



April

-

June
2025

TRAINING
CALENDAR

**REGISTRATION
IS
NOW
OPEN!**



**7.5 HOURS OF
STARS CREDIT**

**COUNTS AS A
CONFERENCE FOR
TIER II**

LUNCH PROVIDED

**RESOURCES
AVAILABLE**

**MUST ATTEND THE
FULL DAY TO
RECEIVE CREDIT**

PROVIDER CONFERENCE

SATURDAY, APRIL 5, 2025

AGENDA

- *REGISTRATION – 7:45-8:15
- *SESSIONS BEGIN AT 8:15
- *DAY ENDS AT 5

SESSIONS FOR THE DAY:

- *DEVELOPING POSITIVE RELATIONSHIPS
- *BABY DOLL CIRCLE TIME
- *STRESS MANAGEMENT
- *I LOVE YOU RITUALS
- *SOCIAL EMOTIONAL DEVELOPMENT – THE ROOT OF DEVELOPMENTALLY APPROPRIATE PRACTICES

SCAN THE QR CODE OR CLICK THE LINK TO REGISTER.






MOUNTAINHEART
Community Services, Inc.
"Together We Can"

**CANAAN VALLEY
RESORT STATE PARK**

230 Main Lodge Rd.
Davis, WV 26260

April - June 2025 Training Dates

We will be offering both in-person and on-line training options for April - June 2025.

IN-PERSON Trainings					
Training Title	Location	Date	Time	Audience	
BERKELEY COUNTY					
WV Elements of Family Child Care Modules  (Must attend all 8 sessions) For more information or to register, contact Patty Beall at 1-304-262-1584.	Martinsburg MountainHeart Office	April 7	5 – 8 pm	Family and Facility Providers Only	
		April 14			
		May 5			
		May 12			
		May 19			
		June 2			
		June 9			
		June 16			
The Growing Brain  (Must attend all 7 sessions) For more information or to register, contact Sami Cochran at 1-304-265-0142.	Martinsburg MountainHeart Office	April 22	5:30 – 8:30 pm	All Providers	
		April 29			
		May 13			
		May 20			
		May 27			
		June 3			
		June 10			
		Early Childhood Positive Intervention & Supports  (Must attend all 3 sessions) For more information or to register, contact Meredith Lester at 1-304-265-0142.			
SATURDAY June 14					
SATURDAY June 21					
JEFFERSON COUNTY					
Afterschool Summer Learning Summit For more information or to register, contact Sami Cochran at 1-304-265-0142.	Asbury Church 4257 Kearneysville Pike Shepherdstown	SATURDAY May 31	9 am – 3:30 pm	School Age Providers	



IN-PERSON Trainings Continued				
Training Title	Location	Date	Time	Audience
PRESTON COUNTY				
Infant/Toddler Positive Behavior Intervention Supports (Must attend all 3 sessions) For more information or to register, contact Carrie Frasch at 1-304-262-1584.	Kings and Queens	SATURDAY June 7	8 am – 12 pm	Infant/Toddler Providers Only
		SATURDAY June 14	8 am – 12 pm	
		SATURDAY June 21	8 am – 2 pm	
RANDOLPH COUNTY				
Emergency Preparedness	Elkins MountainHeart Office	June 26	6 – 8 pm	All Providers
TUCKER COUNTY				
Social/Emotional University Conference (See attached registration form)	Canaan Valley Resort	SATURDAY April 5	8 am – 5 pm	All Providers

SPRING IS IN THE AIR



Online MountainHeart training will be offered through Microsoft TEAMS. Once you register for the training on the STARS Training Calendar, your trainer will contact you with detailed instructions for accessing the

ONLINE Trainings offered by MountainHeart Community Services Professional Development Team				
Training Title	Location	Date	Time	Audience
Attachment and Behavior	Microsoft TEAMS	April 8	1 – 3 pm	All Providers
Tackling Transitions	Microsoft TEAMS	SATURDAY April 12	8 – 10 am	All Providers
Attachment and Behavior	Microsoft TEAMS	SATURDAY May 3	9 – 11 am	All Providers
Tackling Transitions	Microsoft TEAMS	May 21	6 – 8 pm	All Providers
Tackling Transitions	Microsoft TEAMS	June 10	1 – 3 pm	All Providers
Infant/Toddler Environment Rating Scale-3	Microsoft TEAMS	June 10	12 – 2 pm	Infant/Toddler Providers
Attachment and Behavior	Microsoft TEAMS	June 11	6 – 8 pm	All Providers

April - June 2025 Training Topics and Descriptions



Courses marked with this symbol are courses required to meet the voluntary, Child Care Credential/Specializations criteria.

Attachment and Behavior: Child Growth and Development (Beginner)

Do you have children with challenging behavior in your care? In this training by Carrie Frasch, you will learn and understand the characteristics of secure and insecure child attachment and the effects attachment can have with children's behaviors.

Early Childhood Positive Behavior Intervention and Supports (ECPBIS): Child Growth and Development; Child Observation and Assessment; Environment and Curriculum (Advanced)



In this training by Meredith Lester, you will learn about Early Childhood Positive Behavior Intervention and Support. Participants will learn about positive ways to support the children in their care and manage behaviors they see in their programs. At the end of the modules participants will be able to understand that positive intervention is an effective tool for managing behavior. You must attend all 3 sessions.

Emergency Preparedness: Health, Safety and Nutrition (Beginner)



In this session with Sami Cochran, participants will learn about and discuss the types of emergencies that have and can occur while children are in care and planning needed to keep children and workers safe during those events. Participants will receive support in creating the required emergency preparedness action plan.

Infant/Toddler Positive Intervention and Supports (ITPBIS): Child Growth and Development, Child Observation and Assessment, Environment and Curriculum (Advanced)



This class by Carrie Frasch will teach providers the importance of building relationships with infants and toddlers and to identify various strategies that can be used to support positive behaviors. Participants will learn to: understand social emotional development, behaviors, form sustaining relationships, understand the importance of environmental design, structure transitions, routines, expectations, and engaging activities to do with infants and toddlers. You will receive materials throughout the module series to help you implement the new strategies you will learn. You must attend all 3 sessions.

Infant/Toddler Environment Rating Scale (ITERS)-3: Child Growth and Development; Environment and Curriculum (Beginner)

To promote the optimal growth and development of infants and toddlers, caregivers need to be able to identify and recognize the various components of a quality program. ITERS-3 is the Third Edition of the Infant Toddler Environment Rating Scale, which is a tool that identifies key elements that can help caregivers assess what areas they are thriving in and what they can do to reach a higher level of quality. This training will introduce ITERS-3, compare the difference from previous versions, educate caregivers on how to use the tool and discuss the benefits of using it in classrooms.

Tackling Transitions: Environment and Curriculum (Beginner)

In this training by Meredith Lester, you will learn how to have seamless transitions in the classroom. Participants will learn about how to engage children during transitions to minimize disruptive

behaviors. At the end of the session participants will be able to understand how to transition children calmly and positively.

The Growing Brain: Various Core Knowledge Areas (Beginner)



This 7-session series delves into research in brain development and strategies for childcare providers to support the growing brains of children, birth to 5 years old. The crucial development of the growing brain is one of the most important topics in early childhood development. Research on the topic is exploding, underscoring the need for early childhood professionals to stay up to date on brain development and strategies to best support the growing brains of children, birth to 5 years old, in their care.

West Virginia Elements of Family Child Care Series: Various Core Knowledge Areas (Intermediate)



The WV Elements of Family Child Care Series was developed for Family Child Care and Facility providers to improve the quality of early childhood education. This seven-module series focuses on topics ranging from becoming a professional and organizing your day to what children are learning and how to work with families. You must attend all seven sessions to get credit for this course. Contact your local TRAILS team for more information.



It takes
a
BIG HEART
to shape
little minds



The Division of Early Care and Education sets the billable days based upon the number of possible work days in each month. The child(ren) must have attended the site at least one day during the month to be eligible for the full billable day's payment. If children attend more than the set number of billable days, actual days of attendance may be billed. If a child attends two different providers during the month, actual days of attendance must be billed.

Providers shall not deny access to care to any child for whom they receive payment by enrollment.

Billable days for the upcoming months:

April 2025 – 22 days

May 2025- 22 days

June 2025 – 21 days





West Virginia Child Care Nurse Health Consultants

A program of River Valley Child Development Services

Childcare Nurse Health Consultants Online Trainings

Date and Time	Training Topic	Trainer
4/1/25 6:00-8:00 PM	Neonatal Abstinence Syndrome	Kelly Amos
4/3/25 5:30-8:30 PM	Medication Administration	Candace Morgan
4/8/25 12:00-1:00 PM Lunchtime Learning	Morning Health Checks	Allison Taylor
4/10/25 6:30-8:00PM	Diabetes in Child Care	Candace Morgan
4/16/25 5:30-8:30 PM	Medication Administration	Kelly Amos
4/17/25 6:00-8:00 PM	All About Allergies	Lisa Galford
4/22/25 5:30-8:30 PM	Medication Administration	Lisa Galford
4/29/25 6:00-8:00 PM	Communicable Diseases	Brittany Parsons
4/30/25 5:30-8:30 PM	Medication Administration	Allison Taylor
5/2/25 6:00-8:00 PM	Creepy Crawly Creatures	Kelly Amos
5/6/25 5:30-8:30 PM	Medication Administration	Candace Morgan
5/10/25 8:00 – 11:00 AM SATURDAY Morning	Medication Administration	Lisa Galford
5/13/25 6:00-8:00 PM	All About Allergies	Lisa Galford
5/14/25 6:30-8:00 PM	Diabetes in Child Care	Candace Morgan
5/16/25 5:30-8:30 PM	Medication Administration	Kelly Amos
5/21/25 6:00-8:00 PM	Summertime Safety	Allison Taylor
5/28/25 5:30-8:30 PM	Medication Administration	Allison Taylor
5/30/25 6:00-8:00 PM	Creepy Crawly Creatures	Kelly Amos

6/2/25 6:00-8:00 PM		Communicable Diseases	Candace Morgan
6/4/25 5:30-8:30 PM		Medication Administration	Candace Morgan
6/9/25 5:30-8:30 PM		Medication Administration	Lisa Galford
6/11/25 6:00-8:00 PM		Summertime Safety	Allison Taylor
6/17/25 5:30-8:30 PM		Medication Administration	Allison Taylor
6/23/25 6:00-8:00 PM		All About Allergies	Lisa Galford
6/26/25 6:30-8:00 PM		Diabetes in Child Care	Candace Morgan



SPRING

Bucket List



☐ Fly a kite
☐ Decorate Easter eggs
☐ Go on a bike ride
☐ Have a picnic
☐ Catch butterflies
☐ Make a rain gauge
☐ Plant some flowers
☐ Feed ducks
☐ Make a mud pie
☐ Shop at a farmer's market
☐ Find a rainbow
☐ Dance in the rain
☐ Create sidewalk art with chalk
☐ Go berry picking
☐ Blow bubbles
☐ Take outdoor family pictures
☐ Play miniature golf
☐ Watch the sunset

☐ Visit the zoo
☐ Stargaze in the backyard
☐ Make a bird feeder
☐ Go fishing
☐ Pick wildflowers
☐ Have a bonfire
☐ Shop garage sales
☐ Play an outdoor game
☐ Skip rocks
☐ Find a ladybug
☐ Go on a hike
☐ Have a tea party
☐ Splash in puddles
☐ Spot a rainbow
☐ Walk barefoot in the grass
☐ Play frisbee
☐ Find a four-leaf clover
☐ Make a flower necklace
☐ Play at the park








CCHHE ONLINE TRAININGS

	Nutrition Basics	<ul style="list-style-type: none"> • Wednesday, April 2, 2025 • 12:00 - 1:00 pm
	Safe Sleep Practices	<ul style="list-style-type: none"> • Monday, April 14, 2025 • 6:30 - 8:30 pm
	Infant Feeding	<ul style="list-style-type: none"> • Wednesday, April 30, 2025 • 12:30 - 1:30 pm

	New Recipe Ideas	<ul style="list-style-type: none"> • Monday, May 12, 2025 • 6:30 - 8:30 pm
	Childhood Obesity	<ul style="list-style-type: none"> • Tuesday, May 20, 2025 • 12:30 - 1:30 pm
	New Recipe Ideas 2	<ul style="list-style-type: none"> • Thursday, May 29, 2025 • 6:30 - 8:30 pm

	Stress Managemet	<ul style="list-style-type: none"> • Tuesday, June 3, 2025 • 6:30 - 8:30 pm
	Indoor and Outdoor Safety	<ul style="list-style-type: none"> • Tuesday, June 10, 2025 • 6:30 - 8:30 pm
	Breastfeeding Basics	<ul style="list-style-type: none"> • Tuesday, June 24 • 6:30 - 8:30 pm

The 2nd Annual

WV STATEWIDE AFTERSCHOOL Conference ✕

CULTIVATING RESILIENCE,
EMBRACING WELLNESS

13-14

March
2025

Bridgeport
Conference Center
Bridgeport, WV

MARCH 13 1 P.M.-5 P.M.

MARCH 14 8 P.M.-4 P.M.

*Registration & Breakfast 7:30-8:00
Lunch Provided



Guest speaker

AMANDA FARLEY

Area Director of the American
Foundation for Suicide
Prevention

TO REGISTER,
Please Scan



Join us for the first
**AFTERSCHOOL SUMMER LEARNING
SUMMIT**

WHEN:
May 31st
9:00 am - 3:30 pm

WHERE:
Asbury Church
4257 Kearneysville Pike,
Shepherdstown, WV

CONTACT:
Samantha (Sami)
Cochran
304-265-0142
TO REGISTER

6 HOURS STARS CREDIT
FREE RESOURCES
LUNCH PROVIDED



COMING SOON

LEADERSHIP SUMMIT:
PROGRAM ADMINISTRATION TOOLS FOR HIGHER QUALITY

Attention Child Care Directors!

Please join our Quality Improvement Specialists for a one day professional development summit discussing us of the Program Administration Scale to improve overall program quality.

Date and location to be
announced soon!



Earn Your Breastfeeding-Friendly Child Care Designation



The West Virginia Breastfeeding-Friendly Child Care Designation (BFCCD) is a voluntary program that offers resources to child care providers who support breastfeeding mothers. The designation is open to all licensed child care centers, registered facilities and family child care providers who choose to participate. Providers who enroll in this initiative will receive support from Infant/Toddler Coaching Specialists, Child Care

Nurse Health Consultants, and Child Care Health Educators. Upon completion of the 10-step process, your site will receive materials to support start up, a certificate of designation, and a stipend.

To view the 10-step process to becoming a breastfeeding friendly program, visit

<https://www.wvit.org/breastfeeding-friendly-child-care-designation/> or contact our Infant/Toddler Coaching Specialist, Ashley Cleaver, at 1-877-211-5437 or Ashley.L.Cleaver@wv.gov.



Specialization Credentials Available!

The Division of Early Care and Education understands the importance of the work you do and wants to help produce the best caregivers and child care programs possible for West Virginia families. Once a provider has attained their West Virginia Child Care General Credential, they can continue their journey with a Specialization.

- Director Specialization
- Infant Toddler Specialization
- Preschool Specialization
- Family Child Care Specialization

Once the Specialization Credential is achieved, a bonus of \$250.00 is available. For more information about this exciting initiative, please contact Shannon Nichols at Shannon.M.Nichols@wv.gov.