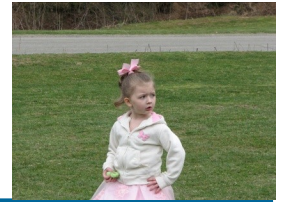




News From The Heart



Come visit us at: www.mountainheartwv.org/ccnorth & www.facebook.com/#!/mountainheartwv

Summer 2013

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Positively Charged Child Care Provider Spring Conference

Melodee Price, EARLY CHILDHOOD SPECIALIST



MountainHeart Community Services, WVU Mineral County Extension office, Mineral County Family Resource Network, Education Committee & Potomac State College collaborated to host a child care provider conference entitled “Positively Charged Child Care Spring Conference.” Child care providers from 12 counties attended the event in Keyser at Potomac State College.

Ruth Schneider, a professor at PSC, was our keynote speaker in which she inspired close to 100 people regarding “The Seven R’s of Positively Managing Children.” The child care providers then attended the classes that they had pre-registered to attend. We had experienced trainers from all over the state present at the conference.

Denise Richmond from the WV DHHR Division of Early Care and Education Bureau for Children and Families, traveled from Kanawha County to lend her expertise regarding the subsidy program.

Sarah Hicks, a nurse health consultant from River Valley Child Development Services, traveled from Tucker County to share information regarding play ground safety.

Kaitlyn Bush with River Valley Child Development Services, traveled from Cabell County to present information about WV T.E.A.C.H.

Jane Carter traveled from Jefferson County to share her expertise with American Sign Language.

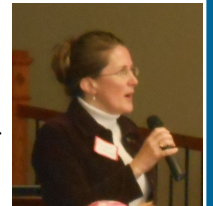
Tricia Sheely ventured from Berkeley County to express the importance of leadership and ethics.

Tara Dilly joined us from Upshur County to share ideas of age appropriate activities to provide for children inside.

Participants seemed to enjoy the catered snacks and lunch provided by Potomac State College. Some child care providers were lucky enough to win \$50.00 gift certificates to Kaplan, Lakeshore and Discount School Supply as door prizes. The daylong event earned everyone six WV STARS registered training hours along with a conference certificate.



Thanks to all who attended, planned and facilitated the child care conference. We hope that your day was a positive experience and we look forward to serving your training needs in the future.



Earl D. Smith,
Executive Director
Willetta Bolinger,
Program Director & Editor
Cathy Fisher, Melodee Price,
Publishers
Norm Miller, Design
Articles Submitted by:
MountainHeart Professional
Development Team



Martinsburg MountainHeart Office
new location
effective July 1, 2013

MountainHeart Community Services, Inc. would like to announce that our Martinsburg office will be moving to a new office effective July 1, 2013.

The new location is located at 321 Lutz Ave., Martinsburg, WV.

Please call us at
304-262-1584 if you need directions.

Save the Date

Sept. 13th –Sept. 14th

8:30 am– 5:30 pm—8:00 am– 12:00 pm



***TWO Model Rooms!!
(Infant and Toddler)***

Charleston Civic Center

Preschool Quality Improvement Project

Melodee Price, EARLY CHILDHOOD SPECIALIST

The Preschool Quality Improvement Project is designed to assist family day care homes, facilities or centers to improve their quality of care with children. An Environmental Rating Scale (ERS) is first administered by the Early Childhood Specialist (ECS) to determine what the plan of action will be for the project. After goals are set, the ECS will visit the child care provider one time a month for a period of 12 months. Within the year, toys/resources are presented to the child care provider to aid in the quality of care for the children. If there is a need for certain resources as determined by the ERS, then the Early

Childhood Specialist can deliver these to the participant.

The Preschool Quality Improvement Project can benefit the child care participant by providing free toys/resources and quality expertise as it relates to the field of child care. The participant will receive WV STARS registered training hours. Each month the participant receives a WV STARS training certificate to show that they received knowledge in one of the eight Core Knowledge Areas.

Shepherdstown Day Care Center in Shepherdstown has been participating in this project over the past year. Karen Walker from their center has been an active participant with Melodee Price.

Karen has been employed at Shepherdstown Day Care Center for the past 30 years! She just celebrated her anniversary with them, which goes to show you we never “know it all.” Even after 30 years of working with children, Karen feels there is still more to learn. If you are interested in growing as a teacher, feel free to contact Melodee at 877-862-3103. Express you are interested in participating in the Preschool Quality Improvement Project, because we all have room to grow.



Gardening with Pre-School & School Aged Children

Wendy Wolford, EARLY CHILDHOOD SPECIALIST

Imagine the fun your school-aged children will have eating vegetables right out of his/her own garden! A small vegetable garden helps you teach children how plants grow and provides hours of outdoor entertainment.

For this age group, keep the garden simple. Just a few easy to grow vegetables will be enough to start your school-ager's first garden.

Sneaking in lessons about veggies while you garden will teach children about proper nutrition without having to say those dreaded three words: "Eat your vegetables!" Planting vegetables they already like to eat will get them even more excited about watching their garden grow and munching on the results.

Don't have a large enough yard to plant a garden? No problem. Create a mobile garden in a bucket.

Garden in a Bucket

1. Have the children pick a bucket, pail (ice cream bucket, sand pail, etc.) or cut an orange juice box in half.
2. Create drainage holes at the bottom of the bucket/box. You, as the child care provider, should complete this step ahead of time. Either poke holes in the bottom of the bucket with a hammer and nail or use a drill. Three or four should be fine.
3. Let each child write their name on the outside of the bucket/box and decorate it before planting.
4. Have the kids fill their bucket/boxes about half way with potting mix.
5. Then give them a small handful of time released fertilizer pellets to sprinkle and mix into the soil.
6. Help the kids transfer plants from their containers and plant them inside their garden boxes. Add more soil if necessary.
7. Water the garden and that's it!
8. Maintain the Garden in a Bucket by keeping it watered, probably daily.



We Teach Colors, Shapes, and... Behavior!

Suzi Polgar, BEHAVIOR CONSULTANT

Difficult behavior demands a caregiver's attention, and adults often place "behavior" at the top of their list of concerns in caring for young children. The word *behavior* describes how we conduct ourselves as we respond to people and events in the world around us. All of us – children and adults alike - engage in behavior all day, every day! We use behavior to get what we want and what we need. Think about how you use positive behavior for:

- **Obtaining attention from another person** (for example, inviting a friend to join you for lunch)
- **Obtaining something, like an activity, material, food, toy** (for example, using a tax refund for the down payment on a new car)
- **Escaping a task or activity** (for example, taking a day off to go fishing)
- **Escaping attention from another person** (for example, avoiding eye contact with the speaker during a training session)
- **Engaging in self stimulation** (for example, singing along to a favorite c.d. on a long car trip)

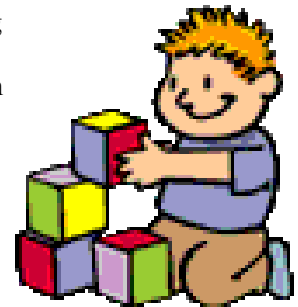
Children also use behavior to get what they want or need, and we must teach them the positive behavior that we want them to use. With encouragement and practice, children can be taught to ask for what they need, to politely interrupt, to play with other children and adults, and to calm down when they are upset. Otherwise, they may rely on challenging behavior for:

- **Obtaining attention from another person** (for example, overturning a chair to get the teacher's attention)
- **Obtaining something, like an activity, material, food, toy** (for example, grabbing a truck from another child's hands)
- **Escaping a task or activity** (for example, running away when the teacher announces that it is rest time)
- **Escaping attention from another person** (for example, hitting the teacher who is attempting to intervene during a tantrum)
- **Engaging in self stimulation** (for example, screaming in a quiet room)

Imagine yourself at the grocery store. Another adult shopper, a stranger, grabs a gallon of milk from your shopping cart and runs down the aisle screaming "MY MILK!" Such behavior is highly unusual in adults. You may become cautious and even fearful in this situation. You may suspect that this person has a serious problem. Unless you learn otherwise, you are likely to avoid further contact with this adult.

Now imagine yourself observing a preschool dramatic play area. A little girl sees the baby doll that she wants in another child's arms. She grabs the doll and runs to another area of the room, yelling "MY BABY!" This child's behavior is not unusual for her age. Her behavior tells you that she needs to be taught a better way to get what she wants. She may need to be taught to ask for the doll, or to find something else to do while waiting to play with the doll, or to suggest to the other child an idea for sharing the doll. When you see a young child using challenging behavior, your first response must be "How can I help this child learn a better way?"

Our response to a child's challenging behavior must be based on the child's age, experience, and development. When we offer positive adult role models and calm guidance, children can learn the behavior that we want to see. The relationships we develop, the encouragement we offer, and the experiences we provide have a positive and lasting impact on every young child's behavior and social development.



TRAINING RULES REMINDER

- ♥ Children **are not** allowed to attend training sessions.
- ♥ **NO** talking or disturbing other participants.
- ♥ Cell phones **must** be put on silent and **no texting** during the training.
- ♥ Participants need to be on time for trainings. If you are late, you will be allowed to attend the training, but **WILL NOT** receive a certificate.
- ♥ Five participants must be registered for each training or the training will be cancelled.
- ♥ If you register and then cannot attend, call the Elkins office to cancel. This will allow another person to attend if there is a waiting list.
- ♥ Some class sizes may be limited, so register early to ensure you receive a spot.

All Professional Development Team Members (trainers) will be enforcing these rules. These rules allow for a respectful & encouraging learning environment for all participants. If you have questions about the rules, please ask.

Tips for Choosing Toys for Toddlers (Part 1 of 2)

Shannon Nichols, INFANT/TODDLER SPECIALIST



Toddlers are little explorers who learn by doing. Play gives children a great opportunity to develop and practice new skills at their own pace by following their unique interests. The toys and playthings children have available to them can shape their development in important ways.

Below are some ideas for choosing toys that will grow with children, challenge them, and nurture their cognitive development (thinking skills).

Choose toys that can be used in a variety of ways. Toddlers love to take apart, put back together, pull out, put in, add on, and build up. Choose toys that are "open-ended" in the sense that they can play many different games with them. For example, wooden blocks or chunky plastic interlocking blocks can be used to make a road, a zoo, a bridge or a spaceship. Toys like this spark children's imagination and help them develop problem-solving and logical thinking skills. **Examples:** Blocks, interlocking blocks, nesting blocks or cups, and toys for sand and water play.

Look for toys that will grow with children. Look for toys that can be fun at different developmental stages. For example, small plastic animals are fun for a young toddler who may make a shoebox house for them, while an older toddler can use them to act out a story she make up.

Examples: Plastic toy animals and action figures, toddler-friendly dollhouses, trains and dump trucks (and other vehicles), stuffed animals and dolls.

Select toys that encourage exploration and problem-solving. Play gives children the chance to practice new skills over and over again. Toys that give kids a chance to figure something out on their own—or with a little coaching—build their logical thinking skills and help them become persistent problem-solvers. They also help children develop spatial relations skills (understanding how things fit together), hand-eye coordination, and fine motor skills (using the small muscles in the hands and fingers). **Examples:** Puzzles, shape-sorters, blocks, nesting blocks or cups, art materials like clay, paint, crayons or play-dough.

Toss in some "getting ready to read" toys. Books, magnetic alphabet letters, and art supplies like markers, crayons, and finger paints help your child develop early writing and reading skills. "Real-life" props like take-out menus, catalogs or magazines are fun for your child to look at and play with and also build her familiarity with letters, text, and print.

Watch for part 2 of "Tips for Choosing Toys for Toddlers" in the Fall 2013 edition of *News From The Heart*.

Adapted from Zero to Three, National Center for Infants, Toddler and Families (www.zerotothree.org).

HAPPY 100TH BIRTHDAY TO THE UNIT BLOCK

Cheryl Wolfe, TRAILS EARLY CHILDHOOD SPECIALIST



In 1913, Caroline Pratt, a young teacher working in Manhattan wanted to create something that children could have a hands-on learning experience. She had grown up on a farm, and she realized that city children were deprived of the practical knowledge that country children seem to have naturally. Miss Pratt agreed with Friedrich Froebel (founder of Kindergarten) that open ended materials provided children with the opportunity to explore and experiment with their environment.

The unit block is sturdy and accurately cut into mathematical proportions so that children can create, solve problems, understand symmetry and balance. There is no "correct" use of blocks. Children cannot fail and creativity will unfold and blossom. Block play allows children to represent ideas in concrete ways, create miniature environments, and have open-ended learning experiences.

In March 2013, Little Bear Day Care, in Bruceton Mills, decided to celebrate the unit blocks birthday. This is what Miss Jen and Miss Kelli had to say after their birthday celebration:

"Our Pre-K class built a birthday cake to help celebrate the Unit Block's 100th Birthday! The kids were excited to help with this project. We built a tall cake, put candles on it, wore birthday hats, and sang *Happy Birthday* to the blocks. The kids worked great together! They expressed their ideas, moved the blocks around in different directions to make the perfect fit! The children expressed great ideas while building the cake structure. While building the cake, one little girl said, "It smells like cake in here." Then the other children joined in talking about their favorite cake flavors. As the cake kept getting taller, one little boy said, "I think this is going to be the tallest cake I ever seen!" This project was a whole big process for the children. The last touch was the candles. One of the questions the children had was, "How many candles do we need?" We talked about it and figured out we didn't have 100, so we made 10 because that is how many cylinder blocks we had! After the building was complete, the children decided it would have been much easier just to make a cake from batter. It was a fun experience for everyone!"



SAVE THE DATE!

October 9, 2013



Annual Child Care Center Directors' Meeting

WHEN: *October 9, 2013 (8:00am - 4:30pm)*

WHERE: *Five locations...*

Bridgeport Conference Center

Connect CCR&R (via satellite)

*Child Care Resource Center
(via satellite)*

Holiday Inn - Princeton (via satellite)

Holiday Inn - Martinsburg (via satellite)

MEALS: *On your own*

Please note:

Attendance is required for programs to be eligible for tiered reimbursement or related quality grants. All directors are encouraged to attend. If you cannot attend, please send a designee in your place.

CONFERENCE PRESENTERS...

Nancy Cheshire - Early Childhood Professor Emerita at Pierpont CTC and SECA President.

Bill Evans - Regional Emergency Management Specialist, HHS/Administration for Children and Families.

More information coming Summer, 2013

MountainHeart News & Notes

We All Have Loose Parts!

Melodee Price, EARLY CHILDHOOD SPECIALIST

Some people may think you have lost it by having loose parts all over your playground. Those of us in the field of child care will understand that you are not crazy. You are on the cutting edge of understanding child development! Think of loose parts as occupying the same role that open-ended materials play inside the classroom. Loose parts are materials with no specific set of directions, and they can be used alone or with other materials. They can be moved, carried, hauled, combined, lined up, tore apart, put back together, or redesigned. The child determines how the materials are used. This will free their creativity and imagination to change the world around them in so many different ways. Some ideas for natural types of loose parts are stumps, stones, sand, water, and leaves. Examples of manufactured loose parts may be milk crates, buckets, boxes, PVC pipe, fabric, tires, weather-proof cushions, and chalk. Location/season dependent loose parts may be things like sea shells, hay bales, cornstalks, traffic cones, hubcaps, pumpkins, pine cones, etc.

This may make your playground look like a junkyard sometimes, but the experience for the children is invaluable and it will keep them occupied for hours. Loose parts are developmentally appropriate because children will play with them in ways that suit their developmental level. You don't have to direct their play, you just let them be creative and go with it. To learn more about how and why to incorporate loose parts into your outdoor curriculum, come to Melodee Price's training "We All Have Loose Parts!" in July.

TRAILS TIPS

Janet Aitchison, TRAILS EARLY CHILDHOOD SPECIALIST

Let them do it!

Nurturing people have a tendency to take care of people. It sounds silly but sometimes they do too much. My philosophy has always been "**Don't do for a child what they can do for themselves**". This has met with some opposition. Other teachers and mothers frown. My children say "Michael's mother makes his school lunch!"

The more capable a child is the more independent, self confident and self reliant he is. Yes, it is often easier, usually not as messy and quicker to do it yourself but think of the cost. Children learn many things, "helping". Setting the table helps a child learn how to follow simple directions, accept responsibility, count objects and match one to one. When a child folds a napkin he increases small motor skills, makes and identifies shapes and uses language. While helping in the kitchen, he learns cooperation, cause and effect, time sequences, math (measuring, fractions,) and practices small motor skills. You get the idea.

So, in addition to putting toys away and hanging up her jacket, let her help you do "grown up" jobs. She will develop a sense of pride and begin the journey to being a capable, responsible citizen.



"Cherishing Children is the mark of a civilized society" - Joan Ganz Cooney

Tri County Association

The Tri County Association does not meet during the summer months, but looks forward to seeing you the 4th Monday of September at the Inwood Family Worship Center at 6:30. The Cost is \$5.00.

E-mail Paula Wahler at wahler1@frontier.com or call 301-991-3611 to register.



MountainHeart Community Services shows appreciation to all Child Care Providers



The staff of MountainHeart Community Services would like to send special thanks to all of our child care providers in our region. We appreciate all that you do for the children in your care by providing caring, safe and educational childcare. You affect more than just the children, you help the parents, employers and the community. Thank you on your special day and throughout the year!

MountainHeart News & Notes

READ ACROSS AMERICA

Amanda Roy, SUPERVISOR & Cheryl Wolfe, TRAILS EARLY CHILD HOOD SPECIALIST



MountainHeart Community Services, Inc. celebrated "Read Across America" by hosting open-house events throughout the region. On March 1, the Grafton office, with Amanda Roy dressed as the Cat In the Hat, served refreshments and gave Dr. Seuss books to the children and providers who attended the open house.



The TRAILS staff, Lori Dameron and Cheryl Wolfe, traveled to Preston county to make a visit to Patricia Wilt on March 8, 2013. Lori read "The Cat in The Hat" and bookmarks were given to the children. Patricia Wilt, owner of "6 is Enuff" was presented with a Dr. Seuss book for her home childcare business.

Brittany Metzgar and Rebecca Sainato, Case Managers in the Weston and Elkins offices, presented Dr. Seuss books to visitors.

Wendy Woodford, Early Childhood Specialist, made a special visit to Tucker Valley Elementary School to read "Horton Hears a Who!" and completed an activity with the first graders.

Peterson-Central Elementary School welcomed Cathy Fisher, Clerical, to read "Green Eggs and Ham", "I Am Not Getting Up Today", and "The Cat and the Hat Comes Back" to Mr. Merroto's, Mrs. Snyder's, and Mrs. Stalnaker's classes.

The Petersburg Office distributed Dr. Seuss books and activity sheets to childcare centers in Grant County.

Dr. Seuss epitomizes a love of children and learning. Also, his use of rhyme makes his books an effective tool for teaching young children the basic skills they need to be successful readers. When we celebrate Dr. Seuss and reading, we send a clear message to America's children that reading is fun and important.



MountainHeart takes pride in providing services to parents and providers that improves the quality of early education services for young children and their families.



Pictured on the left is Brayden Miller, Austin Deberry, Crosby Hartley, Eric Thorn, Katilyn Roberts, Patricia Wilt and Lori Dameron.

Pictured on the right: Amanda Roy



"You're never too old, too wacky, too wild, to pick up a book and read to a child." Dr. Seuss



Picture: At Tri-County Daycare, Betsy Jackson, Amanda Chidester, Karla Lowe, Missy Smith and Lori Dameron

PROVIDER APPRECIATION

Cheryl Wolfe and Lori Dameron



Pictured: Missy Smith, Mamie Tenney, Cheryl Wolfe

"It takes a special person to work in the child care field, and these individuals are often unrecognized." The Grafton TRAILS team and Melissa D. Smith, Early Care and Education Specialist delivered flower seeds in little ready to plant pots to one home provider and a center in Upshur County on May 17, 2013. This was to celebrate "Provider Appreciation and Take a Flower to Child Care Day." We wanted to take the opportunity to recognize the hard work and dedication of all those who work with children and to acknowledge their contributions to quality care in West Virginia.

Special thanks to Suzanne Hess, for preparing the flower pots for the Grafton office celebration.

MountainHeart News & Notes

Information on WV Children and Families

Willetta Bolinger, Program Director

Are you wondering how families and children in West Virginia are doing? Are you interested in comparing regional information within West Virginia on a county-by-county basis? There are excellent sources of information available to the public to answer these questions.



West Virginia KIDS COUNT was established in 1990 by Governor Caperton. It was the result of a campaign pledge to improve the lives of children through public and private means. Their mission is to “make West Virginia a great place to be a kid”. According to the WV KIDS COUNT website, their “signature program is the KIDS COUNT Data book. This book tracks health, education, safety and security, and economic conditions of children on a statewide and a county-by-county basis. The book is an important resource for those who seek and award funding from foundations and the private sector and is often the basis of public policy decisions”.

The 2012 KIDS COUNT Data book provides information on the well-being of children in West Virginia. It includes national rankings, county rankings, demographics on population, early child development background facts, teen pregnancy information and so much more. You can access the KIDS COUNT website at www.wvkidscount.org.



“Our Children, Our Future” is the West Virginia campaign to raise young children out of poverty. The campaign is driven by the WV Healthy Kids Executive Director Stephen Smith and is joined by other family focused organizations and concerned citizens. The campaign hosted forums throughout the state on children and poverty. Mr. Smith’s executive summary report “Child Poverty in West Virginia: A Growing and Persistent Problem” can be viewed at www.wvpolicy.org.

According to their website, “The WV Healthy Kids and Families”, Inc. is a nonprofit corporation bringing together individuals, private organizations, and state agencies to work to improve the health of children and families in West Virginia. We provide a forum for diverse organizations to discuss, coordinate and collaborate on issues that improve the health and well-being of West Virginia children.” You can view their website at www.wvhealthykids.org.



I would encourage everyone to review the information that is available on the West Virginia KIDS COUNT, WV Healthy Kids and Families Coalition and the West Virginia Budget and Policy websites.

“Childhood is short, regret nothing of the hard work” Doris Lessing

Do you work in child care and need or want to obtain your degree in early education?



T.E.A.C.H. Early Childhood® WEST VIRGINIA can help!

Scholarships available:

<u>Associate Degree</u>	<u>Bachelor’s Degree</u>	<u>Pre-K</u>
Child Care Center	Child Care Center	Child Care Center
Family Child Care	Family Child Care	Family Child Care
Head Start	Head Start	Head Start

All scholarships include: tuition assistance, partial book reimbursement, travel stipend, paid release time and a bonus for completing the scholarship!

Contact 304-529-7603 or www.wvearlychildhood.org for more information



MountainHeart News & Notes

Medication Administration Training

Medication Administration training is being offered in our region. As per center licensing requirements, staff members who work in child care centers or Head Start and who administer medication must have medication administration training. These trainings are conducted through the WV DHHR Early Care and Education office and are WV STARS approved.

September 3, 2013 (Tuesday) at 5:00pm in Martinsburg, James Rumsey Technical Institute

September 16, 2013 (Monday) at 5:00pm in Keyser, Keyser Wee Care Day Care Center

You **MUST PRE-REGISTER** at least five (5) days in advance of the training session by calling the Elkins MountainHeart office at (304) 637-2840 or 1-877-862-3103 (toll free).

IMPORTANT NOTICE: Staff members must be registered on the WV STARS Career Pathway before taking the medication administration training. You will not be permitted to attend the training session if you are not currently on the WV STARS Career Pathway. All participants will need to bring their WV STARS Pathway certificate with ID number and/or their feedback letter from WV STARS stating that they have been approved and their certificate will be mailed soon. **If staff attend the training and are not on the WV STARS Career Pathway, the training will not count towards licensing requirements.**

The training session is 4 ½ hours long (including two 15 minute breaks).

Each participant must bring the following materials to the training: pen, paper, 1 pair of non-latex gloves.

Reminder: Children may not attend the training session.

MIND IN THE MAKING

Mind in the Making is a 12 module learning process that uses research on children’s development, how children learn and how child care providers can encourage engaged learning. It is composed of 30 hours of class time and 15 hours of homework that will equal 45 WV STARS registered training hours. The modules are based on research about teaching and learning. During each module, there will be lecture, videos, discussion, hands on activities to complete (individually, with a learning partner or in a group). Some of the topics will include understanding temperament, building confidence and competence, encouraging curiosity and problem solving, memory and learning, creating communities of learners and more. Mind in the Making is for child care providers who work with children in their home, facility or center. ***You must be registered with WV STARS before beginning the modules.*** Upon completion of all 12 modules with the homework assignments, you will receive a training certificate. This will cover your required amount of training hours for two years. You will also receive 12 children’s books worth approximately \$150.00.



Those interested in participating in this professional development opportunity need to call Melodee Price in the Elkins office at 1-877-862-3103 toll free or 304-637-2840. A scholarship form will then be mailed to you to complete your registration for the class. Deadline will be July 12, 2013 to register.

You must be registered with WV STARS prior to being able to participate in this training.

Hardy County Child Care Center: 1989 State Road 55, Moorefield, 26836

August 9, 2013 (Friday)-10:30-12:00

August 23, 2013 (Friday)-10:30-3:00

August 30, 2013 (Friday)-10:30-3:00

September 6, 2013 (Friday)-10:30-3:00

September 13, 2013 (Friday)-10:30-3:00

September 20, 2013 (Friday)-10:30-3:00

September 27, 2013 (Friday)-10:30-3:00

Mind in the Making Overview

Module 1 and Module 2

Module 3 and Module 4

Module 5 and Module 6

Module 7 and Module 8

Module 9 and Module 10

Module 11 and Module 12

Training Topics Offered July - September 2013

Making a Difference. Core Knowledge Area: Health Safety, and Nutrition. Tier I. This training will count towards two hours of child abuse and neglect that is required of center based staff within the first six months of employment; per child care center regulations. Sarah Hicks, RN, will help you to know when and how to facilitate a family's linkage to assistance and support before child maltreatment occurs. This training will focus on preventative measures in regards to child abuse and neglect.

Medication Administration. Core Knowledge Area: Health, Safety, and Nutrition. Tier I. Sarah Hicks, RN, will provide the most up to date medication practices as per center licensing requirements. This training will count towards 4 WV S.T.A.R.S. registered training hours. Center based staff, facility owners/staff, and home providers are welcome to attend.

Playground Safety. Core Knowledge Area: Health, Safety, and Nutrition. Tier II. Sarah Hicks, RN, will present the S.A.F.E. method of assessing playgrounds for safety. S.A.F.E. stands for "Supervision, Age-appropriate playgrounds, proper Fall surfacing, and maintaining playground Equipment."

Positive Interactions and Relationships with School Ageds. Core Knowledge Area: Positive Interaction and Relationships. Tier II. Do you feel like your school age program is an afterthought? Do the school age children come second? By changing your way of thinking, you will be changing your attitude and interactions with them and the parents. This training will count as school age training credit if you work with this age group.

We All Have Loose Parts! Core Knowledge Area: Curriculum. Tier I. Learn what loose parts are. Get ideas of where you can use loose parts with the children, and why to use loose parts. Read about loose parts in the newsletter article to get a better understanding of what the training consists of. Center based staff, facility owners/staff, and home providers are all welcome to attend.

WV Early Learning Standards Framework: Infant/Toddler. Core Knowledge Area: Program Management. Tier I. Participants will learn about the WV Early Learning Standards Framework for Infants and Toddlers, why they are important, and how they can be incorporated into your daily routine. This training will count as Infant/Toddler training credit if you work with this age group.

"It is important for people to know what you stand for. It is equally important that they know what you won't stand for." Mary H Waldrip

Early Childhood Positive Behavior Support Training

Early Childhood Positive Behavior Support (ECPBS) Training Modules 1-5 will be offered in the coming quarter in Berkeley County. The training is mainly geared for work with older toddlers and preschool aged children. Modules 1,2, and 3 address the topic "Nurturing and Responsive Relationships/High Quality Supportive Environments". These module will help providers use supportive relationships, schedules, and routines to encourage positive social behavior in their child care setting. Modules 4 and 5, entitled "Targeted Social and Emotional Supports", will give providers many ideas for teaching children to get along with others and to manage their difficult feelings.

The ECPBS Modules will be presented in Martinsburg at James Rumsey Technical Center, 3274 Hedgesville Road, on the following Thursday evenings:

August 1, 2013,	6:00-8:00 pm	ECPBS Module 1
August 15, 2013	6:00-8:00pm	ECPBS Module 2
August 29, 2013	6:00-8:00pm	ECPBS Module 3
September 12, 2013	6:00-8:00pm	ECPBS Module 4
September 26, 2013	6:00-8:00pm	ECPBS Module 5

The Early Childhood Positive Behavior Support (ECPBS) modules provide participants with useful knowledge and skills for preventing challenging behaviors and for teaching positive social skills to young children. It is recommended that participants plan to attend all five training sessions.

Tentative Schedule for Future WVIT I & II Classes

If you are interested in attending the West Virginia Infant Toddler program, please contact Shannon Nichols in the **Weston office at 1-866-232-9227** for more information. Space is limited and filled on a first come-first serve basis. The county with the most providers interested will likely be the county/counties in which class will be held.

July-October 2013- Grant, Hardy, or Mineral County
(5 Person Minimum)

November 2013-February 2014- Barbour, Lewis, Upshur, or Randolph County (5 Person Minimum)

March-June 2014- Berkeley or Jefferson County
(5 Person Minimum)

If the listed minimum is not met at session 1, the course will not continue.



Training Calendar for July-September 2013

Barbour County

Wee Train Christian Day Care Center: PO Box 36, Junior, 26257

Positive Interactions and Relationships with School Agers	7/1/13 (Monday)	6:00-8:00
We All Have Loose Parts!	8/5/13 (Monday)	6:00-8:00

Berkeley County

James Rumsey Technical Institute: 3274 Hedgesville Road, Martinsburg, 25403

Making a Difference	7/11/13 (Thursday)	9:00-11:00
Play Ground Safety	7/24/13 (Wednesday)	6:00-8:00
Positive Interactions and Relationships with School Agers	7/29/13 (Monday)	6:00-8:00
We All Have Loose Parts!	8/13/13 (Tuesday)	6:00-8:00
Medication Administration	9/3/13 (Tuesday)	5:00-9:00

Grant County

Teddy Bear Day Care Center: Keyser Avenue, HC 30 Box 11, Petersburg 26847

Positive Interactions and Relationships with School Agers	7/23/13 (Tuesday)	6:00-8:00
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Grant County Public Library: 18 Mt. View Street, Petersburg, 26847

WV Early Learning Standards Framework: I/T	9/4/13 (Wednesday)	6:00-8:00
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Hampshire County

Romney Little Rascals: 53 W. Main Street, Romney 26757

WV Early Learning Standards Framework: I/T	7/29/13 (Monday)	6:00-8:00
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Valley View Day Care Center: 687 Depot Street, Romney, 26757

Playground Safety	8/27/13 (Tuesday)	6:15-8:15
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Hardy County

Hardy County Child Care Center: 1989 State Road 55, Moorefield, 26836

Mind in the Making Modules	See Article	
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Jefferson County

Shepherdstown Day Care Center: 531 East German Street, Shepherdstown 25443

Play Ground Safety	7/10/13 (Wednesday)	6:00-8:00
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WV Early Learning Standards Framework: I/T	8/7/13 (Wednesday)	6:00-8:00
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Jefferson County DHHR: 239 Willow Spring Drive, Charles Town, 25414

Play Ground Safety	7/25/13 (Thursday)	9:00-11:00
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Lewis County

Lewis County Board of Ed. Building: 239 Court Ave., Weston, 26452

We All Have Loose Parts!	8/19/13 (Monday)	6:00-8:00
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WV Early Learning Standards Framework: I/T	9/16/13 (Monday)	1:00-3:00
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Mineral County

Mineral County DHHR: 18 North Tornado Way, Keyser, 26726

We All Have Loose Parts!	8/7/13 (Wednesday)	10:00-12:00
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Keyser Wee Care Day Care Center: 2084 New Creek Way S. Keyser, 26726

Positive Interactions and Relationships with School Agers	7/2/13 (Tuesday)	6:00-8:00
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Medication Administration	9/16/13 (Monday)	5:00-9:00
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Morgan County

Doodlebugs: 640 Fairfax Street, Berkeley Springs, 25411

Play Ground Safety	7/2/13 (Tuesday)	6:00-8:00
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We All Have Loose Parts!	8/6/13 (Tuesday)	6:00-8:00
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Positive Interactions and Relationships with School Agers	7/9/13 (Tuesday)	6:00-8:00
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Training Calendar for July-September 2013 continued

Preston County

Little Bear Day Care Center: 50 Nicklow Road, Bruceton Mills, 26525

Play Ground Safety 8/13/13 (Tuesday) 6:00-8:00

WV Early Learning Standards Framework: I/T 7/22/13 (Monday) 6:00-8:00

Taylor County

Taylor County Public Library: 200 Beech St. Grafton, 26354

Positive Interactions and Relationships with School Agers 7/22/13 (Monday) 6:00-8:00

We All Have Loose Parts! 8/12/13 (Monday) 6:00-8:00

Tucker County

Tucker County Family Resource Network: 501 Chestnut Street, Parsons, 26287

Play Ground Safety 8/14/13 (Wednesday) 6:00-8:00

Upshur County

Upshur County Public Library: 1150 Route 20 South Rd, Buckhannon 26201

WV Early Learning Standards Framework: I/T 7/15/13 (Monday) 5:30-7:30

To register for trainings, please call the Elkins office at 1-877-862-3103 or 304-637-2840.

You must register at least 5 days before the scheduled training.



Child Care Resource & Referral Division

1200 Harrison Avenue, Suite 220

Elkins, WV 26241