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Business on Board Winners

By LEANN ANDREW, ASSISTANT PROGRAM DIRECTOR

MountainHeart Community Services along with KidsCount Fund is proud to announce the winners of the Business on Board award. The following businesses were deemed eligible by providing a child care friendly work environment.

Noah's Ark Child Care Center
Leann Andrew, Assistant
MountainHeart Community Services
owner Rachel Tansill. James
also presented the award.



James Rumsey Technical
Vicki Jenkins and it was

was presented the award by
Program Director for Moun-
and it was accepted by co-
Rumsey Technical School was

Accepting the award for
School was Amy Files and
presented by Willetta Bolin-
ger, Program Director for MountainHeart Community Services and Leann Andrew, Assistant Program Director. Other award winners are Davis and Elkins College, IRS Enterprise Computing Center, Lewis County Family Resource Network, West Virginia Wesleyan College, and Youth Health Services, Inc.



James Rumsey Technical School



Noah's Ark Child Care Center



Earl D. Smith,
Executive Director
Willetta Bolinger,
Program Director & Editor
Tara Bowley, Melodee
Price, Publishers
Norm Miller, Design
Articles Submitted by:
MountainHeart Profes-
sional Development Team

Save The Date!

WHAT: Annual Child Care Center Directors' Meeting

WHEN: October 6, 2010

WHERE: Village Square, Route 19, South Clarksburg, WV

LODGING: A block of rooms has been held at the Holiday Inn on Lodge Road in Clarksburg under **Early Care and Education**. The rate is \$70 for the night before the meeting, October 5, 2010.

This meeting is mandatory for all center directors to attend. Failure to attend will result in the center becoming ineligible to participate in the tiered reimbursement program and the associated grants. If you cannot attend, please send a designee in your place.

More information coming in August 2010.



Help with ADHD

By MELODEE PRICE, EARLY CHILDHOOD SPECIALIST

Attention-deficit/hyperactivity disorder (ADHD) is sometimes referred to as Attention Deficit Disorder (ADD). It is usually first diagnosed once a child reaches the school system. That is because the teacher discovers that the child is having a hard time paying attention and may daydream a lot. The child may appear not to be listening or is easily distracted from school work or play. The child may forget things easily, squirm, talk too much, not be able to play quietly, act and speak without thinking, have trouble taking turns and may interrupt others. These are all typical behaviors of children younger than 6 years old. Once they reach the school system they should be outgrowing these behaviors or tendencies. Dealing with a child who has ADHD can be very challenging. The Centers for Disease Control and Prevention (CDC) sponsors the National Resource Center, a program of Children and Adults with Attention-Deficit/Hyperactivity Disorder. Their web site has links to information for people with ADHD and their families (www.help4adhd.org). You can also learn more by attending my training session this quarter simply called Attention Deficit Hyperactivity Disorder.

Celebrating Summer

By CHERYL WOLFE, TRAILS EC SPECIALIST

June 21, 2010 is the first day of Summer. Many cultures and religions celebrate the summer season in different ways. We will see more daylight and the weather will be warmer. Summer is a time to garden with young children. Gardening is educational, fun, and may encourage a child to eat some of that "green stuff" he or she grows. You may start your garden small by recycling old egg cartons. Fill large eggshells with seeds and good soil. Sage, rosemary, lavender and chamomile are good choices to start in your garden. Choose a window sill that lets the sun in without getting too hot. Keep soil watered but not soggy. Children will love to watch these plants grow and this allows them to connect with where our food comes from. Once the first green leaves appear from the seeds, the children may plant them directly into the garden. The shell will decompose over time while providing calcium to your plants. Also crushed eggshells will provide calcium, nitrogen and phosphoric acid to your herb garden. So get your children outside and start "growing" in the spirit of the summer season!

"The smallest act of kindness is worth more than the grandest intentions." - Oscar Wilde

Ten Things Every Child Needs

By SHANNON NICHOLS, INFANT/TODDLER SPECIALIST

Did you know the brain is the only organ that is not fully developed at birth? It changes rapidly during the first three years of life and is affected by the types of early experiences a child has. We can help grow a child's brain by satisfying these ten essential needs.

Interaction - Play, talk and respond to children's cues.

Touch - Hold, cuddle, comfort and provide interesting things for children to feel.

Stable Relationships - Provide a regular, consistent caregiver that the child can trust.

Safe, Healthy Environments - Age appropriate materials that are cleaned regularly allows children to focus on learning rather than being sick or injured.

Self-Esteem - Respect who the child is and their individual abilities.

Communication - Respond to verbal and nonverbal cues and talk often with children.

Music - Sing, dance, play with instruments and have fun with rhythm and song.

Reading - Allow children to choose their books, to hold and turn the pages and to point to objects.

Play - Children learn through play. Provide opportunities to touch, taste, see, hear, and smell.

Quality Care - Quality care includes trained early childhood professionals who are responsive to the needs and characteristics of each child and family.



Research tells us that the first three years of a child's life are the most critical time in human development. Don't miss the chance to lay a solid foundation for the future.

Adapted from WTTW Chicago and the Chicago Production Center. (1997).

Ten Things Every Child Needs, McCormick Tribune Foundation.

Child Care Provider Conference

Working Towards Tier II Reimbursement
September 11, 2010

Moorefield Elementary School:
400 N. Main Street
Moorefield, WV 26836

Lunch will be provided by
Hardy County Child
Care Center.

Sponsored by MountainHeart Community Services
in collaboration with the Hardy County Child Care
Center and the West Virginia University Hardy
County Extensions Services .



6 hours of STARS registered training

\$10.00 non-refundable registration fee

Please make checks payable to:
Hardy County Child Care Center

Mail in registration form along with
\$10.00 check to:
WVU Hardy Co. Extension Office
204 Washington Street
Moorefield, WV 26836

The registration form can be found
on pages 7 and 8.

Great Beginnings Infant/Toddler Conference

September 17-18, 2010

Summersville Convention and Visitors Center
Summersville, WV

This conference provides professional development opportunities for administrators and care givers of infants/toddlers. The topics that will be addressed include: nutrition, health and active play. There will be a model room featuring gross motor activities and equipment.



Registration Forms must be received by August 13, 2010.

Contact Shannon Nichols at 1-877-862-3103
for more information.

HIGHCHAIR RECALL

Graco highchairs are listed on the U.S. Consumer Product Safety Commission recall list. They have determined that the screws holding the front legs of the high chair may loosen and fall out and/or that the plastic bracket on the rear legs may crack causing the high chair to become unstable and tip over unexpectedly. You will need to determine if the serial number of the highchair that you have is one of the recalls prior to calling for a repair kit. To order a free repair kit, you will need to contact Graco toll free at 1-877-842-3206 or visit the firm's web site at www.gracobaby.com. For additional information, contact Graco at 1-800-345-4109 between 8 am and 5 pm Monday thru Friday. If we can further assist you in any way, please feel free to call Kim, Leann or Willetta at the Elkins MountainHeart office at 1-877-862-3103.

Helmet Safety

By SARAH HICKS, NURSE HEALTH CONSULTANT

When we think of helmet safety, we often think of bike riding. However, this is just one of many activities that children participate in that should require a properly fitted helmet to protect from head injuries. When a helmet is worn, it takes the impact of the fall or collision instead of the brain or head.

When should a child wear a helmet?

- When riding a bike, scooter, or skateboard.
- When using roller, inline, or ice skates.
- When horseback riding.
- When playing baseball, football, hockey or lacrosse.
- When skiing or snowboarding.



A helmet only works if it is fitted properly, as well as being the right helmet for the right activity. For example, a child can't play football in a bicycle helmet. A properly fitting helmet should be snug yet comfortable. It should not move side to side or front to back. It should be level, not tilted forward or backward. It should be securely buckled under the chin.

A child should NOT wear a helmet if climbing trees or on playground equipment, as the helmet's chin strap could get caught and cause strangulation. The helmet may also cause the head to become entrapped.

For more information, visit <http://www.cpsc.gov/CPSC/PUBS/349.pdf>

MountainHeart Out & About

Staff Participate in “Provider Appreciation Day”

Provider Appreciation Day is a special day to recognize child care providers, teachers and other educators of young children everywhere. This day was started in 1996 by a group of volunteers in New Jersey; Provider Appreciation Day is appropriately celebrated each year on the Friday before Mother's Day. MountainHeart North TRAILS Early Childhood Specialist, Cheryl Wolfe from Grafton, is pictured with Miss Alice Rogers of Elkins, West Virginia. Miss Alice started her career in child care in 1978 at a center in Randolph County.



She then proceeded to start doing family child care in her home in November 2005. Miss Alice received a book entitled “Tails are not for Pulling” by Elizabeth Verdick. This book will be a very important resource for Miss Alice because she has a beagle named Abby. We are privileged to know Miss Alice and thank her for a job “Well Done.” The staff at MountainHeart North would like to extend their gratitude to all child care providers and thank them for their hard work and dedication.

CONGRATULATIONS to Baby Cubs Academy, a Family Child Care Facility in Taylor County, for achieving Tier II Quality Status.

WEST VIRGINIA ASSOCIATION FOR YOUNG CHILDREN PRESENTS:

DR. THOMAS MOORE

THURSDAY, AUGUST 5, 2010
9:00am to 3:00 pm
BRIDGEPORT UNITED METHODIST CHURCH
Bridgeport, West Virginia

Reservations are due by Friday, July 30, 2010.
The number of participants is limited.
There will be no refunds after August 1, 2010.

This is a STARS registered training.

The registration form can be found at www.wvayc.com

For more information, contact
Brenda Stephens at 304-422-0399

Visit www.greenhour.org for ideas on how to make the outdoors a part of your everyday life!

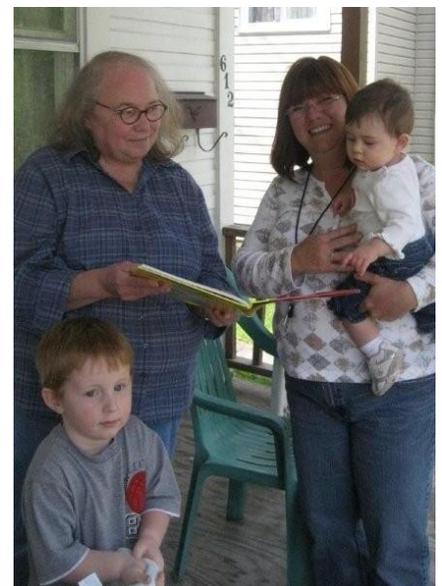


Week of the Young Child

During the Week of the Young Child, which was April 11th thru April 17th, 2010, the MountainHeart TRAILS van delivered a book and prop to each Taylor County provider and Pre-K site. The picture below is of Lori Dameron, TRAILS Associate, and Linda Boyles. Linda has been a child care provider in Taylor County since the summer of 1979. She has been in the TRAILS program since October 9, 2001. The books and props were purchased through the Taylor County Partners in Prevention Grant. The Partners of the Prevention Grant would like to thank everyone involved in this event.

"The TRAILS program teaches children to be responsible and care for other people's resources. TRAILS is a traveling lending resource similar to a public library. The children learn they must respect the TRAILS resources so that others may use them later."

- Linda Boyles



MountainHeart News & Notes

Child Care Subsidy Certificates

It is the responsibility of the child care provider and the child care recipient to make sure they have a valid certificate for payment. If a child care provider does not have a valid certificate, they will not be guaranteed payment. This is only a courtesy to the provider. The child care recipient is issued a certificate and they are to give that to their provider as verification of eligibility. A child care provider will only be paid for subsidy children in their care with a valid certificate. If a provider accepts a subsidy child without a valid certificate, there is no guarantee of payment for that child. A child care certificate is the only guarantee of payment.



Attention Providers!

Do you have questions about your check? Try FACTS PLUS! FACTS PLUS allows you to view the status of your check on the Web. For more information and to request a new account, please visit: <https://facts.wvdhhr.org/factsplusnet/user/RqstUsrAct.aspx> and follow the online directions. Remember, you must print the application form and confidentiality statement and fax or mail it to the address given on the website.

Provider Grant Receipts

If you received an award letter and a check for the provider grant year 2009-2010, please remember that you **MUST** send in a receipt, before June 30, 2010, in order to be eligible for the next year's grant. Those providers who received money for resources and do not return a receipt will **not** be eligible for the 2010-2011 provider grant. If you have questions, please contact Leann or Kim at the Elkins office.

Welcome To Our Team!

Ann Pitzer is the new clerical in the Elkins office. She graduated in 1975 from Parsons High School. She has worked for the past 25 years in the Accounting & Bookkeeping field. She lives in Parsons with her husband Buddy and they have two grown daughters, Kelly of Fairmont and Heidi of Parsons. They also raised two nephews, Josh and Dillon who also live in Parsons. They have four grandsons and four granddaughters. Ann enjoys camping, attending bluegrass festivals, flower gardening and spending time with her family and friends.

John Mason is the new case manager for MountainHeart in the Martinsburg office. He graduated from Shepherd University in 2002 with a degree in Psychology. He worked for several years at Job Corp before coming to MountainHeart. In addition, he spent several years in the IT field. He lives in Martinsburg and is married to Jennifer and has two children, Olivia, who is thirteen, and Aaron, who is six. John enjoys golfing, tennis, and spending time with his family.



TRAINING RULES: EFFECTIVE JULY 1, 2010

- ♥ Children **are not** allowed to attend training sessions.
- ♥ **NO** talking or disturbing other participants.
- ♥ Cell phones **must** be put on silent.
- ♥ Participants need to be on time for trainings. If you are late, you will be allowed to attend the training, but **WILL NOT** receive a certificate.
- ♥ Five participants must be registered for each training or the training will be cancelled.
- ♥ If you register and then cannot attend, call the Elkins office to cancel. This will allow another person to attend if there is a waiting list.
- ♥ Some class sizes may be limited, so register early to ensure you receive a spot.

ALL trainers will be enforcing these rules as of July 1, 2010.

CPR/First Aid Contact Information

Statewide Resources: www.redcross.org or www.wvucrem.org

Barbour County:

(304) 624-7689: American Red Cross
(304) 457-2037: Barbour Co. Emergency Squad, Matt Knotts

Berkeley County:

(304) 725-5015: American Red Cross, Krystal
(304) 267-3595: RESA VIII,
Mary Lou Largent, ext. 126

Grant County:

(304) 257-1026: Grant Memorial Hospital,
Bobby Funk
(304) 267-3595: RESA VIII,
Mary Lou Largent, ext. 126

Hampshire County:

(304) 267-3595: RESA VIII,
Mary Lou Largent, ext. 126

Hardy County:

(304) 267-3595: RESA VIII,
Mary Lou Largent, ext. 126

Jefferson County:

(304) 725-5015: American Red Cross, Krystal
(304) 267-3595: RESA VIII,
Mary Lou Largent, ext. 126

Lewis County:

(304) 269-8207: Lewis Co. Emergency Squad,
Pat Tomey

Mineral County:

(304) 788-6444: CPR Training Center,
Barbara Sutton
(304) 788-3955: American Red Cross,
Lori Whorton
(304) 267-3595: RESA VIII,
Mary Lou Largent, ext. 126

Morgan County:

(304) 725-5015: American Red Cross, Krystal
(304) 267-3595: RESA VIII,
Mary Lou Largent, ext. 126

Pendleton County:

(304) 358-3323: Pendleton Co. Emergency Squad, Charles King
(304) 267-3595: RESA VIII,
Mary Lou Largent, ext. 126

Preston County:

(304) 598-9500: American Red Cross,
Elizabeth Kreutz, ext. 130
(304) 624-6554: Mike Freeman, ext. 225

Randolph County:

(304) 624-7689: American Red Cross
(304) 624-6554: American Heart Association,
Nancy Ansell, ext. 233
(304) 637-3894: Davis Memorial Hospital

Taylor County:

(304) 598-9500: American Red Cross,
Elizabeth Kreutz, ext. 130

Tucker County:

(304) 598-9500: American Red Cross, ext. 130
(304) 624-6554: American Heart Association,
Nancy Ansell, ext. 233
(304) 478-3937: Kathy DiBacco

Upshur County:

(304) 472-1224: Upshur Co. Emergency Squad



CONFERENCE REGISTRATION FORM

Mark first, second and third preference for classes in each session.

We will try and accommodate what you mark, but it will be based on when your registration form is submitted as to what class you will be placed in.

7:30-8:00 Registration at Moorefield Elementary School

Session 1: 8:00-10:00

2009 Child Care Center Regulations Review for Direct Care Staff

Loyette Mathias, Licensing Specialist, will guide center based staff to understand current Child Care Regulations. This training will just apply to child care providers who work in centers. A center is a place of business that is licensed for more than 12 children. Core Knowledge: Program Management. (Advanced)

Stewards of Children

Christina Bailey, MS, LSW will give an intense training on child abuse with an emphasis on sexual abuse. Learn how and when to begin teaching children personal safety. The purpose of this training is to equip you with simple, proactive steps to protect children from sexual abuse. Core Knowledge: Health, Safety and Nutrition. (Intermediate)

Limited number of participants allowed.

Building a Better Baby/Feeding Young Children

Vicki Jones-Fertig, Hardy Co. WVU Extension agent will talk about how to select nutrient dense foods, understand and know when and how to add new foods to the infant diet, offering appropriate foods and serving sizes for pre-school children, managing feeding challenges and much more. Core Knowledge: Positive Interactions and Relationships. (Intermediate)

10:00-10:15 Break

Session 2: 10:15-12:15

2nd half of Stewards of Children (Same participants as in 1st session)

So Sexy So Soon

Miriam Leatherman, Hardy Co. WVU Extension agent. Why are young girls asking to wear make-up in the first grade? Are children's clothing suggestive? How young does peer pressure seem to occur? It is time to think and rethink the many influences of our society and it's influences on young children and their families. Core Knowledge: Child Growth and Development. (Intermediate)

Medication Administration

Sarah Hicks RN, Nurse Health Consultant, will instruct participants with how to administer medication and stay compliant with child care regulations. Must be registered with STARS to attend. Core Knowledge: Health, Safety and Nutrition. (Intermediate) **Limited number of participants allowed.**

Sudden Infant Death Syndrome

Merril Richardson, Newborn Hearing Screening /Sudden Infant Death Coordinator, will inform participants of reducing the risk of SIDS. Merril works for the Bureau for Public Health, Office of Maternal Child and Family Health, Prenatal Programs. This training will count towards 2 hours of Infant/Toddler credit. Core Knowledge: Health, Safety and Nutrition. (Beginner)

12:15-1:00 Lunch, provided by Hardy County Child Care Center

Session 3: 1:00-3:00

2nd half of Medication Administration (Same participants as in 1st session)

Raising a Generation of Readers

Mary K. Bond with the Read Aloud WV program will discuss the importance of reading to children and how to help raise a generation of readers. Learn the benefits of reading to children in that it will help them increase their attention span, enrich their vocabulary and stimulate interest in a variety of topics in addition to the long term affects for a successful reader not only in school but society. Core Knowledge: Curriculum. (Intermediate)

Cultural Diversity, It's Not Always Black and White

Joyce Rudolph will present how to address cultural diversity in the classroom. She will bring her expertise of being a director of child care centers for over 20 years, her Bachelor's degree in Early Childhood Development and Leadership, and her passion for working with children to teach this training. Core Knowledge: Family and Community. (Beginner)

Connecting Children with Nature

Margaret Miltenberger from the Mineral County WVU Extension office will discuss that children benefit greatly from being outside in the natural world. It benefits the child both physically and emotionally. Time with nature stimulates creativity and brain development. Today many children have little time outdoors and experts are beginning to observe a new phenomenon - nature deficit disorder. This workshop will discuss why this is happening and more importantly what we can do to encourage and provide more outdoor nature time!

Core Knowledge: 1 hour Curriculum, 1 hour Child Growth and Development. (Intermediate)

\$10.00 non-refundable registration fee

Please make checks payable to: *Hardy County Child Care Center*

Mail in registration form along with \$10.00 check to:

WVU Hardy Co. Extension Office

204 Washington Street

Moorefield, WV 26836

* Don't forget to mark your choices on the other side.

Name: _____

Address: _____

Phone: (_____) _____

E-Mail Address _____

STARS Number _____



MH News & Notes

Medication Administration Training

Medication Administration training is being offered in our region. As per center licensing requirements, staff members who work in child care centers or Head Start and who administer medication must have medication administration training. These trainings are conducted through the WV DHHR Early Care and Education office & are WV S.T.A.R.S. approved. Training dates and sites are as follows:

July 14, 2010 (Wednesday) at 9:00 am in Charles Town (Jefferson County DHHR)

July 20, 2010 (Tuesday) at 5:30 pm in Petersburg (Teddy Bear Daycare)

August 24, 2010 (Tuesday) at 9:00 am in Martinsburg (MountainHeart Office)

September 14, 2010 (Tuesday) at 11:00 am in Martinsburg (MountainHeart office)

Space is limited. Only twelve participants per class will be allowed. Slots will be filled on a first come, first serve basis. You **MUST PRE-REGISTER at least five (5) days in advance of the training session** by calling the Elkins MountainHeart office at (304) 637-2840 or 1-877-862-3103 (toll free). If all spaces are taken, you may place staff members on the waiting list in the event that a slot becomes available. If the minimum number of participants is not met for a training session, the session will be cancelled.

IMPORTANT NOTICE: Staff members must be registered on the WV S.T.A.R.S. Career Pathway before taking the medication administration training. You will not be permitted to attend the training session if you are not currently on the S.T.A.R.S. Career Pathway. **All participants will need to bring their S.T.A.R.S. Pathway certificate with ID number and/or their feedback letter from WV S.T.A.R.S. stating that they have been approved and their certificate will be mailed soon. If staff attend the training and are not on the S.T.A.R.S. Career Pathway, the training will not count towards licensing requirements.**

The training session is 4 ½ hours long (including two 15 minute breaks).

Participants must pass the Medication Administration competency test with 80% accuracy in order to pass the training and obtain a certificate.

Each participant must bring the following materials to the training: pencil or pen, paper, 1 pair of non-latex gloves, 1 doll baby.

Reminder: Children may not attend the training session.

"Kindness is the language which deaf can hear and the blind can see." - Mark Twain

West Virginia Infant Toddler (WVIT)

Do you work with children birth to 35 months of age? If so, the West Virginia Infant/Toddler Professional Development Program for Caregivers (WVIT) is for you. Come network with other providers as we learn about the importance of caring for yourself, developing positive relationships with families, supporting children's development and providing a quality program for infants and toddlers. WVIT is a 50 hour (10 sessions) course. Participants must be registered with STARS **prior** to beginning the class and work at least 20 hours per week with children under age three. Upon completion, participants will be eligible for free resources for use in their child care home or center. Administrators are required to attend a one-time session prior to sending staff through the WVIT class and must also be registered with STARS.

Tentative Schedule for Future WVIT Classes

If you are interested in attending the WVIT program, please contact Shannon Nichols in the Elkins office at 1-877-862-3103 for more information. Space is limited and filled on a first come-first serve basis. The county with the most providers interested will likely be the county/counties in which class will be held.

November-February 2010/2011 - Barbour, Lewis, Upshur or Randolph County

March-June 2011 - Berkeley or Jefferson County

July-October 2011 - Grant, Hardy, or Mineral County



FREE RESOURCES UPON COMPLETION



Training Topics Offered July - September 2010

Attention Deficit Hyperactivity Disorder. Core Competency: Child Growth and Development. Melodee Price will teach this 2 hour session to help child care providers understand the basics of ADHD and strategies to help manage a child with this diagnosis. (Beginner)

Child Abuse, It's a Crying Shame. Core Competency: Health, Safety, and Nutrition. Melodee Price will present an overview of child abuse identification, the four types of abuse, the warning signs of abuse, how to make a report, and the laws in West Virginia on mandated reporting. (Beginner)

Early Childhood Environment Rating Scale-Revised (ECERS-R). Core Competency: Program Management. This training is an introductory course for child care center and Head Start staff. The course will focus on the basic components of quality care, what the ECERS-R is, what it is designed to do, why WV uses the scale for the Pre-K programs and how it can be used to evaluate and improve child care programs in the center setting. (Beginner)

Infant Growth and Developmental Theorists. Core Competency: Child Growth and Development. This training will count towards 2 hours in infant/toddler credit. Participants will learn different theorists such as Erikson, Piaget, Vygotsky and Dewey. You can then apply their theories to create a meaningful learning environment for all children in your home or center. (Advanced)

Infant/Toddler Environment Rating Scale-Revised (ITERS-R). Core Competency: Program Management. Shannon Nichols will guide you through the ITERS. This evaluation of your program will help you to provide the best possible learning environment for the infants that you work with. (Intermediate)

Read it Again. Core Competency: Curriculum. Children love to have their favorite stories read over and over again, so by creating activities that enhance their understanding and tie into other interest areas, we are giving them a whole new experience. Tara Bowley will teach this two hour training in which participants will be given new ideas to use with their favorite children's books. This will be a make and take session with a focus on school age children. (Beginner)

Sun Safety. Core Competency: Health, Safety, and Nutrition. This training will define heat related illness, discuss prevention of sun exposure, heat exhaustion, and heat stroke, and possible medication treatments needed. Sarah Hicks RN will be able to answer your questions related to health and safety with the sun. (Advanced)

Ways to Obtain Resources Available to Your Area. Core Competency: Family and Community. Tara Bowley will teach this two hour training in which participants will learn how to best utilize the services for children within their community. (Intermediate)

Healthy Kids West Virginia

West Virginia Child Care Nurse Health Consultants Newsletter

The Nurse Health Consultants now have their own newsletter!

To view their newsletter, please visit:
http://www.wvearlychildhood.org/Nurse_Health_Consultants.html

Get to know your Nurse Health Consultant -

Sarah Hicks

Hometown: Parsons, WV (Tucker Co.)

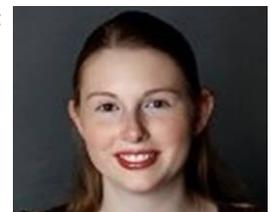
Favorite thing about WV: The beautiful mountains, small town life, and WVU sports.

Last book you read: The Lovely Bones.

Favorite song on the radio right now: *Notion* by Kings of Leon, but I listen to about anything.

Favorite Spring time hobby: Being active outside with my 4 little girls.

Favorite children's book: The Golden Egg Book and Runaway Bunny.



Training Calendar for July, August, September 2010

Barbour County

Philippi Baptist Church: 107 Church St. Philippi 26416

Infant Growth and Developmental Theorists 9/22/10 (Wednesday) 10:00-12:00

Wee Train Day Care Center: PO Box 36, Junior 26275

Ways to Obtain Resources Available to Your Area 7/27/10 (Tuesday) 6:00-8:00

Attention Deficit Hyperactivity Disorder 8/5/10 (Thursday) 6:00-8:00

Berkeley County

In His Care Children's Center: 2685 Greensburg Road, Martinsburg, 25404

Infant/Toddler Environment Rating Scale - Revised 7/12/10 (Monday) 6:30-8:30

Early Childhood Environment Rating Scale - Revised 7/13/10 (Tuesday) 6:30-8:30

Martinsburg Public Library: 101 West King Street, Martinsburg 25401

Sun Safety 8/23/10 (Monday) 6:30-8:30

Attention Deficit Hyperactivity Disorder 8/24/10 (Tuesday) 4:00-6:00

Child Abuse, It's a Crying Shame 8/24/10 (Tuesday) 6:30-8:30

Attention Deficit Hyperactivity Disorder 8/25/10 (Wednesday) 10:00-12:00

Martinsburg MountainHeart office: 891 Auto Parts Place Suite 139, Martinsburg 25403

Medication Administration (*Must be STARS registered) 8/24/10 (Tuesday) 9:00-1:30

Medication Administration (*Must be STARS registered) 9/14/10 (Tuesday) 11:00-3:30

Grant County

Grant County Public Library: 18 Mountain View Road, Petersburg, 26847

Ways to Obtain Resources Available to Your Area 7/21/10 (Wednesday) 5:30-7:30

Teddy Bear Day Care: Keyser Avenue, HC 30 Box 11, Petersburg, 26847

Medication Administration (*Must be STARS registered) 7/20/10 (Tuesday) 5:30-10:00

Child Abuse, It's a Crying Shame 7/26/10 (Monday) 6:00-8:00

Hampshire County

Hampshire County Public Library: 153 West Main Street, Romney, 26757

Ways to Obtain Resources Available to Your Area 7/21/10 (Wednesday) 1:00-3:00

Read It Again 8/30/10 (Monday) 5:30-7:30

Little Rascals Day Care: 53 W. Main Street, Romney, 26757

Infant Growth and Developmental Theorists 8/11/10 (Wednesday) 6:00-8:00

Hardy County

Hardy County Public Library: 102 North Main Street, Moorefield, 26836

Attention Deficit Hyperactivity Disorder 8/9/10 (Monday) 1:00-3:00

Jefferson County

Small Scholars: 249 Cherry Tree, Charles Town, 25414

Sun Safety 7/13/10 (Tuesday) 6:30-8:30

Jefferson County DHHR: 239 Willow Spring Drive, Charles Town, 25414

Medication Administration (*Must be STARS registered) 7/14/10 (Wednesday) 9:00-1:30

Lewis County

Lewis County Board of Education Building: 239 Court Avenue, Weston 26452

Attention Deficit Hyperactivity Disorder 7/22/10 (Thursday) 6:00-8:00

Child Abuse, It's a Crying Shame 9/23/10 (Thursday) 6:00-8:00

Mineral County

Tiny Town Daycare: RR 6 Box 6632, Keyser, 26726

Read It Again 8/19/10 (Thursday) 6:00-8:00

Morgan County

Morgan County DHHR: 62 Regal Court, Berkeley Springs, 25411

Read It Again 9/7/10 (Thursday) 12:00-2:00

Pendleton County

Tiny Tots Day Care Center: 312 Pine Street, Franklin, 26807

Ways to Obtain Resources Available to Your Area 7/19/10 (Monday) 6:00-8:00

Training Calendar for July, Aug., Sept. 2010 Continued

Preston County

First Presbyterian Church Day Care Center: 106 E. High Street, Kingwood, 26537		
Child Abuse, It's a Crying Shame	7/1/10 (Thursday)	6:30-8:30
Preston County DHHR: 18351 Veteran's Memorial Highway, Kingwood, 26537		
Read It Again	8/31/10 (Tuesday)	10:00-12:00

Randolph County

Randolph County DHHR: 1027 North Randolph Avenue, Elkins, 26241		
Ways to Obtain Resources Available to Your Area	8/17/10 (Tuesday)	10:00-12:00
Read It Again	8/17/10 (Tuesday)	1:00-3:00
Youth Health Service, Inc.: 971 Harrison Ave. Elkins, 26241		
Attention Deficit Hyperactivity Disorder	7/29/10 (Thursday)	5:30-7:30

Taylor County

MountainHeart Office: 4 Harman Center, Grafton, 26354		
Read It Again	8/10/10 (Tuesday)	5:00-7:00
Taylor County Public Library: 200 Beech Street, Grafton, 25354		
Attention Deficit Hyperactivity Disorder	9/16/10 (Thursday)	5:30-7:30

Upshur County

Upshur County Public Library: Route 6 Box 480, Tennerton Road, Buckhannon, 26201		
Ways to Obtain Resources Available to Your Area	7/28/10 (Wednesday)	12:00-2:00
Way of Holiness Church: Route 33 West, Buckhannon, 26201		
Read It Again	9/1/10 (Wednesday)	1:00-3:00



Child Care Resource & Referral Division

1200 Harrison Avenue, Suite 220
Elkins, WV 26241