MountainHeart Community Services, Inc.
"Together We Can"

Dreama D. Padgett, CEO
Margaret Younce, Program Director

Child Care Chronicles

A Newsletter of MountainHeart South

For All Providers of Child Care

Come visit us at: http://ccsouth.mountainheartwv.org Summer 2018

"Working Together with Individuals, Families and Communities to Provide Resources for a Better Life."

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MHCCR&R is funded through a grant from DHHR, Bureau for Children and Families, Division of Early Care and Education. MHCCR&R was established in 1992.

WEST VIRGINIA Department of Health & Human Resources

Professional Development Calendar July-September 2018

Braxton County/Robbins Nest Child Care, 49 Robbins Nest Lane, Sutton

August 29, 2018	5:30pm-7:30pm	Investing in After School Children

Fayette County/Fayette County DHHR-1400 Virginia St., Oak Hill

August 7, 2018	10:00am-3:00pm (with lunch break)	No, You're Not Out

Greenbrier County/Workforce WV-330 Red Oaks Shopping Center, Ronceverte

July 12, 2018	5:00pm-8:00pm	Medication Administration
August 23, 2018	**10:00am-3:00pm (with lunch break)**	**No, You're Not Out**
August 30, 2018	10:00am-12:00pm	Parent Caregiver Relationship

McDowell County/Workforce WV-110 Park Ave., Welch

July 12, 2018	10:00am-12:00pm	Exploring the Possibilities of Learning Centers
	1:00pm-3:00pm	Investing in After School Children

Mercer County/MountainHeart Office-1411 N. Walker St., Princeton

July 23, 2018	10:00am-12:00pm	Exploring the Possibilities of Learning Centers
	1:00pm-3:00pm	Investing in After School Children
August 1, 2018	**5:00pm-8:00pm**	**Medication Administration**
August 16, 2018	10:00am-3:00pm (with lunch break)	No, You're Not Out
September 6, 2018	**10:00am-12:00pm**	**Parent Caregiver Relationship**
September 27, 2018	10:00am-3:00pm (with lunch break)	Making Friends one Day At a Time

Monroe County/Monroe Child Care Center, 60 Shankin Ave., Union

August 8, 2018	6:00pm-8:00pm	Exploring the Possibilities of Learning Centers

Nicholas County/MountainHeart Office-1020 Broad St., Summersville

Sept. 17, 2018	6:00pm-8:00pm	Disaster Preparedness (Module 1 of 6 module training) See page 4 for more information

Nicholas County/Friends R Fun, 70 Friends R Fun Dr., Summersville

Sept. 11, 2018	6:00pm-8:00pm	Exploring Culture and Diversity in Child Care

Pocahontas County/McClintic Public Library, 500 8th St., Marlinton

August 22, 2018	10:30am-3:30pm (with lunch break)	No, You're Not Out

Raleigh County/MountainHeart Office 229 Ragland Rd., Beckley

July 11, 2018	5:30pm-7:30pm	Oral Health for Children
July 26, 2018	**10:00am-12:00pm**	**Exploring the Possibilities of Learning Centers**
	1:00pm-3:00pm	Investing in After School Children
August 3, 2018	10:00am-12:00pm	Parent Caregiver Relationship
Sept. 4, 2018	**5:00pm-8:00pm**	**Medication Administration**
Sept. 25, 2018	10:00am-3:00pm (with lunch break)	Making Friends One Day at a Time

Summers, Webster, Wyoming Counties/See Trainings for other counties

Professional Development Topics in Alphabetical Order

Topic: Disaster Preparedness
Core Competency: Health, Safety and Nutrition
Target Audience: All Ages **Course Group:** Intermediate
WVELSF: All domains.
Summary: This 6 class module will help providers be prepared for the unexpected. When any type of disaster strikes, the smallest are the most affected. Children depend on adults who care for them to keep them safe when they can not handle the adjustments necessary. See next page for more information.

Topic: Exploring Culture and Diversity in Child Care
Core Competency: 2 hrs. Family and Community Relationships
Target Audience: All Ages **Course Group:** Intermediate
WVELSF: All domains.
Summary: This session will look at intentional teaching strategies and hands-on activities that focus on cultural diversity in childcare settings. Children begin their understanding of the world around them by first interacting within their own families, neighborhoods, and schools. By using this knowledge, participants will expand their awareness of diverse beliefs and cultures among the population of today's children.

Topic: Exploring the Possibilities of Learning Centers
Core Competency: 1 hr. Child Observation and Assessment; 1 hr. Environment and Curriculum
Target Audience: Early Pre-K, Pre-K and School Age **Course Group:** Advanced
WVELSF: All domains
Summary: Learning centers are a purposeful way of dividing up your classroom into different subject/learning areas. The location of each learning center, placement of any furnishings or equipment, and easily available materials give a clear message to the child about what is to take place in that area. This professional development session will help provide you with ideas for your child care center, facility, or home child care program.

Topic: Investing in After School Children
Core Competency: 1 hr. Child Growth and Development; 1 hr. Environment and Curriculum
Target Audience: School Age **Course Group:** Advanced
WVELSF: All domains
Summary: Let's not forget the after-school children and their environment. An effective afterschool program can bring a wide range of benefits to youth, families and communities. Afterschool programs can enhance academic performance, reduce risky behaviors, promote physical health, and provide a safe, structured environment for the children. This session will look at ways of enhancing a quality after school program in your child care center, facility, or home.

Topic: Making Friends, One Day at a Time
Core Competency: 2 hr. Family and Community Relationships; 2 hr. Health, Safety and Nutrition
Target Audience: Adult **Course Group:** Intermediate
WVELSF: Social and Emotional Development: Standard 2, 3
Summary: How Do You Make a Friend? What makes you a good friend? How do we say "sorry" when we hurt someone else's feelings? In this session participants will look at their environment in their centers, facilities and homes. They will learn new strategies to help guide their children in their everyday interactions with their peers in making and keeping friendships.

Topic: Medication Administration
Core Competency: 3 hrs. Health, Safety and Nutrition
Target Audience: Adult **Course Group:** Intermediate
Summary: Mandatory for centers and facilities every 3 Years. There needs to be one person in the location that is trained to administer medication.

Topic: Mind in the Making
Core Competency: Child Growth and Development, Family and Community Relationships, Observation and Assessment, Environment and Curriculum, Professionalism (Totally 45 hours)
Target Audience: Course Group:
Summary: This 11 part module series uses research on child development including classic and recent studies on how children learn and how teachers can encourage learning

Topics continued on the next page

Topic: No, You Are Not Out
Core Competency: 1 hr. Family and Community Relationships
Target Audience: All Ages **Course Group:** Intermediate
WVELSF: Social and Emotional Development: Standard 2, 4; Health aand Physical Development: Standard 1, 2, 3, 4
Summary: Everyone who plays games with children quickly learns a fast lesson: how important it is for them to win. This session will look at cooperative games and the importance of them in centers, facilities and homes. Cooperative games help build confidence and self-esteem as players participate, collaborate, and communicate with peers.

Topic: Oral Health **Core Competency:** 2 hrs. Health, Safety and Nutrition **See Page 6 for more information**

Topic: The Parent/Caregiver Relationship
Core Competency: 2 hrs. Family and Community Relationships
Target Audience: Infant/Toddler Caregivers **Course Group:** Beginners
WVELSF:
Summary: Participants of this session will gain an understanding of the protective urges and feelings that they have for themselves and for the families they work with. Participants will also learn strategies to help ease a family's anxiety when placing children in a childcare setting.

Save the Children.

www.SavetheChildren.org

Child Care Emergency Preparedness Trainings

ChildCare Aware®

When any type of disaster strikes, the smallest are the most affected. Children depend on the adults who care for them to keep them safe when they can not handle the adjustments necessary. This 6 week module class will help providers be prepared for the unexpected by receiving information on necessary supplies , crucial safety advice, and special care that may be needed.

"Caring for children is serious business, and their safety should be one of our top priorities. Each day in the United States more than 69 million children are cared for outside the home. For child care providers, the most important job is to protect the children in care."

(Taken from Child Care Aware book Unique Needs of Children in Emergencies; Save the Children; Washington, DC.)

Location: Nicholas County/MountainHeart Office-1020 Broad St., Summersville
Time: Monday's from 6:00pm-8:00pm weekly (see dates below)

September 17, 2018	Module 1	**October 8, 2018**	Module 3
September 24, 2018	Module 2	**October 22, 2018**	Module 4
October 1, 2018	Module 2 continued	**October 29, 2018**	Module 4 continued

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Second Annual
FAMILY CHILD CARE SUMMIT
Save the Date/October 6, 2018

Join WV TRAILS Teams | Lunch Provided/Free Registration | Location: Beckley TBA

Contact your TRAILS team for more information: Beckley TRAILS 304-253-7654; Lewisburg 304-647-3800

WV Stars credit available. Counts as a conference for FCC Tier II status.

Mind in the Making

Learning Modules for Child Care Providers

Greenbrier County

The modules are a 11-part series that uses research on child development including classic and recent studies on how children learn and how teachers can encourage learning.

45 Hours total WVSTARS Core Competency in the areas of Child Growth and Development plus resources.

Don't wait! Sign up now for this excellent learning opportunity for Family , Facilities and Center Child Care Providers. Space is limited.

Location: Conference Room at Workforce WV, 330 Red Oaks Shopping Center, Ronceverte, WV

Training Time 9:30am to 3:30pm

Module 1 & 2 September 17, 2018

Module 3 & 4 September 24, 2018

Module 5 & 6 October 1, 2018

Module 7 & 8 October 8, 2018

Module 9 & 10 October 22, 2018

Module 11 October 29, 2018

Coming to Raleigh County

WVIT I

October

For more information call
Bethany Houchins

304-253-7654

West Virginia
Infant/Toddler Professional Development Program

Upcoming Early Childhood Conferences

- QRIS National Meeting/Sparking Solutions and Sharing Systems Strategies; July 16-18, 2018 in San Diego, CA
- Great Beginnings Infant/Toddler Conference; September 13-15, 2018 in Morgantown, WV
- Zero to Three/Early Connections Last a Lifetime; October 3-5, 2018 in Denver, Co.
- NAEYC Annual Conference; November 14-17, 2018 in Washington, D.C.

Child Care Director's Training

"What's Your Vision"

3 hrs. STARS credit in Administration and Management

9:00am-12:00pm

Tuesday, July 31 , 2018 at MoutainHeart Office Beckley

Wednesday, August 8, 2018 at MountainHeart Office Princeton

Tuesday, September 18, 2018 Workforce Building in Ronceverte

"Vision is the art of seeing what is invisible to others."

Jonathan Swift

Attention Child Care Centers!!

West Virginia Child Care Health Educators

Alex Binegar, WV Child Care Health Educator, can host free, STARS registered trainings on health, safety, and nutrition topics. Some of the training topics are listed, but feel free to request topics!

Training

- All that Sugar and Fat
- Beans…More than Just Cute Songs
- Bed Bugs and Beyond
- Being a Good Role Model
- Breastfeeding Basics
- Indoor and Outdoor Safety
- Let's Make a Menu
- Let's Move
- New Recipe Ideas
- Oral Health
- Picky Eaters
- Safe Sleep Practices
- Stress Management

Alex Binegar
WV Child Care Health Educator
611 7th Avenue
Huntington, WV
Text/Call: 304-690-5826
abinegar@rvcds.org

www.wvearlychildhood.org
www.rvcds.org

This program is being presented with financial assistance as a grant from the West Virginia Department of Health and Human Resources and is administered by West Virginia Early Childhood Training Connections and Resources, a program of River Valley Child Development Services.

West Virginia Child Care
Nurse Health Consultants
A program of River Valley Child Development Services

SUSAN PRINCE RN,BSN
1411 NORTH WALKER STREET
PRINCETON, WV 24740
MOBILE: 304-840-2165

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www.wvearlychildhood.org

ATTENTION CHILD CARE PROVIDERS

Susan Prince, Child Care Nurse Health Consultant for Mountain Heart South, is available to provide free WV STARS registered trainings on health and safety topics at your center! Nurse Health Consultants can also provide expert guidance and technical assistance on a wide range of health and safety topics. PLEASE CALL/EMAIL FOR ANY TRAINING QUESTIONS OR TO SCHEDULE A DATE AND TIME.

"This program is being presented with financial assistance as a grant from the West Virginia Department of Health and Human Resources and is administered by West Virginia Early Childhood Training Connections and Resources, a program of River Valley Child Development Services."

WEST VIRGINIA Department of Health & Human Resources

Training Topics:

- Medication Administration: 3 Hours
- Making A Difference: 2 Hours
- Seizure Disorder: 1 Hour
- Infection Control: 1 Hour
- Infectious Disease: 2 Hours
- Dealing with Lice: 1 Hour
- Sun Safety: 2 Hours
- Ear Infections: 1 Hour
- Morning Health Checks: 1 Hour
- Oral Health: 1 Hour
- Safe Sleep: 1 Hour
- All About Allergies: 2 Hours
- Respiratory Infections: 1 Hour
- Neonatal Abstinence Syndrome: 2 Hours

ACDS

Apprenticeship for Child Development Specialist

ACDS is an apprenticeship program for professionals working a minimum of 20 hours a week in the early childhood field. The program combines 4 semesters of coursework with on the job training. Participants of ACDS include employees of child care, family child care, after school, head start, home visitation, and public pre-k and kindergarten. Classes are offered in counties throughout the state by ACDS certified instructors. Participants that are registered on the WV STARS Career Pathway will receive 45 hours of WV STARS credit upon completion of each semester.

First semester classes begin in both the fall and spring in various locations across the state. To register for first semester ACDS classes please contact the ACDS office for details of locations, dates, and times of classes. We look forward to hearing from you!

Jennifer Conkle— ACDS Statewide Coordinator
Tara Kitts—ACDS Specialist

To Become an Apprentice

- High school diploma, or WV equivalency
- Paid employment for a minimum of 20 hours a week in early childhood education
- Registration with the Department of Labor, Office of Apprenticeship
- A site supervisor or mentor to oversee work experience and support application of knowledge gained in class-room instruction
- Commitment for weekly class attendance, homework assignments, and class participation for four semesters
- Completion of On the Job Training (OJT) logs to record work experience; up to 4000 hours.

Our Mission

ACDS promotes highly skilled, confident early childhood employees; quality early childhood classrooms; and informed, supportive early childhood professionals.

LIKE US ON facebook

Contact Us

611 7th Avenue, Suite 208
Huntington, WV 25701
Website: www.wvacds.org

Phone: 304-523-0433
Fax: 304-697-6613
Email: wvacds@wvcds.org

Overview: Achieving a Better Life Experience (ABLE) accounts allow individuals with disabilities and their families to establish tax advantaged savings and investment plans. Individuals with disabilities can now save and invest money in excess of $2,000 without losing eligibility for certain public benefit programs, like Medicaid or Social Security Income. Earnings are not subject to federal income tax, similar to the WV 529 College Savings Plans. Individuals can save up to $15,000 a year and up to $27,060 if working.

• Federal legislation passed in 2014 and West Virginia legislation passed in 2015

WVABLE The Treasurer's Office partnered with the State of Ohio and their STABLE program. West Virginia is one of many states that have partnered with Ohio. By partnering, West Virginia did not have to develop their own plan but instead utilizes the efficiency of an existing, well-respected national plan to offer to West Virginia residents. You will see the "Powered by STABLE" phrase and STABLE is the platform that WVABLE uses.

WVABLE Launch

February 9, 2018 – Administered by the West Virginia State Treasurer's Office

Eligibility: An eligible individual is someone who developed their disability before the age of 26. The individual must have been living with their disability for at least one year or expect the disability to last for at least one year, and meet at least one of the following criteria:

• Be entitled to Supplemental Social Security (SSI) because of their disability;
• Be entitled to Social Security Disability Insurance (SSDI) because of their disability;
• Have a condition on the Social Security Administration's List of Compassionate Allowances Conditions; or
• Be able to "self-certify" their disability and diagnosis.

Qualified Expenses: Money in the ABLE account can be used to pay for qualified disability expenses to help maintain or improve health, independence or quality of life. Some category examples include:
• Health, Prevention and Wellness
• Education
• Housing
• Transportation
• Employment Training and Support
• Assisted Technology and Personal Support
• Miscellaneous (Such as Funeral Expenses, Financial Management, Home Improvements, etc.)

Enrollment : Enrollment is online at www.wvable.com and is easy. It takes about 10 minutes to enroll. A $50 minimum deposit is required at signup and additional deposits can be as little as $1.

• The account is owned by the individual with the disability and can be opened by an authorized legal representative such as a parent, guardian/conservator, or power of attorney.
• A loadable debit card is available with the account.
• And, WVABLE has an e-gift feature so that others can contribute such as grandparents giving cash birthday gifts.

Additional Information : Additional information can be found at www.wvable.com. And, you can contact Kristi Pritt for more information or to request a presentation to a group.

Kristi Pritt
WVABLE Director
Office of the State Treasurer
Kristi.Pritt@wvsto.com
304-340-2702

New Scholarship Opportunity!

- Tuition payment for up to two classes!
- Stipend for education related expenses!
- Advance on the WV STARS Career Pathway as you earn your degree!

WV STARS Pathway Advancement Scholarship

611 7th Avenue Suite 322

Huntington WV 25701

Phone: 304-522-7827 x400

Fax: 304-529-2535 attn: scholarship

E-mail: scholarship@rvcds.org

West Virginia STARS

WV STARS Pathway Advancement Scholarship

View the Eligibility Requirements At wvstars.org

Available to child care providers and directors working in a licensed child care center, licensed child care facility, or registered family child care home

Earn an *Associate Degree in Early Childhood Education

up to $1400/semester tuition payment and book stipend

Earn a *Bachelor's Degree in Early Childhood Education

up to $2500/semester tuition payment and book stipend

*Associate or bachelor's degree college credit hours must be taken from a participating WV college or university. Supported AA/AAS/BA/BS/RBA degrees include: Child Development; Child Development & Family Studies; Early Childhood; Early Childhood Development; Early Childhood Education; Early Childhood Special Education.

This program is being presented with financial assistance as a grant from the WV Department of Health and Human Resources and is administered by WV Early Childhood Training Connections and Resources, a program of River Valley Child Development Services.