reserves the right to award or deny grant applications on a case by case basis or based upon the availability of funds. If provider is closed within one year or less of receiving a grant, items must be returned or reimbursed to MountainHeart.



Section I:

Name: _____ County: _____ Telephone # _____

Address: _____ City: _____ State: _____ Zip: _____

Please check one:

_____ Registered Family Child Care Home

_____ Registered Family Child Care Facility

Section II:

Please list the items that you wish to purchase, their cost, and the name of the store where they will be purchased. If the requested items are required as part of a Corrective Action Plan (CAP) established by a WV DHHR Child Care Regulatory Specialist, a copy of the CAP must be attached and submitted with this application as verification. Please note: You need to fulfill your Health and Safety requirements before requesting any additional resources.

| Items and/or materials needed: | Cost: | Purchase Location: | CAP Requirement? Y or N |
|--------------------------------|-------|--------------------|-------------------------|
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Total Amount Requested: \$ _____

Section III: Acknowledgement

Please read and initial next to the following statements:

_____ Everything in this statement is correct to the best of my knowledge.

_____ I understand that grants are awarded based on the availability of funds.

_____ I understand that the money awarded from this grant may only be used to purchase the approved items listed in Section II.

_____ I understand that all items purchased must be used to meet WV DHHR health, safety, and program requirements including curriculum materials used to promote the healthy growth and development of children in my care.

_____ I understand that I may not purchase items until I receive an award letter from MountainHeart Community Services.

_____ I understand that if I do not submit my receipts within 30 days after I receive the grant check, I will not be eligible for a grant in the 2014-2015 grant year.

Applicant's Signature: _____ Date: _____

For Agency Use Only:



Approval: _____ Amount of Grant: _____



TRAINING TOPICS OFFERED JANUARY – MARCH 2014

A Child's Social Journey In The Eyes of Erik Erikson. Core Knowledge Area: Child Growth and Development. Tier III. Come to this training to learn how theory can be real to the child care provider as it relates to your everyday work with the children. Melodee Price, will help you understand that child development theory makes your days with the children smoother, your job easier, and the program stronger.

Be Choosy, Be Healthy WV Kit Training – Core Knowledge Area: Health, Safety, and Nutrition. Tier II. CHOOSY stands for Choosing Healthy Options Often and Start Young! This 3 hour training will help you learn how to use the free CHOOSY Kit your classroom will be eligible for if you attend the training. The kit includes a teacher's guide, music CDs, posters, and materials to help you implement the CHOOSY program. The CHOOSY program/kit helps you to teach the children in your classroom about choosing a healthy lifestyle through being physically active and choosing healthy foods. Participants must register by contacting Sarah Hicks, Nurse Health Consultant at shicks@rvcds.org or by calling 304-972-6200.

January 7, 6-8pm Berkeley Co., January 8, 9-11 Jefferson Co., January 28, 5:30-7:30 Randolph Co.

Making a Difference. Core Knowledge Area: Health Safety, and Nutrition. Tier I. This training will count towards two hours of child abuse and neglect that is required of center based staff within the first six months of employment; according to child care center regulations. Sarah Hicks, RN will help you to know when and how to facilitate a family's linkage to assistance and support before child maltreatment occurs. This training will focus more on preventative measures in regards to child abuse and neglect.

Medication Administration Recertification Program. Core Knowledge Area: Health, Safety, and Nutrition. Tier II. Sarah Hicks, RN will provide a two hour program that updates the skills and knowledge the learner gained in the Original Medication Administration Program. It also reviews important points covered in the original course. *Only those that have taken the STARS registered original Medication Administration course will be allowed to take the Recertification training. Those that have never taken the original STARS registered Medication Administration course are NOT eligible to take the 2 hour Recertification course, and should take the 4 hour Original Course.*

Music and Movement. Core Knowledge Area: Curriculum. Tier II. Join Wendy Wolford for this training which will teach childcare providers the importance of using music and movement in their childcare setting.

Positive Interactions and Family Style Meals. Core Knowledge Area: 1 hour Positive Interactions and Relationships and 1 hour Health, Safety and Nutrition. Tier II. This training will help you to understand the benefits of family style meals with the children. You will learn best practice when using family style meals and will understand the skills that the children are experiencing when practicing serving themselves.

This Provider is in a Pickle! Core Knowledge Area: Program Management. Tier I. This session will teach child care providers how to identify common errors in required documentation and how to accurately complete and maintain required records. The training will also assist child care providers in developing an organizational plan for keeping and maintaining accurate records.

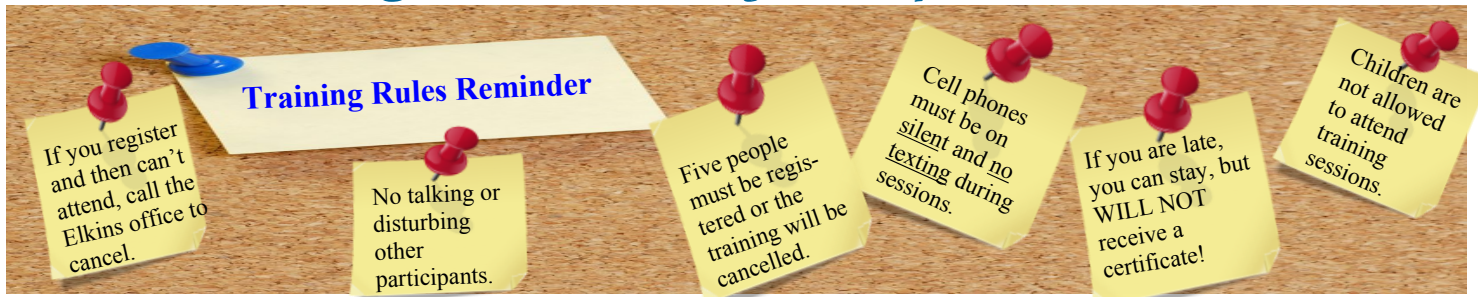
Understanding Personalities is Key! Core Knowledge Area: Program Management. Tier II. Wendy Wolford will cover Personalities! We all have one! The more we know about our own personality traits and the traits of others, the more effective we will be. We can better relate to everyone in our lives: family, children, co-workers, friends and neighbors. During this training, we will explore four personality types and the characteristics of each. We will discover how personality affects not only our behavior but how we react in everyday situations.

Friendly Reminder

Don't forget to review the Health & Safety Grant application on page 10-11 cut it out, fill in all information and return to Leann Andrew at the Elkins office.



Training Calendar for January - March 2014



Barbour County

Wee Train Christian Day Care Center: PO Box 36, Junior, 26257

A Child's Social Journey in the Eyes of Erik Erickson

1/27/14 (Monday)

6:00-8:00

Philippi Baptist Church: 107 Church Street, Philippi 26416

This Provider is in a Pickle

3/04/14 (Tuesday)

6:00-8:00

Music and Movement

3/13/14 (Thursday)

12:00-2:00

Understanding Personalities is the Key

3/13/14 (Thursday)

2:00-4:00

Berkeley County

Shepherd University-Martinsburg 261 Aikens Center, Martinsburg, 25404-6203

This Provider is in a Pickle

1/9/14 (Thursday)

6:00-8:00

James Rumsey Technical Institute: 3274 Hedgesville Road, Martinsburg, 25403

A Child's Social Journey in the Eyes of Erik Erikson

1/15/14 (Wednesday)

12:00-2:00

Positive Interactions and Family Style Meals

2/12/14 (Wednesday)

12:00-2:00

Medication Administration Recertification Program

3/26/14 (Wednesday)

3:30-5:30

Making a Difference

3/26/14 (Wednesday)

6:00-8:00

Leap of Faith Child Care Center: Falling Waters, 25419

Music and Movement

1/22/14 (Wednesday)

12:00-2:00

Understanding Personalities is the Key

2/24/14 (Monday)

12:00-2:00

Grant County

Grant County Public Library: 18 Mountain View Road, Petersburg 26847

Music and Movement

1/17/14 (Friday)

10:00-12:00

Understanding Personalities

1/17/14 (Friday)

12:30-2:30

This Provider is in a Pickle

2/19/14 (Wednesday)

5:30-7:30

Hampshire County

EACHES Head Start: Romney, 26757

Medication Administration Recertification

1/10/14 (Friday)

9:00-11:00

Making a Difference

1/10/14 (Friday)

12:00-2:00

A Child's Social Journey in the Eyes of Erik Erikson

1/24/14 (Friday)

1:30-3:30

Hardy County

Hardy County Child Care Center: 1989 State Road 55, Moorefield, 26836

A Child's Social Journey in the Eyes of Erik Erikson

1/10/14 (Friday)

12:00-2:00

Positive Interactions and Family Style Meals

1/31/14 (Friday)

12:00-2:00

Jefferson County

Jefferson Co. DHHR: 239 Willow Spring Drive, CharlesTown, 25414

This Provider is in a Pickle

1/7/14 (Tuesday)

12:00-2:00

A Child's Social Journey in the Eyes of Erik Erikson

1/21/14 (Tuesday)

11:00-1:00

Medication Administration Recertification Program

3/27/14 (Thursday)

9:00-11:00

Making a Difference

3/27/14 (Thursday)

11:30-1:30

Lewis County

Lewis County Board of Ed. Building: 239 Court Ave., Weston, 26452

This Provider is in a Pickle

1/21/14 (Tuesday)

6:00-8:00

Music and Movement

2/17/14 (Monday)

10:00-12:00

Understanding Personalities is the Key

2/17/14 (Monday)

12:30-2:30



Training Calendar for January-March 2014 continued

Mineral County

Mineral County Health Department: Harley Stagers Senior Drive, Keyser, 26726

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|------------------------------|------------------|-------------|
| This Provider is in a Pickle | 1/27/14 (Monday) | 5:30-7:30 |
| Music and Movement | 3/24/14 (Monday) | 10:00-12:00 |
| Understanding Personalities | 3/24/14 (Monday) | 12:30-2:30 |

Keyser Wee Care Day Care Center: 2084 New Creek Way S. Keyser, 26726

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|---|------------------|-----------|
| Medication Administration Recertification Program | 2/4/14 (Tuesday) | 6:00-8:00 |
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Morgan County

Morgan Co. DHHR: 62 Regal Court, Berkeley Springs 25411

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| Positive Interactions and Family Style Meals | 3/12/14 (Wednesday) | 11:00-1:00 |
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Preston County

Preston Co. DHHR: 1851 Veteran's Memorial Hwy. Kingwood, 26537

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|--|--------------------|-------------|
| Positive Interactions and Family Style Meals | 3/13/14 (Thursday) | 10:00-12:00 |
| Music and Movement | 3/17/14 (Monday) | 10:00-12:00 |
| Understanding Personalities is the Key | 3/17/14 (Monday) | 12:30-2:30 |

Wesley Methodist Church: 107 West High St. Kingwood, 26537

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|------------------------------|-------------------|-----------|
| This Provider is in a Pickle | 3/18/14 (Tuesday) | 6:00-8:00 |
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Pendleton County

Pendleton Co. DHHR: HC 61 Box 18-B, Suite 200 Franklin, 26870

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| Positive Interactions and Family Style Meals | 1/14/14 (Tuesday) | 12:00-2:00 |
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Randolph County

Youth Health Service, Inc. 971 Harrison Ave. Elkins, 26241

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|---|-------------------|-------------|
| Medication Administration Recertification Program | 1/4/14 (Saturday) | 8:00-10:00 |
| Making a Difference | 1/4/14 (Saturday) | 10:00-12:00 |

Days Inn: 1200 Harrison Ave. Elkins, 26241

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|--|--------------------|-------------|
| Positive Interactions and Family Style Meals | 3/29/14 (Saturday) | 8:00-10:00 |
| A Child's Social Journey in the Eyes of Erik Erikson | 3/29/14 (Saturday) | 10:00-12:00 |
| Music and Movement | 3/29/14 (Saturday) | 1:00-3:00 |

Randolph County DHHR: 1027 North Randolph Avenue, Elkins, 26241

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|------------------------------|--------------------|-----------|
| This Provider is in a Pickle | 1/23/14 (Thursday) | 6:00-8:00 |
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Taylor County

Taylor County Public Library: 200 Beech Street, Grafton, 25354

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| Positive Interactions and Family Style Meals | 3/20/14 (Thursday) | 10:00-12:00 |
| Music and Movement | 1/9/14 (Thursday) | 12:00-2:00 |
| Understanding Personalities is the Key | 2/6/14 (Thursday) | 10:00-12:00 |

Tucker County

Tucker County Family Resource Network: 501 Chestnut Street, Parsons 26287

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|--|------------------|------------|
| Music and Movement | 2/4/14 (Tuesday) | 9:00-11:00 |
| Understanding Personalities is the Key | 2/4/14 (Tuesday) | 12:00-2:00 |

Tucker County Family Resource Network: Davis Street, Davis 26260

| | | |
|--|-----------------|------------|
| Music and Movement | 3/3/14 (Monday) | 9:00-11:00 |
| Understanding Personalities is the Key | 3/3/14 (Monday) | 12:00-2:00 |

Upshur County

Stockert Youth Center: 79 East Main Street, Buckhannon 26201

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| Mind in the Making Modules | See Article | |
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MountainCAP: 26 N. Kanawha Street, Buckhannon 26201

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|---|---------------------|-----------|
| Medication Administration Recertification Program | 2/26/14 (Wednesday) | 6:00-8:00 |
|---|---------------------|-----------|

To register for trainings, please call the Elkins office at 1-877-862-3103 or 304-637- 2840. You must register at least 5 days before the scheduled training. If schools are closed in the county that a training is being held, the training is automatically cancelled, but will be rescheduled for a later date.



News From The Heart

Visit us at: www.facebook.com/#!/mountainheartwv

Come visit us at: www.mountainheartwv.org/ccnorth

The best of all gifts around any Christmas tree is the presence of a happy family all wrapped up in each other.

Wishing you and your family, Happy Holidays and a Happy New Year.

— MountainHeart Staff

MOUNTAINHEART
Community Services, Inc.

Child Care Resource & Referral Division

1200 Harrison Avenue, Suite 220

Elkins, WV 26241