



From ews

Provider Grant

By: Larry Kincaid, Program Director

I'm pleased to announce that once again Mountain-Heart North will be offering a provider grant to help family child care providers & child care facilities meet the health and safety requirements and curriculum needs in our area. The grant will consist of a list of items that can be selected or a cash award of up to \$250.00. A limited number of grants are available and priority will be given to health and safety considerations.

In order to be eligible for consideration, the provider will need to complete an application and present the application to their Regulatory Specialist for approval. When the application is received in the MountainHeart office, it will be reviewed to insure that it meets all of the grant requirements. An award letter will then be sent to child care providers whose grant was approved. The award letter will detail further instructions on how to proceed.

Unfortunately, child care centers are not eligible to receive this grant.

This grant opportunity is

made available by the West Virginia Department of Health and Human Services, Division of Early Care and Education. The grantor reserves the right to determine which applications will be approved and awarded a grant.

Grant applications can be obtained by contacting your local MountainHeart office or from our website at

www.mountain-heart.org/ccsnorth



Child Care Providers Wanted

We are looking for new child care providers in our service area (Barbour, Berkeley, Grant, Hampshire, Hardy, Jefferson, Lewis, Mineral, Morgan, Pendleton, Preston, Randolph, Taylor, Tucker, and Upshur counties). If you know of anyone who is interested in becoming a child care provider, please have them contact their nearest MountainHeart office.

ACDS Apprentice Registration

By: Suzi Brodof, ACDS Coordinator

There is a new way to register new apprentices with the Department of Labor for ACDS classes throughout the state. The electronic registration system will help ensure that the process of registration is completed much quicker. Please contact Suzi Brodof at 1-866-WVA-ACDS ext. 406 for the name and number of your local Dept. of Labor representative so you can learn how to use this new electronic registration system.

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Don't forget to set your clocks back an hour on November the 4th



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Earned Income Tax Credit/Earned Income Credit

Earned Income Tax Credit (EITC), which is sometimes call the Earned Income Credit (EIC), is a refundable federal income tax credit for low-income working individuals and families. Congress originally approved this tax credit in 1975 in part to off set the burden of social security taxes and to provide an incentive to work.

Taxpayers do not have to have a child to qualify for EITC, however you must meet certain rules. You must be between the ages of 25 and 65 and make less than \$38,000.00 in the tax year. The EITC has no effect on certain welfare benefits. In most cases, EITC payments will not be used to determine eligibility for Medicaid, Supplemental Security Income (SSI), food stamps, low-income housing or most Temporary Assistance for Needy Families (TANF) payments.

# Children	If Single	If Married
0	< \$12,120	< \$14,120
1	< \$32,001	< \$34,001
2 or more	< \$36,348	< \$38,348

Below is a chart to help determine financial eligibility.

Depending upon the amount of your yearly wages, you could receive up to \$4,500.00. This would help pay bills, attend college, buy a better car, buy a home, start a savings account, or open a checking account. If you qualify for the EITC, it could help you get back on your feet.

To get more information on the EITC, visit the IRS website at <u>www.irs.gov.</u>

If you are interested in becoming a VITA volunteer, please call your local MountainHeart Office for more details.

New MountainHeart Employee

I was born in Washington, DC and grew up in the Northern Virginia area. I have two sons , two dogs and one cat.

I am very proud of my children. One son is an Episcopal Priest at a cathedral in San Francisco. The other son wants to go to seminary- in the Mennonite church and is presently working with the Catholic Workers in Washington, D.C. I do not know what I did to have such religious children!!

My husband and I moved to Martinsburg and bought an old house that we are slowing renovating. It has turned out to be a money pit. Very soon- we will move to a brand new one story brick ranch house with a flat yard and low maintenance. My husband is dreaming of this day!!

-Rebecca Scott, Early Childhood Training Specialist



Shopping With Your Children

By: James Weber, Behavior Consultant

The holiday season gives many opportunities for parents and children to shop together. Exciting meals dot our calendars while gift giving is a hallmark of the coming months. Both of these events require trips to the store. As part of sharing traditions with children, we can begin their involvement by allowing them to help with the shopping list if it is not too long and overwhelming. Right from the start, they become interested in what is going to take place. It is helpful to plan the trip when you and your children are not rushed. Be certain that your children are not too tired or hungry. These distractions may limit the amount of fun and excitement for the day. It is beneficial to shop during off-peak hours to avoid distractions and to get in and out of the store more quickly.

Before leaving the house, outline with your children the behavior expectations for the trip. These may include walking beside you, talking quietly, and leaving items on the shelf unless permission is given to remove them. Behavior expectations for parents include never leaving their children unattended as so many things might happen during these times.

Shopping is an obvious time for learning. Parents can make a game from the following questions. How do we get to the store? What is the first letter of the store's name? Who can see something blue? Where are the apples? How many bananas are in the bunch? Shopping also is a good opportunity to help children begin making choices. Do you want the chocolate or vanilla ice cream for dessert? Would you like the white socks or the brown socks? Children also can learn about connections and relationships as well. Which is bigger, the small size shirt or the large size shirt?



Avoid the checkout aisles that are lined with candy and toys. These are one last effort by store managers to tempt your children and to increase the store's profits. Reward your children's positive and neutral behaviors while ignoring inappropriate behaviors unless they become dangerous or destructive. Once home, review the rules with your children and how the trip went. Thank them for helping you. Hugs show how special they are. Remember, every shopping event is a learning experience for your children. What does not work one day may work the next time as both of you become accustomed to the task. There will be better days ahead.

OK

By: Janet Aitchison, TRAILS Early Childhood Specialist

We all know how important it is to offer children choices. Choice is a good thing. The ability to make good choices is a life skill that we need to learn as soon as possible. The key is to offer enough choices without overwhelming a child. Asking a three year old if they want to wear the red dress or the blue dress is appropriate. Asking her to select a dress from a closet full of dresses is not. In addition to limiting the number of choices, you also need to be willing to accept the child's decision. Don't ask if they want pancakes for breakfast if you don't have time to make them.

If you agree that learning to make good choices is important, think about the times that we offer a choice. It is reasonable to ask if they want cheese and crackers or yogurt for a snack. Is it reasonable to make everything a choice? When we end our directions to a child with "OK" we are asking her to make a decision. "Webster's" definition of OK is 'To approve or consent to'. When you add OK to the end of your statement you are asking a question and inviting a "No". Why do we end our directions to a child with "OK"? When we say "Let's have chicken soup for lunch, OK?" or "It's time to go outside now, OK?", we are offering a choice. OK is a habit that can be difficult to break.

All habits, I think, are easier to form than to break. Listen to the directions that you are giving the children in your care. Make an effort to eliminate that 'OK' at the end of your sentence. It is said that it takes 21 days to make or break a habit, so be patient with yourself. Over time, a choice will be a choice and a direction will be a direction.

The Magnificent Monarch 'A Magical Moment for Children'

By: Rebecca Scott, Early Childhood Training Specialist

Can you remember when you were a child and the excitement that you felt when you saw a beautiful butterfly go from flower to flower? One of my most favorite butterflies as a child was the Monarch and it is the state insect of West Virginia!

The Monarch is one of the most beautiful and mysterious insects around. Unlike most other insects in temperate climates. Monarch butterflies cannot survive a long cold winter. Instead, they spend the winter in roosting spots- some in California and some in the forests of Mexico.

In the entire world, no butterflies migrate like the Monarchs of North America!

It is fun for young children to see the whole process from egg to caterpillar, pupa and then butterfly. It helps the young child in such skills as sequencing, the change of seasons and for older children, the study of Mexico.

A unit of study on the Monarch butterfly can incorporate language arts activities (reading, poetry) music, math and science.

Now is the season to incorporate the study of the Monarch butterfly into activities with your children. Listed below are several websites that focus on Monarchs, several art activities, a listing of some books, poetry and music.

Most people do activities about butterflies in the spring. But the time to study the Monarch is the late fall-right before it migrates.

If time permits, it is a marvelous experience for the children to collect some of the lovely green and yellow Monarch caterpillars that hatch in the late fall. They can be carefully collected, kept in jars with some of their favorite food, "milkweed," and the children will get to see first hand the metamorphosis from green and yellow caterpillar, to jade -green pupa, and then to the marvelous Monarch. It is truly a "magical moment for young children".

Here is a short song that my first grade students and I made-up to the tune of "I'm a Little Teapot". When I taught first grade, my students had pictures of the hatched Monarch on our class website and you could hear the class sing the song. We also sang the song when we let the Monarchs go in the late Fall.



I'm A Little Monarch

I'm a little Monarch orange and black I have lovely wings upon my back. When I hatch I'm ready to fly. See me take off in the sky. I'll fly south to Mexico 1,2,3 and here we go. I'll be back again next year. Look for me when fall is near.

Listed below are several books and activities for a Monarch project. I hope that you and your children enjoy the marvelous Monarch as much as my children and I did.

Websites:

www.enchantedlearning.com/monarch www.surfnetkids.com

www.nationalgeographic.com/coloringbook

Activities:

www.enchantedearn.com http://www.nwf.org/

Books:

<u>Butterfly House</u> By: Eve Bunting <u>Monarch Butterfly</u> By: Gail Gibbons <u>The Great Monarch Butterfly Chase</u> By: R.W.N. Prior

Important Notice to Providers

It has become a problem recently across our MountainHeart region that providers are incorrectly completing the sign in/out sheet (or attendance records). Under our current child care policy, the only person allowed to sign a child in or out is the person picking up or dropping off that child. The provider is NEVER allowed to sign the parents' name or the name of someone else to the attendance records.

Providers need to keep attendance records up to date on a DAILY basis. The provider is not only responsible for keeping records on the subsidy children, but also on the private pay children as well. The Regulatory Specialist will need to see these records when they are at your home for an inspection.

Providers need to understand that they are responsible for the accuracy of the sign in/out sheets and that by signing the bottom of the attendance record means that the information is true and accurate.

The consequences for submitting incorrect information are outlined in child care policy as follows:

6.5.2.3. The provider's signature on the sign in and out forms is certification that this is an accurate record of the attendance of all children in care. Failure to keep accurate records may result in negative action, to include corrective and/or legal action, referral for misrepresentation, and/or requests for repayment of any funds received by the provider as payment for subsidized children. If there is substantiated misrepresentation by the provider, the provider shall be prohibited from future participation in the Certificate Program. However, if the provider makes full restitution, a one time waiver may be considered. The provider must request the waiver in writing, and the R&R shall forward the request to the Division of Early Care and Education for approval/denial.

If you have any questions concerning the sign in/out procedure, please contact your nearest MountainHeart office.

Mineral County Family Resource Network and West Virginia University Extension Fall 2007 Child Care Education Classes

Junk Makes Great Learning Material

WV Core Competency — Learning Programs Monday, October 8, 7-9pm, Vo-Tech., Keyser Thursday, October 11, 7-9pm, Kinder Center, Ridgeley

See as a Child, Feel as a Child

WV Core Competency — Self and Social Development
Monday, November 12, 7-9pm, Vo-Tech., Keyser
Tuesday, November 13, 7-9pm, Kinder Center, Ridgeley

Child Care Credits, WV STARS and WVU CEU's Available

Refreshments Provided Child-Care is Unavailable

It is very <u>important</u> to register with the WVU Extension Service Call 788-3621 today!

This program is being presented with assistance of a grant from the West Virginia Department of Health and Human Resources.

Training Advisory Council

All child care providers are invited to participate on the Training Advisory Council. The Council assists MountainHeart in determining the training needs for our region. The Council is vital in assisting MountainHeart in evaluating and developing our yearly training plan. The next Training Advisory Council meeting is scheduled for November in Martinsburg. If you are interested participating on the Training Advisory Council or would like more information, please contact Amelia Rossi or Willetta Bolinger at 637-2840 or 1-877-862-3103 (toll free).

Child Care Provider Training Calendar STARS Registered

<u>October – December 2007</u>

—<u>Topic 1</u>: **Shaken Baby Syndrome**- Rebecca Scott and Melodee Price, Early Childhood Specialists, will offer this training that can count towards 2 hours of Infant/Toddler credit. You will learn the signs and symptoms of this form of child abuse. We will review the state and federal mandated child abuse and neglect regulations and will review the procedure for reporting child abuse and neglect. We will also discuss anger management techniques. You can use this information for yourself and to hand down to the parents of the children that you work with.

Core Competency: Health, Safety and Nutrition (Tier I)

—<u>Topic 2</u>: **Outdoor Safety for Our School Agers**- Rebecca Scott and Melodee Price will also offer this training. It will focus mainly on the school age child but will apply to all the ages for children to remain safe on the playground. You will learn to recognize and avoid problems before they occur, adjusting supervision to meet different ages, abilities, activities and environments. You will learn how to ensure that all materials and equipment are safe and free of hazards. This training is very useful to help ensure the safety of all the children that are in your care.

Core Competency: Health, Safety and Nutrition (Tier II)

—<u>Topic 3</u>: **Child Abuse and Neglect**-Jim Weber and Rebecca Scott will present this training. Learn to trust that you are following state and federal mandated child abuse and neglect regulations by lecture, discussion and examples of different scenarios. Recognize signs and symptoms of child abuse and neglect, and how to follow programmatic procedures for reporting child abuse and neglect.

Core Competency: Health, Safety and Nutrition (Tier II)

—<u>Topic 4</u>: **Building your Business of Child Care**-Melodee Price and Rebecca Scott will offer this training. You will learn to build partnerships with families through a variety of communication mechanisms. You will be given ideas of how to make life easier for the parents that you work with to assist in building your business of not only providing quality child care but to "think outside of the box." The training presents how to connect families to appropriate community resources, to promote interaction between children and the community and how to utilize services for children in the community.

Core Competency: Family and Community (Tier II)

—<u>Topic 5</u>: **Infant Massage**-Melodee Price will facilitate this class that will offer 2 hours of infant/toddler credit. Demonstrations and hands on massage will be practiced on dolls. Research, theories, and knowledge to create meaningful learning environments for infants will be discussed. You will also apply current research and most effective practice on the use of massage with the infants in your care.

Core Competency: Child Growth and Development (Tier III)

—<u>Topic 6</u>: **Hire, Inspire and Try Not to Fire**-Melodee Price and Rebecca Scott will develop this training to assist you in the field of human resource management. Discussion and hands on activities to design job descriptions, evaluations and personnel policies and procedures. Ideas given on staff recruitment, selection and retention for your program. Design professional development plans based on program mission, goals and identified individual staff needs and interests. This training will be designed more for center directors, facility owners or family home providers looking to hire and retain substitute staff members.

Core Competency: Program Management (Tier III)

Child Care Provider Training Calendar (Continued from page 6)

—<u>Topic 7</u>: **New Ideas for Art**-Melodee Price will give hands on experiences during this "play session." You will learn new art ideas to implement in your program that will foster the imagination and creativity of the children you work with. Wear something you do not mind getting messy because we will be experimenting with paint, crayons, markers, colored pencils, food coloring and shaving cream.

Core Competency: Curriculum (Tier II)

—<u>Topic 8</u>: **Separation, Disappointment and Loss**: How school age children handle emotions and difficult situations. Rebecca Scott developed this training to give participants the knowledge/techniques on how to help the school age child learn to adapt in negative situations. She will also teach you how to respond appropriately when faced with these challenges of separation, disappointment and loss. We will all be faced with these issues at some point in our career with the children that we work with. So come and learn, you'll feel more confident after attending this 2 hour training session with Rebecca.

Core Competency: Family and Community (Tier II)

—<u>Topic 9</u>: **Computers and Children**-Rebecca Scott will develop and facilitate this training. It will be for child care providers wanting to know information related to the appropriate use of computers with the children that they work with.

Core Competency: Curriculum (Tier I)

—<u>Topic 10</u>: **Tinkle, Tinkle, You're the Star**-Cheryl Wolfe will help child care providers understand that toilet training is a developmental milestone. In this training, we will discuss signs of readiness, words that families will be using, panties or pull-ups, accidents, methods for learning and <u>patience</u>. We will do some "seeing" and "feeling" activities that you may want to include in your curriculum with children. If you plan to attend this training, please bring ideas, past experiences and be willing to share. Everyone has a unique way of learning.

Core Competency: Child Growth and Development (Tier I)

—<u>Topic 11</u>: **Preschool Art-**Janet Aitchison will touch on the importance of art in preschool, process vs product, art vs small motor practice and how to respond to children's art. Be prepared to get messy with this hands on training that will help you to incorporate arts with your program.

Core Competency: Curriculum (Tier II)

—<u>Topic 12</u>: **Observation and Assessment**-Jim Weber will present this training. Participants will receive information on observation and assessment for better planning and for meeting the needs of the individual child.

Core Competency: Child Observation and Assessment (Tier I)

—<u>Topic 13</u>: **Teaching Hearing Children to Sign**-Cheryl Wolfe will give providers information on American Sign Language. This training will include the history of ASL, the appropriate techniques to start and continue signing with children, and the developmental advantages of using sign language in centers and homes. There will also be several activities that will be "hands on."

Core Competency: Curriculum (Tier I)

Important Reminders

<u>Call the Elkins office @ 637-2840 or 1-877-862-3103 to register to attend a training.</u>

You may attend training in any county.

- Five participants must be registered for each training or the training may be cancelled, registration deadline is 5 business days before actual training.
- IF YOU REGISTER AND THEN CAN NOT ATTEND, CALL THE ELKINS OFFICE TO CANCEL. THIS WILL ALLOW ANOTHER CHILD CARE PROVIDER TO ATTEND IF THERE IS A WAITING LIST.
 - Some class sizes may be limited. Register early to ensure you receive a spot.

Child Care Provider Training Calendar (Continued from page 7)

	<u>2 HOUR TRAI</u>	NING DATES F	OR OCTOBER THROUGH DECEMBER		
-Barbour County-Phi	-Barbour County-Phillippi Baptist Church. (Registration deadline: 10-12-07)				
107 Church Street, Phill	ippi, WV 26416				
October 18, 2007	Thursday	10:00-12:00	Shaken Baby Syndrome		
October 18, 2007	Thursday	12:30-2:30	Outdoor Safety for Our School Agers		
-Berkeley County-(R	egistration deadli	ne: 10-9-07 for 1	st class, 10-12-07 for 2nd class)		
Family Worship Center 2	28 Lafayette Lane	e, Inwood, WV 25	428		
October 15, 2007	Monday	6:30-8:30	Outdoor Safety for Our School Agers		
MountainHeart office, 8	91 Auto Parts Pla	ce, Suite 139, Ma	rtinsburg, WV 25403		
October 18, 2007	Wednesday	4:30-6:30	Separation, Disappointment and Loss		
-Grant County-Mount	tainHeart Office.	(Registration dea	dline 10-12-07)		
93 South Grove Street,	Suite 1, Petersbu	rg, WV 26847			
October 9, 2007	Wednesday	3:30-5:30	Shaken Baby Syndrome		
October 9, 2007	Wednesday	6:00-8:00	Outdoor Safety for Our School Agers		
-Hardy County-Hardy	/ County Public Li	brary. (Registrati	on deadline 10-3-07 for 1st class, 11-13-07 for 2nd class)		
102 N. Main Street, Moo	prefield, WV 2683	6.			
October 9, 2007	Tuesday	5:30-7:30	Child Abuse and Neglect		
November 17, 2007	Saturday	10:00-12:00	Preschool Art		
—Hampshire County-	Bank of Romney	(Registration dea	dline 11-26-07)		
95 E. Main Street, Rom	ney, WV 26757				
December 1, 2007	Saturday	10:30-12:30	Preschool Art		
December 1, 2007	Saturday	1:30-3:30	Computers and Kids		
—Jefferson County-W	/V Lions Center (F	Registration dead	line 10-2-07 for 1st class, 11-7-07 for 2nd class)		
310 S. George Street, R	anson, WV 25438	3			
October 8, 2007	Monday	7:00-9:00	Hire, Inspire and Try Not to Fire		
South Jefferson Public L	ibrary, 105 Cong	ress Street, Berke	eley Springs, WV		
November 13, 2007	Tuesday	4:30-6:30	Child Abuse and Neglect		
-Lewis County-Moun	tainHeart Office.	(Registration dea	dline 10-31-07)		
239 Court Avenue, Wes	ton, WV 26452				
November 5, 2007	Monday 6:30-8	8:30 Hire, I	nspire and Try Not to Fire		
November 6, 2007	Tuesday 6:00-	8:00 Child A	buse and Neglect		
-Mineral County-Mineral County Vo Tech Center. (Registration deadline 10-24-07)					
600 Harley Staggers Dri	ve, Keyser, WV 2	6726			
October 30, 2007	Tuesday	5:30-7:30	Shaken Baby Syndrome		
-Morgan County-Public Library. (Registration deadline 11-21-07 for 1st class 11-29-07 for 2nd class)					
105 Congress Street, Berkeley Springs, WV 25411.					
November 27, 2007	Tuesday	4:30- 6:30	Computers and Kids		
December 4, 2007	Tuesday	4:30- 6:30	Building Your Business of Child Care		

Child Care Provider Training Calendar (Continued from page 8)

-Preston County-Little Bear Day Care. (Registration deadline 10-5-07)					
RR 3 Box 152-B, Brucet	RR 3 Box 152-B, Bruceton Mills, WV 26525				
October 11, 2007	Thursday	6:30-8:30	Child Abuse and Neglect		
-Randolph County-D	ays Inn. (Registra	tion deadline 10-	-4-07 for 1st class, 12-5-07 for 2nd and 3rd class)		
1200 Harrison Avenue,	Elkins, WV 26241				
October 10, 2007	Wednesday	3:00-5:00	Hire, Inspire and Try Not to Fire		
December 11, 2007	Tuesday	4:00-6:00	Building your Business of Child Care		
December 11, 2007	Tuesday	6:30-8:30	New Ideas for Art		
-Taylor County-Publi	c Library (Registra	tion deadline 11	-20-07)		
200 Beech Street, Graft	on, WV 26354				
November 26, 2007	Monday	3:00-5:00	Infant Massage		
November 26, 2007	Monday	5:30-7:30	Building your Business of Child Care		
-Tucker County-Pum	pkin Patch Child C	are Center (Regi	stration deadline 10-23-07)		
117 Pennsylvania Ave, I	117 Pennsylvania Ave, Parsons, WV 26287				
October 29, 2007	Monday	6:30-8:30	New Ideas for Art		
-Upshur County-Public Library (Registration deadline 11-9-07)					
Rt. 6 Box 480, Buckhan	non, WV 26201				
November 15, 2007	Thursday	3:00-5:00	Tinkle, Tinkle, You're the Star		
November 15, 2007	Thursday	5:30-7:30	Infant Massage		

SUPER Saturday, Get 6 hours of training in one day

--Preston County- Wesley United Methodist Church 107 West High Street Kingwood, WV 26537 (Registration deadline 10-22-07)

October 27, 2007	Saturday	9:00-11:00	Teaching the Hearing Child to Sign
October 27, 2007	Saturday	12:00-2:00	Shaken Baby Syndrome
October 27, 2007	Saturday	2:30- 4:30	Childhood Observation and Assessment

Components of Quality Care and Education Modules (CQCE)

The CQCE is a 32 hour training the will cover a variety of topics. The modules were developed to meet the requirements of the WV Early Learning settings. Each child care provider who completes the training may receive free resources for use in their home or child care center. Each session will be held at the Berkeley County Public Library at 101 West King Street, Martinsburg, WV 25403. Please contact the Elkins office at 1-877-862-3103 to register. If you have any questions about the training, please contact Rebecca Scott at the Martinsburg office, 1-888-915-7653 or 262-1584. You can apply for a variance with your Licensing Specialist or Regulatory Specialist to have the training hours count for a 2 year period of time.

PARTICIPANTS MUST BE STARS REGISTERED BEFORE ATTENDING THE TRAINING. YOU MUST PRESENT YOUR STARS CERTIFICATE OR STARS BARCODE AT THE TRAINING IN ORDER TO ATTEND.

—Berkeley County (R	egistration Dead	lline October 1, 200	7)
October 5, 2007	Friday	9:30-2:30	Module 1-Extreme Makeover: Space and Furnishings
October 12, 2007	Friday	9:30-2:30	Module 2-Not Just Routine

Components of Quality Care and Education Modules (CQCE) (Continued from page 9)

October 19, 2007	Friday	9:30-2:30	Module 3-For the Love of Literacy
November 2, 2007	Friday	9:30-2:30	Module 4-Implementing Your Curriculum
November 9, 2007	Friday	9:30-2:30	Module 5-Recipe for Relationships
November 16, 2007	Friday	9:30-2:30	Module 6-Building Blocks: A Program's Structure
November 29, 2007	Thursday	9:30-2:30	Module 7-Including All Children
December 7, 2007	Friday	9:30-2:30	Module 8-Communication is the Key

West Virginia Infant/Toddler Professional Development Program

WVIT is a 50-hour training that focuses on all elements of working with children birth through two years of age. Participants must attend all ten sessions in order to complete the program. Upon completion, participants may be eligible for free resources for use in their child care home or center. **Participants and administrators must be STARS registered** <u>before</u> **attending the training**.

Space is limited and is available on a first come-first serve basis. Please call the <u>**Elkins office**</u> at 637-2840 or 1-877-862-3103 by <u>**September 28, 2007**</u> in order to register or if you have any questions. Child Care Center Directors must attend a one time, 2-day Administrator training before their staff may attend the WVIT.

Class location will be rotated through the Berkeley, Jefferson and Morgan county areas. We will confirm location information when you call to register.

Date:	<u>Day:</u>	Session Number:
October 3	Wednesday	Administrator Session 1 of 2
October 4	Thursday	Administrator Session 2 of 2
October 10	Wednesday	Session 1
October 17	Wednesday	Session 2
October 29	Monday	Session 3
October 31	Wednesday	Session 4
November 5	Monday	Session 5
November 19	Monday	Session 6
November 21	Wednesday	Session 7
November 26	Monday	Session 8
November 30	Friday	Session 9
December 3	Monday	Session 10
December 10	Monday	Make-Up day, if needed

Tentative Schedule for future West Virginia Infant/Toddler Classes

If you or your staff are interested in participating in the WVIT program, please contact the Elkins Office at 1-877-862-3103. The county which has the most providers interested in the training will likely be the county in which the training will be held.

January—March 2008-training will be offered in the Upshur and Randolph area.

<u>April—June 2008</u>-training will be offered based on the area with the largest demand. Please call and give center name (if applicable), county you are located in, and total number of people interested. We will use this information to schedule of the April-June and July-September quarters.

Medication Administration Training Opportunities

Medication Administration training is being offered in our region. As per center licensing requirements, staff members who work in child care centers or Head Start and who administer medication must have medication administration training. These trainings are conducted through the WV DHHR Early Care and Education office & are WV S.T.A.R.S. approved. Training dates and sites are as follows:

October 3, 2007 (Wednesday) at 9:00 am. at Weston (Lewis Co. Board of Education)
October 12, 2007(Friday) at 9:30 a.m. at Moorefield (Hardy County Library)
October 13, 2007 (Saturday) at 9:00 a.m. at Bruceton Mills (Little Bear Day Care)
November 12, 2007 (Monday) at 4:00 p.m. at Buckhannon (Child Development Center)
November 28, 2007 (Wednesday) at 4:00 p.m. at Elkins (Days Inn)
December 5, 2007 (Wednesday) at 9:30 a.m. at Grafton (Taylor Co. Library)
December 10, 2007 (Monday) at 9:30 a.m. at Petersburg (Grant Co. Library)
December 19, 2007 (Wednesday) at 9:00 a.m. at Philippi (City Hall)

-Class sizes are limited. Slots will be filled on a first come, first serve basis. You **MUST PRE-REGISTER at least ten (10)** days in advance of the training session by calling the Elkins MountainHeart office at (304) 637-2840 or 1-877-862-3103(toll free)

-Space is limited. Only twelve participants per class will be allowed. If all spaces are taken, you may place staff members on the waiting list in the event that a slot becomes available. If the minimum number of participants is not met for a training session, the session will be cancelled.

-<u>IMPORTANT NOTICE: Staff members must be registered on the WV S.T.A.R.S. Career Pathway before taking the medication administration training.</u> You will not be permitted to attend the training session if you are not currently on the S.T.A.R.S. Career Pathway. All participants will need to bring their S.T.A.R.S. Pathway certificate with ID number and/or their feedback letter from WV STARS stating that they have been approved and their certificate will be mailed soon. If staff attend the training and are not on the S.T.A.R.S. Career Pathway, the training will not count towards licensing requirements.

-The training session is 4 ½ hours long (including two 15 minute breaks). A lunch or supper break is not included in the schedule. Please bring a snack if you feel that you will need one.

-Participants must pass the Medication Administration competency test with 80% accuracy in order to pass the training and obtain a certificate.

-Each participant must bring the following materials to the training:

Pencil or pen Paper 1 pair of non-latex gloves

1 baby doll

-Reminder: Children may not attend the training session.

The WV Medication Administration Instructional Program is not currently being offered in the Martinsburg area of our region due to there not being a member of West Virginia's cadre of Registered Nurse/Instructors available to teach the program. Child care centers do have the option of independently contracting with one of two registered nurses in our region that are offering the training. Centers would be responsible for payment of all fees negotiated with either of the two Registered Nurses. For more information on this option or for any questions, please contact Willetta Bolinger at 304-637-2840 or 1-877-862-3103 (toll free).

Schedule for Child Abuse and Neglect Training

Child Abuse Training has been Scheduled for:

10-09-07	Hardy County	Moorefield Library	5:30 PM - 7:30 PM
11-06-07	Lewis County	BOE Conference Room	6:00 PM - 8:00 PM

Tentative Schedule for Child Abuse and Neglect Training

Tor Sundary	Suite 2000
January—March 2008:	April—June 2008:
Jefferson County	Barbour County
Tucker County	Berkeley County
Upshur County	Mineral County

For January — June 2008

If you need the training to meet regulatory requirements, please plan on attending a training session near you. Locations and times for the Oct.—Dec. 2007 training sessions are on page 11. More detailed information on the other training dates will be printed in upcoming newsletters. Class size may be limited and a minimum of five participants must be registered before the session will be offered.

For more information call James Weber at the Weston Office at 1-866-232-9227.

Provider Association Interview (part 1)

Interview with Nichol Earp, Founder of Jefferson Co Providers Association (8-10-07)

1. When and what motivated the formation of your association?

We began in February of 2005 because there was a need for more accessible trainings in the further areas of Jefferson Co.

2. How is your association organized?

Our main goal is to provide STARS registered, quality training. I do the organizing, contacting people and helping with materials. Janet Breeden comments on proposed trainings and offers support when needed.

3. How do you recruit members?

We currently have 65 members who are home providers and facility and center based staff. We meet 8 months out of the year on the 2^{nd} Monday of the month from 7pm to 9 pm at the Lion's Center in Ranson. All Providers in the Eastern Panhandle are welcome.

4. What area resources did you have to begin with?

I was a former employee of RESA VII, so I had some resources offered to me before I started my own Child Care business.

5. What community supports have you developed/ gained over the years?

Jenny Eaton of Birth to Three sponsors our trainings for Stars requirements. Marcie Kemner of Head Start has also helped out a great deal for the trainings. The Lion's Club has been a great support in allowing us to use their space for our meetings.

6. What are the goals for your association in your local area?

Our association provides quality trainings and is a support group for providers. I think that it is really important to meet once a month with a group of your peers. Often they are the only other people that understand what you go through in a day.

7. What costs are involved in the participation in your association?

We charge \$5.00 per training. This covers the cost of materials and paying a presenter. Trainers should be compensated for their time. All trainings are STARS registered.

8. How have your members benefited from participation in your association?

We are a support group for one another and of course the trainings. We offer a variety of trainings to meet the state's Core Competencies. Jenny Eaton's connection to WV Birth to Three is a resource for us, making referrals easier and receiving support. We also have connections with other area resources. We have offered some all day training sessions on a Saturday. We are planning our second Saturday training for April 2008. Everyone is welcome.

9. What are some of the outreach areas you participate in or programs that you provide to educate the community on child care issues?

We organized a table at the Local Children's Day at the Mall which is the biggest area outreach. Some of our members participate in the local parades and area fun days.

10. What are some of the challenges your association has faced and how have you met those challenges?

Assuring that all trainings offered are STARS registered and space. Thankfully the Lion's Club has been supportive enough to allow us to use their facility.

If you would like more information about the Jefferson County Provider's Association please contact Nichol Earp of Middleway Munchkins at 728-4680.

MountainHeart has been asked to survey child care providers about the idea of a Child Care Provider Association in your local area. Please take a few moments and let us know what you think of a Provider association in your area.

Your Name	
Current Address	
County of Residence	
Phone Number and best time to call ()	

1. Would you be interested in participating in a Child Care Provider Association in your area?

2. What do you think should be the goals of a Provider Association?

3. What do you think would be some advantages to you of having an Association in your area?

4. What would be some challenges that Association in your area would face?

5. What local resources or agencies would you suggest be involved in forming an Association in your area?

6. To what extent would you be willing to assist in forming an Association?

7. Please list any comments, questions or concerns you have about this issue below.

Thank you for your cooperation. <u>Areas that show the most interest in having a Provider Association will be targeted for</u> <u>assistance in forming one</u>. Please return this survey information to the MoutainHeart Office listed below by November 30, 2007. If you have any questions, contact Kathrina Hagedorn at 1-888-915-7653.

MountainHeart Attention Kathrina Hagedorn 891 Auto Parts Place, Suite 139 Martinsburg WV, 25403



Postmaster: Please deliver to address or current resident.

Visit us on the web at: www.mountain-heart.org/ccsnorth

MountainHeart North Offices

Martinsburg 1-888-915-7653

Petersburg 1-877-211-5437

Grafton 1-877-811-5437

Elkins 1-877-862-3103

Weston 1-866-232-9227

Please visit the MountainHeart website at www.mountain-heart.org/ccsnorth to view recalls on children's items, including toys and clothing.

ACDS Classes

By: Suzi Brodof, ACDS Coordinator

ACDS classes are starting again for the fall. If you missed the chance to start class this fall, please contact Suzi Brodof at 1-866-WVACDS to get your name on the list for Jan. or next fall classes.

Why should you take ACDS? It is a low cost opportunity to learn how to provide the best possible care for children ages birth through 8. The information taught in ACDS is the most current information based on research. It is taught by professionals with experience in the field. It is offered in the evening so it does not interfere with your work schedule. You can earn college credit that can be used to obtain an associates degree at community all over the state. Graduates of ACDS are eligible for scholarships.

If you have more questions, please contact Suzi Brodof at 1-866-WVACDS ext. 406 or suzilb@aol.com.



By: Janet Aitchison, TRAILS Early Childhood Specialist

- T Traveling Resource and Information Library Services. We come to you!
- **R** Resources. We have books, music, games, puzzles, art, dramatic play, manipulatives, math, science and more!
- A Available in your county on a regular basis.
- I Infant and toddler resources from music to infant climbers.
- L Let Cheryl (Grafton) or Janet (Martinsburg) be a resource for questions and activities.
- S Schedule a TRAILS van visit by calling Cheryl or Lori, 877-811-5437 or Janet or Jamie, 888- 915-7653, today!

"Television has changed the American child from an irresistible force into an immovable object." -Laurence J. Peter, Educator (1919-1990)