

# News from The Heart



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**SUMMER 2011** 

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## Where's My Paycheck?

By: DIANA GILLISPIE, SUPERVISOR

As a Child Care provider you are possibly the most influential part of a child's day. But, you really can't afford to be a child care provider free of charge! We at MountainHeart understand the importance of each and every pay day. We look forward to them too! We want you to receive your pay without delay and this is how you can help us make that happen. Please make sure your attendance sheets are properly signed in blue or black ink and the times are correct. Don't forget the AM/PM, it's very important! White-out or corrective tape IS NOT YOUR FRIEND! Your payment request forms should be neat and completed in blue or black ink, again, no white-out! One of the most common delays in receiving your payment occurs when we need to mail the forms back for corrections. Please take care to complete them correctly. We will be happy to assist you if you find the paperwork is too overwhelming!

Your payment request will be processed by your local MountainHeart office as soon as possible after you submit it. However, we would like you to keep in mind that your payment request is one of the over 460 payment requests we receive during the first few working days of each month. After you submit your payment request to the MountainHeart office, it will be processed within 5 working days as is required by WV Child Care Policy. The WV DHHR Division of Finance processes payments twice per week on Tuesdays and Fridays by 12:00 noon. Please notify your local MountainHeart office if your payment does not arrive by the 26<sup>th</sup> day of the month. MountainHeart takes every precaution to protect your privacy. If you need information about the status of your payment, please feel free to drop by any MountainHeart office and present proper ID so that we can answer any questions you might have. Remember, without you, we are not able to provide this valuable service to our working families in West Virginia. Happy Payday!

### MOUNTAINHEART Community Services, Inc.

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### Save The Date!

WHAT: Great Beginnings Infant/Toddler Conference

WHEN: September 14-16, 2011

WHERE: Charleston Civic Center, Charleston, WV



Professional Development Opportunities for Administrators and Caregivers of Infants/Toddlers.

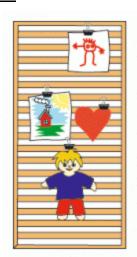
All sessions will be led by PITC staff.

### **NEW Uses for Old Cribs**

By: SHANNON NICHOLS, Infant/Toddler SPECIALIST

As a result of the new crib standards that were released in December 2010, <u>ALL</u> cribs manufactured before July 2011 will need to be replaced by December 28, 2012. This massive recall will cause cribs to be hitting the curb in high numbers. Rather than simply pitching your old cribs in the garbage, try some of these creative ways of recycling. <u>Be sure no matter what you do, you disassemble them in a way that they cannot be re-used as a crib.</u>

- Remove plexiglass from end panels, drill holes in it and hang on a fence with zip ties for outdoor art projects.
- Frame the plexiglass and mount to the wall, slide children's artwork behind the plexiglass as a display.
- Remove mirrored ends and mount to wall.
- Remove solid end panels, attach 2 ends together to form an easel and paint ends with magnetic paint or chalkboard paint.
- Cut side rails into 12 inch lengths, sand smooth and use as rhythm sticks.
- Remove side rails and use as a drying rack.
- Cover old mattresses with a waterproof cover and crib sheet and place in a corner for a cozy area.
- Remove side rails to create a gate.



MOUNTAINHEART

For more information on the crib recall, visit <a href="www.cpsc.gov/info/cribs">www.cpsc.gov/info/cribs</a>

"If nothing ever changed, there'd be no butterflies." - Author Unknown

### TRANSITION PLANNING

By: SUZI POLGAR, BEHAVIOR CONSULTANT

It's almost lunch time. The children are loud and active. You're using your controlled voice to get their attention to line up, but nobody's listening! Your tension is rising! You're on the verge of yelling out! But instead, you begin a familiar chant that the children enjoy: "Two little sausages frying in a pan. One went pop and the other went..." And the children, now attentive and unified, call out "BAM!" You smile and say, "Now we are ready to line up! Please walk to your spot on the line."

Most child care providers agree that transition times are the most likely times for children to demonstrate challenging behavior. Children may need extra help to cooperate when they don't really want to change activities or they are feeling tired, worried, or just plain cranky. Try these ideas to keep spirits high and to create smoother transitions:

- 1. Post a **picture schedule** of the daily routine. Discuss the schedule at the beginning of the day, and alert the children to any change in routine. Refer frequently to the schedule as the day goes on.
- 2. Give a "five minute warning" before large group transitions like clean up time, rest time, or the end of play-ground time.
- 3. Be sure to **get every child's attention** before giving instructions. Teach the children to quiet for a special sound (a soft bell or drum are used in many centers) so they will be able to hear your voice.
- 4. Plan transitions to **minimize waiting**. Some transitions (like hand washing before lunch, going to the bathroom before rest time) require that most of the children wait while a few children at a time are called away. It helps to plan simple teacher directed activities for the group. Group games like Simon Says, familiar stories, finger plays, and songs will make for smoother transition times.

With careful planning, transition times can operate smoothly and pleasantly in your child care setting. Please contact the Elkins office at 1-877-862-3103 if you would like assistance or information for transition planning.

### **SHARING**

By: SUZI POLGAR, BEHAVIOR CONSULTANT

Being able to share a toy, a book, or a comfortable seat with a friend is an important milestone in a child's social development. We all love to see children working happily together on a building project in the block area, pretending to cook for each other in the house keeping area, or tossing a ball back and forth outdoors. Sharing the center's toys comes easily for some children, while others seem to be locked into a cycle of conflict with other children. How can caregivers help those more challenged children learn to play and share with others?

First, we must understand that **sharing is a developmental skill**. Just as children crawl before they walk and babble before they talk, children must experience a sense of ownership before they can share. They must develop a strong sense of their own needs before they can relate to another's needs. Infants and toddlers tend to be possessive and self centered. With the support of helpful adults, children's play progresses from solitary play to playing alongside other children to playing cooperatively with other children. Most begin to enjoy sharing toys and activities with other children between three and four years of age. Until that time, it is helpful to provide duplicate toys in the child care setting.

Second, we must recognize that **sharing is not always appropriate**. Imagine that you've just mixed up a batch of brownies for your family's dessert and are about to put it in the preheated oven. A neighbor shows up at your door and announces "My oven quit on me while I was baking this casserole, so I need to use yours right away!" You reply "No, you can't use my oven now. I'm baking brownies." Your spouse calls out from another room "Shame on you! You need to share that oven!" How would you feel in this situation? While this example may seem a bit silly, we often respond in this way to children when they do not share. We need to remember that sometimes children are highly focused on their own play and may want to continue undisturbed. There are times when we should support the child's choice *not* to share. It is often helpful to use a timer or a sign-up sheet to manage popular toys that lend themselves to solitary play.

Finally, we must **teach children to manage their own conflicts through negotiation**. When children argue about a center toy, it is faster and easier to step in and tell the children what to do. However, providing a quick fix does not give the children the skills they need to develop close relationships with other children or to learn to get their needs met in a positive, productive way. Negotiation takes more time and adult attention, but it is an important learning experience for children. With negotiation, children identify the problem, decide on a solution, and abide by their own decision. The teacher supports the children through this process. Learning to negotiate teaches assertive and clear communication skills, listening skills, and responsibility for one's own actions.

The High/Scope Educational Research Foundation suggests dealing with conflicts as they arise following these six steps:

- **Step 1**. Approach the situation calmly. (*Teacher walks to the housekeeping area, where two children are in conflict.*)
- **Step 2**. Acknowledge children's feelings. ("Joey, your face looks angry. Sally, your tears show me that you are sad.")
- **Step 3**. Gather information. ("Joey, tell me what happened to you." When Joey is done explaining what happened, "Sally, what happened to you?")
- **Step 4**. Restate the problem. ("So Joey, you were playing with the doll and Sally, you want to play with it too. Is that right?")
- **Step 5**. Ask for ideas for solutions and choose one together. ("You both want to play with the doll. How can you solve this problem?" Joey suggests setting the timer, and Sally agrees.)
- **Step 6**. Be prepared to offer follow-up support. (Sally, while you're waiting for the timer to ring, maybe we can make a picture for the baby's room!")

Please contact the Elkins office for more information! We look forward to hearing from you!

### MountainHeart Out & About

## Staff Participate in "Provider Appreciation Day"

Provider Appreciation Day is a special day to recognize child care providers, teachers and other educators

of young children everywhere. This day was started in 1996 by a group of volunteers in New Jersey. Provider Appreciation Day is appropriately celebrated each year on the Friday before Mother's Day.

MountainHeart Grafton TRAILS team presented Miss Ruby Moats in Aurora, West Virginia with a set of six books entitled, "Naptime," "Clean-Up," "Listening," "Sharing," "Bye-Bye," and "Manners Time" by Elizabeth Verdick on May 6. Ms. Moats is the owner and director of Rainbow Kids Daycare. She started her career in Child Care as a Family Home Provider in March 2001.

We have had the privileged to provide services for Miss Ruby since April 1, 2003 when she started with the Grafton TRAILS van. Miss Ruby stated that "The TRAILS van is fantastic and she does miss it when she has no children to care for."



We enjoy visiting with Miss Ruby and thank her for a job "Well Done!"

"Every thought we think is creating our future." - Louise L. Hay

### Week of the Young Child

By: CHERYL WOLFE, TRAILS SPECIALIST

Week of the Young Child (WOYC) is an annual celebration of young children that was started in 1971 by the National Association for the Education of Young Children. The purpose is to focus public attention on the needs of young children and their families and recognize the early childhood programs and services that meet those needs. Each year MountainHeart Community Services celebrates this week by focusing on teachers and providers that care for young children, ages 0-to-5, and their families. WOYC is a time to honor young children and remind our community that they are important and valued residents of our world. Shelvie Jean Mullenax from Parsons, West Virginia was honored on April 12, 2011 by the TRAILS team, Cheryl Wolfe, Specialist and Lori Dameron, Associate, with a board book entitled "Peter Rabbit Says: Play A Fun Game With Peter!," by Beatrix Potter. Shelvie is a Family Childcare Provider that has cared for lots of children over the years. She has three adult children, 7 grandchildren and 5 great-grandchildren. She has been an active par-

ticipant with the TRAILS program since June 4, 2002. In the past two years, the TRAILS program has provided technical assistance and resources to Shelvie's home program to enhance the quality of services for the children that are in her care. Shelvie stated "The TRAILS's van staff always has new ideas and great resources for me."

Pictured left to right is Cheryl Wolfe, Sean Simmons, age 4, and Shelvie Mullenax.



### MountainHeart News & Notes

## **TRAILS Tips**

By: JANET AITCHISON, TRAILS SPECIALIST On your next trip to the dollar store, buy some small paper plates. Gather all of those seed catalogs that have come in the mail. Cut out flower pictures for your younger students; let older students cut their own. Give each child a small paper plate and glue. They can fill their plate with flowers. Add construction paper leaves and stems and you will have a wall of flowers.

Pass out paper plates and markers. You can make a caterpillar head and each child can add a part of the body. You can add caterpillars to your wall.

Give each child two paper plates and crayons or markers. Have them create a design on the bottom of each plate. Staple them together around the rim and go outside to play Frisbee!

### Save The Date!

WHAT: 5th Annual Child Care Center Director's Mtg.

WHEN: October 5, 2011

WHERE: Village Square, Clarksburg, WV

More information to come soon!



### **Attention Providers!**

Do you have questions about your check? Try FACTS PLUS! FACTS PLUS allows you to view the status of your check on the Web. For more information and to request a new account, please visit: <a href="https://">https://</a> facts.wvdhhr.org/factsplusnet/user/RqstUsrAct.aspx and follow the online directions. Remember, you must print the application form and confidentiality statement and fax or mail it to the address given on the website.

### Mind in the Making

By: MELODEE PRICE, EC SPECIALIST

Mind in the Making is a 12 module learning process that uses research on children's development on how children learn and how child care providers can encourage engaged learning. It will compose of 30 hours of class time and 15 hours of homework that will equal 45 WV STARS registered training hours.

The Modules are based on research about teaching and learning. During each module there will be lecture, videos, discussion, hands on activities to complete both individually, with a learning partner or in a group. Some of the topics will include understanding temperament, building confidence and competence, encouraging curiosity and problem solving, memory and learning, creating communities of learners and more. Mind in the Making is for child care providers who work with children in their home, facility or center. You must be registered with WV STARS before beginning the modules. Upon completion of all 12 modules with the homework assignments, you will receive a training certificate. This will cover your required amount of training hours for two years.

#### **45 WV STARS Registered Training Hours**



http://www.wvearlychildhood.org/Camp\_Gizmo.html

### TRAINING RULES REMINDER: EFFECTIVE JULY 1, 2011

- Children are not allowed to attend training sessions.
- **NO** talking or disturbing other participants.
- Cell phones **must** be put on silent.
- Participants need to be on time for trainings. If you are late, you will be allowed to attend the training, but WILL **NOT** receive a certificate.
- Five participants must be registered for each training or the training will be cancelled.
- If you register and then cannot attend, call the Elkins office to cancel. This will allow another person to attend if there is a waiting list.
- Some class sizes may be limited, so register early to ensure you receive a spot.

ALL trainers will enforcing these rules as of July 1, 2011.



## **CPR/First Aid Contact Information**

Statewide Resources: www.redcross.org or www.wvucrem.org

WHO WILL PROVIDE	WHEN AVAILABLE	WHERE AVAILABLE
American Red Cross 304-624-7689	Scheduled as needed; minimum of 6 participants	Barbour
Barbour County Emergency Squad 304-457-2037	Scheduled as needed	Barbour
American Red Cross 304-725-5015	Twice monthly; Sign up at www.redcross.org	Berkeley
Mary Lou Largent 304-267-3595	Third Monday and Tuesday of every month	Berkeley
Nicole Earp 304-279-7305	Mondays and Saturdays	Berkeley
Grant Memorial Hospital Bobby Funk or Susie Long 304-257-1026	1 <sup>st</sup> Thursday of every month	Grant
Mary Lou Largent 304-267-3595	3 <sup>rd</sup> Monday of every month for First Aid; 3 <sup>rd</sup> Tuesday of every month CPR only	Grant
Mary Lou Largent 304-267-3595	3 <sup>rd</sup> Monday of every month for First Aid; 3 <sup>rd</sup> Tuesday of every month CPR only	Hampshire
Grant Memorial Hospital Bobby Funk or Susie Long 304-257-1026	1 <sup>st</sup> Thursday of every month	Hampshire
Grant Memorial Hospital Bobby Funk or Susie Long 304-257-1026	1 <sup>st</sup> Thursday of every month	Hardy
Mary Lou Largent 304-267-3595	3 <sup>rd</sup> Monday of every month for First Aid; 3 <sup>rd</sup> Tuesday of every month CPR only	Hardy
American Red Cross 304-725-5015	Monthly; Sign up at www.redcross.org	Jefferson
Mary Lou Largent 304-267-3595	Scheduled as needed	Jefferson
Nicole Earp 304-279-7305	Mondays and Saturdays	Jefferson
Lewis County Emergency Squad Pat Tomey 304-269-8207	2 <sup>nd</sup> Tuesday of each month	Lewis
CPR Training Center Barbara Sutton 304-788-6444	Scheduled as needed	Mineral
American Red Cross Lori Whorton 304-788-3955, ext. 105	Third Thursday of each month & Saturdays for both CPR and First Aid. Tuesday – Thursday for CPR or First Aid or both.	Mineral



Statewide Resources: www.redcross.org or www.wvucrem.org

WHO WILL PROVIDE	WHEN AVAILABLE	WHERE AVAILABLE
Mary Lou Largent 304-267-3595	3 <sup>rd</sup> Monday of every month for First Aid; 3 <sup>rd</sup> Tuesday of every month CPR only	Mineral
American Red Cross 304-725-5015	Monthly	Morgan
Mary Lou Largent 304-267-3595	Scheduled as needed	Morgan
Pendleton County Emergency Squad Charles King 304-358-3323	Scheduled as needed	Pendleton
Mary Lou Largent 304-267-3595	3 <sup>rd</sup> Monday of every month for First Aid; 3 <sup>rd</sup> Tuesday of every month CPR only	Pendleton
Grant Memorial Hospital Bobby Funk or Susie Long 304-257-1026	1 <sup>st</sup> Thursday of every month	Pendleton
American Red Cross 304-598-9500	Scheduled as needed	Preston
American Red Cross Dani Devito 304-624-7689 DevitoD@USA.redcross.org	4 <sup>th</sup> Sat of each month	Randolph
American Heart Association Nancy Ansell 304-624-6554	Scheduled as needed	Randolph
Davis Memorial Hospital 304-636-3300	Scheduled as needed	Randolph
American Red Cross 304-598-9500	Scheduled as needed	Taylor
American Red Cross 304-598-9500	Every other Monday night and every 3 Sat of the month	Tucker
American Heart Association Nancy Ansell 304-624-6554	Scheduled as needed	Tucker
Kathy DiBacco 304-478-3937	Scheduled as needed	Tucker
Upshur County Emergency Squad 304-472-1224	3 <sup>rd</sup> Sat. of every month	Upshur

Note: Cost is subject to change. Cost may vary as each local Red Cross Unit determines their fees.

## The WV Elements of Family Child Care Series

The WVEFCCS was developed for trainers and family child care providers to improve the quality of early care and education for our State's children.

WVEFCCS is a seven part series that provides an overview of *The Creative Curriculum for Family Child Care* and the *Family Child Care Environment Rating Scale-Revised (FCCERS-R)*. The topics range from "Becoming a Professional" and "Organizing Your Day" to "What Children are Learning" and "Working with Parents." The series is presented in 4-hour sessions with two technical assistance visits to ensure training objectives are met. This totals 30 hours of professional development. The WV Elements of Family Child Care Services is a special opportunity to engage with other family child care providers in a small group classroom experience. In addition, you will receive the Creative Curriculum manual and the FCCERS-R handbook.

You must be registered with WV STARS prior to being able to participate in this training, and you must be caring for subsidized children to receive free resources at the completion of the classes.

<u>Lewis County Board of Education</u>: 239 Court Avenue, Weston, 26452 Upshur County Public Library: Route 6 Box 480, Tennerton Road, Buckhannon, 26201

August 17, 2011 – Wednesday, 10:00-3:00 (Lewis)

Module 1: Building a Firm Foundation

Module 2: Knowing How Children Develop and Learn

August 31, 2011 – Wednesday, 10:00-3:00 (Lewis)

Module 3: Organizing Your Home and Your Day

Module 4: What Children Are Learning—Part 1

September 14, 2011 – Wednesday, 10:00-3:00 (Lewis)

Module 5: What Children Are Learning—Part 2

September 21, 2011 – Wednesday, 11:00-4:00 (Upshur)

Module 6: Caring and Teaching

September 28, 2011 – Wednesday, 10:00-3:00 (Lewis)

Module 7: Building a Partnership with Families

If you have questions or would like to enroll in the class, feel free to call Melodee Price in the Elkins office (toll free) 877-862-3103 or use our local number 304-637-2840.



## T.E.A.C.H. Early Childhood®

### **WEST VIRGINIA**

A Project of River Valley Child Development Services

### What is T.E.A.C.H. Early Childhood® WEST VIRGINIA?

The T.E.A.C.H. Early Childhood® WEST VIRGINIA (T.E.A.C.H. WV) scholarship project was developed to upgrade the level of education of teachers working with young children while making the educational process affordable, increasing wages and reducing turnover. The project was developed in North Carolina in 1990 by Child Care Services Association (which provides the T.E.A.C.H. license for West Virginia) and has spread to 22 states, including West Virginia. For FY 2008, nationally, T.E.A.C.H. provided 21,272 scholarships and increased compensation 5-10+% with the majority of state turnover rates under 5%.

River Valley Child Development Services operates T.E.A.C.H. Early Childhood® WEST VIRGINIA under West Virginia Early Childhood Training Connections and Resources (WVECTCR) and is funded by grants from Pew Charitable Trust, West Virginia Department of Health and Human Resources and The Board of Trustees of the Prichard School.

#### **Contact Information:**

T.E.A.C.H. Early Childhood® WEST VIRGINIA Specialist (304) 529-7603 teachwv@rvcds.orq

### MH News & Notes

## Medication Administration Training

Medication Administration training is being offered in our region. As per center licensing requirements, staff members who work in child care centers or Head Start and who administer medication must have medication administration training. These trainings are conducted through the WV DHHR Early Care and Education office & are WV S.T.A.R.S. approved. Training dates and sites are as follows:

August 1, 2011 (Monday) at 5:30 pm in Ridgeley (KinderCenter)
August 16, 2011 (Tuesday) at 5:00 pm in Parsons (Church of God)
August 29, 2011 (Monday) at 9:00 am in Elkins (Randolph County DHHR)
September 19, 2011 (Monday) at 11:00 am in Martinsburg (James Rumsey Technical Center)
September 20, 2011 (Tuesday) at 9:00 am in Ranson (Ranson City Hall)

**Space is limited. Only twelve participants per class will be allowed.** Slots will be filled on a first come, first serve basis. You **MUST PRE-REGISTER at least five (5) days in advance of the training session** by calling the Elkins MountainHeart office at (304) 637-2840 or 1-877-862-3103 (toll free). If all spaces are taken, you may place staff members on the waiting list in the event that a slot becomes available. If the minimum number of participants is not met for a training session, the session will be cancelled.

IMPORTANT NOTICE: Staff members must be registered on the WV S.T.A.R.S. Career Pathway before taking the medication administration training. You will not be permitted to attend the training session if you are not currently on the S.T.A.R.S. Career Pathway. All participants will need to bring their S.T.A.R.S. Pathway certificate with ID number and/or their feedback letter from WV S.T.A.R.S. stating that they have been approved and their certificate will be mailed soon. If staff attend the training and are not on the S.T.A.R.S. Career Pathway, the training will not count towards licensing requirements.

The training session is 4 ½ hours long (including two 15 minute breaks).

Participants must pass the Medication Administration competency test with 80% accuracy in order to pass the training and obtain a certificate. Each participant must bring the following materials to the training: pen, paper, 1 pair of non-latex gloves.

Reminder: Children may not attend the training session.

"BE A LAMP, LIFEBOAT, OR A LADDER." - RUMI

## West Virginia Infant Toddler (WVIT)

Do you work with children birth to 35 months of age? If so, the West Virginia Infant/Toddler Professional Development Program for Caregivers (WVIT) is for you. Come network with other providers as we learn about the importance of caring for yourself, developing positive relationships with families, supporting children's development and providing a quality program for infants and toddlers. WVIT is a 50 hour (10 sessions) course. Participants must be registered with STARS <u>prior</u> to beginning the class and work at least 20 hours per week with children under age three. Upon completion, participants will be eligible for free resources for use in their child care home or center. Administrators are required to attend a one-time session prior to sending staff through the WVIT class and must also be registered with STARS.

### Tentative Schedule for Future WVIT Classes

If you are interested in attending the WVIT program, please contact Shannon Nichols in the Weston office at 1-866-232-9227 for more information. Space is limited and filled on a first come-first serve basis. The county with the most providers interested will likely be the county/counties in which class will be held.

July-October 2011 - Hardy and Mineral Counties (please call by July 11, 2011 if interested)

November 2011-February 2012 - Barbour, Lewis, Upshur or Randolph Counties

March-June 2012 - Berkeley or Jefferson County







### Training Topics Offered July - September 2011

**Building Relationships by Involving Families.** Core Knowledge: Family and Community. Does your child care setting encourage or discourage participation of parents? Research has uncovered benefits for children, parents, families, and child care providers where parents and family are consistently involved in children's learning and development. This training will help child care providers learn how to create a family-friendly climate for their home, facility or center. Strengthen your families and you will strengthen your business of child care. (Intermediate)

<u>Making a Difference</u>. Core Knowledge: Health, Safety and Nutrition. This training will count towards two hours of child abuse and neglect that is required of center based staff within the first six months of employment; according to child care center regulations. Center staff need this training every three years after initially taking a child abuse class. This training will help you to know when and how to facilitate a family's linkage to assistance and support before child maltreatment occurs. It will focus more on preventative measures in regards to child abuse and neglect. (Beginner)

<u>Multicultural Children's Literature</u>. Core Knowledge: Positive Interactions and Relationships and Curriculum. How do you know if a children's book you're about to share with your children accurately portrays the culture of its characters? Are there warning signs to look for? Are there telltale things that mark an outstanding multicultural book? This training will provide you with the answers to these questions and much more. (Intermediate)

<u>Music and Movement</u>. Core Knowledge: Curriculum. This training will provide participants with ideas on how to incorporate a variety of activities and opportunities to promote the physical development and creative expression of all children. Come ready to get up and move and have a good time! (Beginner)

You must call the Elkins office to register prior to 5 days of the training date.

Call 1-877-862-3103 or e-mail melodee.b.price@wv.gov

# What are Child Care Nurse Health Consultants?

A child care nurse health consultant works with child care providers to promote the health and safety of children in the child care setting. These consultants can provide expert guidance and technical assistance on a wide range of health and safety topics.

Child care nurse health consultants have the training to access appropriate resources to assist child care providers in successfully including children with special health or medical needs.

## Contact your Nurse Health Consultant for more information:

Sarah Hicks RN, BSN, CLS

8 Memorial Drive Parsons, WV 26287 Cell Phone: (304) 972-6200 Fax: (304) 529-2535 E-mail: shicks@rvcds.org



# How Can Child Care Nurse Health Consultants Help Me?

- Help providers develop strategies for caring for children with special health needs.
- Develop or update health and safety policies for child care providers.
- Provide health education and wellness programs.
- Provide up-to-date information on the latest guidelines, policies and information regarding child health and safety.
- Offer support through telephone consultations or on-site visits.
- Conduct child care staff training such as "Making a Difference" that is the child abuse and prevention training that is mandatory for center based staff within the first 6 months of employment.
- Provide Medication Administration Training.
- Provide communicable disease information.
- Develop health care plans for children with special needs.
- Provide health and safety education for parents and children.

10.20 12.20

2:00-4:00

6:00-8:00



## Training Calendar for July, August, September 2011

Wee Train Day Care Center: PO Box 36, Junior	, 26275
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Making a Difference	7/7/11 (Thursday)	6:00-8:00
Multicultural Children's Literature	8/11/11 (Thursday)	6:00-8:00

#### **Berkeley County**

Music and Movement	8/4/11 (Thursday)	6:30-8:30	
James Rumsey Technical Institute: 3274 Hedgesville Road, Martinsburg, 25403			
Making a Difference	7/27/11 (Wednesday)	6:30-8:30	
Building Relationships by Involving Families	7/28/11 (Thursday)	9:00-11:00	
Medication Administration	9/19/11 (Monday)	11:00-3:00	
Making a Difference	9/19/11 (Monday)	6:00-8:00	

#### **Grant County**

**Grant County DHHR: 15 Grant Street, Petersburg, 26847** 

2:00-4:00 Building Relationships by Involving Families 7/28/11 (Thursday)

#### **Hampshire County**

Hampshire County Public Library:	153 West Main Street, Romney, 26757
Multipultural Children's Literatura	0/5/11/5

Multicultural Children's Literature	8/5/11 (Friday)	10:30-12:30
Bank of Romney: 95 East Main Street, Romney, 26757		
Making a Difference	9/10/11 (Saturday)	10:00-12:00
Building Relationships by Involving Families	9/10/11 (Saturday)	12:30-2:30

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#### Jefferson County

Jefferson County DHHR: 239 Willow Spring Drive, Charles	Town, 25414
Multicultural Children's Literature	8/4/11 (Thursday)

Ranson City Hall: 312 South Mildred Street, Ranson, 25438			
Making a Difference	7/27/11 (Wednesday)	3:00-5:00	
Medication Administration	9/20/11 (Tuesday)	9:00-1:00	

### Lewis County

Lewis County Board of	t Ed. Building:	239 Court Ave.	. Weston. 26452

Music and Movement	9/8/11 (Thursday)	12:00-2:00
Building Relationships by Involving Families	9/21/11 (Wednesday)	4:00-6:00

### **Mineral County**

Multicultural Children's Literature	//14/11 (Thursday)	2:00-4:00
Wee Care Day Care: 2084 New Creek Way S., Keyser, 26726		
Making a Difference	7/6/11 (Wednesday)	6:00-8:00
Music and Movement	7/14/11 (Thursday)	6:30-8:30
KinderCenter: 70 Potomac Street, Ridgeley, 26753		
Medication Administration	8/1/11 (Monday)	5:30-9:30

#### Morgan County

Doodlebugs Downtown:	640 Fairfax Street	, Berkeley Springs, 25411
Doddiesags Dominion	o io i allian oticet	

Music and Movement	9/24/11 (Saturday)	10:00-12:00
Multicultural Children's Literature	9/24/11 (Saturday)	1:00-3:00

#### **Preston County**

Preston County DHHR	: 18531 Veteran	's Memoria	l Highway,	Kingwood, 26537
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Multicultural Children's Literature	7/28/11 (Thursday)	12:00-2:00
First Presbyterian Church Day Care Center:	106 E. High Street, Kingwood, 26537	

First Presbyterian Church Day Care Center:	106 E. High Street, Kingwood, 26537
Building Relationships by Involving Families	8/4/11 (Thursday)



### Randolph County

Randolph County DHHR:	1027 North Randolp	oh Avenue, Elkins, 26241

Making a Difference	8/2/11 (Tuesday)	10:00-12:00
Building Relationships by Involving Families	8/2/11 (Tuesday)	1:00-3:00
Medication Administration	8/29/11 (Monday)	9:00-1:00

Training Calendar for July, Aug., Sept. 2011 Continued

#### **Taylor County**

### Taylor County Public Library: 200 Beech Street, Grafton, 25354

Building Relationships by Involving Families	8/18/11 (Thursday)	2:00-4:00
Music and Movement	8/18/11 (Thursday)	5:00-7:00

#### **Tucker County**

Parsons Church of God: 507 Central Ave., Parsons, 26287

Medication Administration	8/16/11 (Tuesday)	5:00-9:00
Building Relationships by Involving Families	9/15/11 (Thursday)	6:00-8:00

#### **Upshur County**

Child Development Center: 20 Camden Avenue, Buckhannon, 26201

Music and Movement 9/8/11 (Thursday) 6:00-8:00

Upshur County DHHR: Route 3 Box 376-A, Buckhannon, 26201

Multicultural Children's Literature 7/29/11 (Friday) 12:00-2:00



**Child Care Resource & Referral Division** 

1200 Harrison Avenue, Suite 220 **Elkins, WV 26241**