



Items needed

Cups/ Bowls

Sticks

Mud

Water

Paintbrushes

Encourage children to go outside and collect mud, using cups and bowls. If the children have availability to a river, creek or rain water that you have caught. Once the child has collected dirt or mud encourage the children to mix in water and stir using sticks.

Once this is complete, encourage the children to paint on appropriate surface, or paper. The child can use their fingers, hands or paintbrushes.



Items Needed

Sticks

Pine needles

Flowers

Weeds

String

Yarn

Paint

Paper

Rubber Bands

Activity

Encourage the children to go outside and collect sticks and appropriate paint brush bristle material. Encourage the children to attach their greenery to their stick with yarn, rubber band, or string. Encourage the children to paint only using their natural paintbrush.